

BAHAMAS SWIMMING FEDERATION

LONG COURSE RECORDS

GIRLS 15 & OVER - BAHAMAS

EVENT	RECORD	NAME	CITY
50 FREE	24.31	Arianna Vanderpool-Wallace'90/UN	Toronto
100 FREE	53.73	Arianna Vanderpool-Wallace'90/UN	London
200 FREE	1:59.19	Joanna Evans'97/SWIFT	Taipei
400 FREE	4:07.60	Joanna Evans'97/SWIFT	Rio
800 FREE	8:31.18	Joanna Evans'97/SWIFT	Taipei
50 BACK	29.40	Alana Dillette'87/SWIFT	Nassau
100 BACK	1:02.56	Alana Dillette'87/SWIFT	Beijing
200 BACK	2:20.22	McKayla Lightbourn'92/SWIFT	Nassau
50 BREAST	32.84	Alicia Lightbourne'90/SBSC	Rome
100 BREAST	1:11.18	LillyHiggs'00/SWIFT	Indianapolis
200 BREAST	2:32.96	Laura Morley'96/SWIFT	Nassau
50 FLY	25.53	Arianna Vanderpool-Wallace'90/SWIFT	Glasgow
100 FLY	58.87	Arianna Vanderpool-Wallace'90/SWIFT	Charlotte
200 FLY	2:21.67	Arianna Vanderpool-Wallace'90/SWIFT	Kingston
200 I.M.	2:19.72	McKayla Lightbourn'92/SWIFT	Florida
400 I.M.	4:59.25	Joanna Evans'97/SWIFT	Barbados
RELAYS			
200 FREE	1:48.06	Arianna Vanderpool-Wallace;Alicia Lightbourne; Ashley Butler; Ariel Weech/BAH	Aruba
400 FREE	3:47.40	Alana Dillette; Arianna Vanderpool-Wallace; Ariel Weech: Alicia Lightbourne/BAH	Montreal
800 FREE	8:36.28	Alana Dillette, Teisha Lightbourne; Jenna Chaplin; Arianna Vanderpool-Wallace	Mayaquez
200 MEDLEY	1:58.81	Alana Dillette, McKayla Lightbourn, Arianna Vanderpool-Wallace, Ashley Butler/SWIFT	Nassau
400 MEDLEY	3:58.12	Joanna Evans, Bria Deveaux, Laura Morley, Arianna Vanderpool-Wallace/BAH	Nassau

GIRLS 15 & OVER - OPEN

EVENT	RECORD	NAME	CITY
50 FREE	24.94	Arianna Vanderpool-Wallace'90/UN	Nassau
100 FREE	54.52	Arianna Vanderpool-Wallace'90/UN	Nassau
200 FREE	2:00.64	Andreina Pinto'91/VEN	Nassau
400 FREE	4:09.82	Andreina Pinto'91/VEN	Nassau
800 FREE	8:32.19	Joanna Evans'97/SWIFT	Nassau
50 BACK	28.82	Fernanda Gonzalez Ramirez'90/MEX	Nassau
100 BACK	1:01.41	Fernanda Gonzalez Ramirez'90/MEX	Nassau
200 BACK	2:15.45	Carolina Colorado'87/COL	Nassau
50 BREAST	32.39	Branca Rodriguez Villa'94/MEX	Nassau
100 BREAST	1:09.97	Ana Carrillo Avilez'93/MEX	Nassau
200 BREAST	2:27.77	Esther Gonzalez Medina'95/MEX	Nassau
50 FLY	26.56	Arianna Vanderpool-Wallace'90/SWIFT	Nassau
100 FLY	59.37	Isabella Paez'95/VEN	Nassau
200 FLY	2:10.10	Andreina Pinto'91/VEN	Nassau
200 I.M.	2:18.06	Esther Gonzalez Medina'95/MEX	Nassau
400 I.M.	4:56.57	Hamida Rania Nefsi'97/ROD	Nassau
RELAYS			
200 FREE	1:50.01	Gaby Ponson;Cindy Maduro Daniella Van den Berg;Ally Ponson/ARU	Nassau
400 FREE	3:58.12	Joanna Evans, Bria Deveaux, Laura Morley, Arianna Vanderpool-Wallace/BAH	Nassau
800 FREE	8:47.43	Julliana DE Jesus;Marissa Lugo Laura Figueroa; Celismar Guzman/PUR	Nassau
200 MEDLEY	1:58.81	Alana Dillette, McKayla Lightbourn, Arianna Vanderpool-Wallace, Ashley Butler/SWIFT	Nassau

400 MEDLEY	3:58.12	Joanna Evans, Bria Deveaux,	Nassau
		Laura Morley, Arianna Vanderpool-Wallace/BAH	

August 25, 2017

DATE
July 14, 2015
August 1, 2012
August 23, 2017
August 6, 2016
August 25, 2017
June 20, 2011
August 10, 2008
June 16, 2012
August 1, 2009
August 25, 2017
June 22, 2017
July 28, 2014
May 16, 2015
April 9, 2007
March 12, 2011
April 4, 2015
March 30, 2008
March 29, 2012
July 18, 2010
June 20, 2011
June 29, 2016

July 2, 2016

DATE
June 26, 2016
June 25, 2016
June 24, 2016
June 26, 2016
June 23, 2016
June 29, 2016
June 30, 2016
July 2, 2016
July 1 2016
June 30 2016
June 29, 2016
June 25, 2015
June 24, 2016
June 25, 2016
June 30, 2016
June 25, 2016
April 15, 2012
June 29, 2016
July 1, 2016
June 20, 2011

June 29, 2016