



Bahamas Swimming Federation
CARIFTA Last Chance Meet
Betty Kelly-Kenning Aquatic Center,
Nassau Bahamas

Last Chance Meet

Friday, March 13 - 14, 2014 (Open to all swimmers)

Session 1- Friday, March 13, 2014, 6:00pm (Warm Up 4.30pm)

Session 2- Saturday, March 14, 2014, 8:30am (Warm Up 7.00am)

Session 3- Saturday, March 14, 2014, 4:00pm (Warm Up 3.00pm)

Eligibility

- 1. All BSF Registered Swimmers as at Entry Deadline Date. Any registration after entry deadline date will be considered a late entry and applicable penalties will apply.*
- 2. Swimmers, whose BSF registration has expired as at entry deadline date will be ineligible to compete in the Last Chance Meet and if renewed after entry deadline date, will be considered a late entry and applicable penalties will apply.*
- 3. Clubs who have not renewed their 2015 Registration will be ineligible to enter swimmers into the Last Chance Meet. If renewal is completed after entry deadline, all Club Entries will be considered late and the applicable penalties will apply.*
- 4. International Swimmers are eligible to compete as long as they have been duly authorized by their Federation.*

Entries

1. **Deadline March 7, 2015 5pm for Last Chance Meet.**
2. **Hytek Electronic Files only should be forwarded to John Bradley at johnbsail@gmail.com Confirmation emails will be sent on receipt of all entries. Paper entries are to be delivered to Kathy Dilletta at St. Andrews School.**
3. **A \$25 surcharge will apply to all clubs not submitting entries using Hytek Electronic file format. The fee will be waived for unattached swimmers only. Clubs that choose to pay the entry penalty should submit entries using the attached entry grid.**
4. **No Deck Entries will be accepted.**

Fees

1. **Entry Fee - \$4 per individual event**
2. **\$3.00 BSF Surcharge per swimmer**
3. **All fees due with entries. If sent electronically, fees must be delivered to Kathy Dilletta at St. Andrews School or John Bradley at IBM Bahamas. Entries will not be processed until fees are received and will be considered late if fees received after the entry deadline.**
4. **No Late entries will be accepted without penalty. A \$50 fee (applicable to all clubs and/or individuals) will apply for all late entries accepted after March 7th, 2015**
5. **A \$50 penalty will apply to all clubs and/or unattached swimmers to all changes made to entries submitted and a further \$50 penalty will apply if changes are required after the entry deadline**

Marshaling

1. **There will be no Marshaling at this meet....**
2. **Swimmers who do not report to the start of their race as per existing swimming rules will automatically be recorded as no-show.**
3. **Races will not be delayed for any late arriving swimmers.**
4. **Swimmers are reminded that the Meet Referee may combine races and are therefore required to be at the starting blocks at least 3 races prior to their entered race.**

5. Time Trials will not be allowed in the third session of the meet under any circumstances. Time Trials will not be offered to swimmers who did not enter and swim that event in the meet. The only exception will be if the swimmer applies to the BSF in advance of the meet, giving suitable evidence that they are not able to attend a particular session where the event is being offered and/or if their scheduled flight is proven to be delayed to an extent that the swimmer is not able to reach the pool in time. In order to be allowed to Time Trial any event longer than 100 metres, the swimmer should have already swum the event in the meet and his/her time should be close to the time needed in order to qualify for a National Team. Time Trials will only be approved for National Team selection purposes and, in all cases, will be allowed only if approved by the Meet Referee and Meet Director.

Restrictions

1. Swimmers not competing should not be present in any of the competition restricted areas.
2. Coaches should not enter the competition restricted areas.
3. Parents are not allowed on the pool deck.
4. Swimmers not in possession of a 2015 BSF ID Card will be required to pay entrance fees. **NO EXCEPTIONS**

Competition

1. Over-The-Top Starts will be used for all events except backstroke, unless altered for any race by the Referee and/or Starter.
2. This is an Open Category competition. Swimmers will be seeded according to entry times.
3. Swimmers are strongly discouraged to enter successive events unless they can compete in these events without a supplemental rest period. Rest periods are not provided between events
4. Positive check in is required for the 800 & 1500 free and also the 400 IM.
(One Hour before the session starts)

Meet Director - John Bradley

<i>Timers:</i>	<i>Session 1</i>	<i>SWIFT Swimming, SWAT, Alpha Aquatics & LSC</i>
	<i>Session 2</i>	<i>Barracudas Swim Club, Sea Bees Swim Club & Abaco Swim Club</i>
	<i>Session 3</i>	<i>Dolphins Swim Club, Team Orca, FAC, BMA & Mantas</i>

ORDER OF EVENTS

Friday, March 13th

Session 1

Warm Up 4:30 PM

Start Time 6:00 PM

Events 1	800m Freestyle (mixed)
Events 2	1500m Freestyle
Events 3-4	200m Breast
Events 5-6	50m Back
Events 7-8	100m Butterfly

Saturday, March 14th

Session 2

Warm Up 7:00 AM

Start Time 8:30 AM

Events 9-10	400m Ind Medley
Events 11-12	200m Freestyle
Events 13-14	50m Butterfly
Events 15-16	50m Breast
Events 17-18	100m Back
Events 19-20	200m Butterfly
Events 27-28	50m Freestyle

Session 3

Warm Up 3:00 PM

Start Time 4:00 PM

Events 13-14	100m Freestyle
Events 23-24	200m Ind Medley
Events 25-26	400m Freestyle
Events 29-30	100m Breast
Events 31-32	200m Back

NOTE: ALL EVENTS ARE OPEN. ODD EVENTS ARE WOMEN / EVEN EVENTS ARE MEN