

# BAHAMAS SWIMMING FEDERATION

## LONG COURSE RECORDS

GIRLS 9 & 10 - BAHAMAS

November 28, 2015

EVENT	RECORD	NAME	CITY	DATE
50 FREE	29.96	Zayle-Elizabeth Thompson'04/AAC	Dominican Rep	November 26, 2015
100 FREE	1:06.72	Simone R Sturup'98/SWIFT	Nassau	November 07, 2009
200 FREE	2:28.27	Zayle-Elizabeth Thompson'04/AAC	Dominican Rep	November 26, 2015
400 FREE	5:17.82	Zayle-Elizabeth Thompson'04/AAC	Nassau	October 30, 2015
50 BACK	37.09	Je'Nae Saunders'94/BSC	Nassau	July 3, 2005
100 BACK	1:19.89	Bria Deveaux'94/BSC	Nassau	July 1, 2005
50 BREAST	38.96	Zayle-Elizabeth Thompson'04/AAC	Dominican Rep	November 26, 2015
100 BREAST	1:28.50	Shaunte Moss'93/SBSC	Nassau	November 20, 2004
50 FLY	33.11	Rachel Lundy'04/BSC	Nassau	June 26, 2015
100 FLY	1:14.94	Rachel Lundy'04/BSC	Nassau	June 25, 2015
200 I.M.	2:50.49	Je'Nae Saunders'94/BSC	Nassau	June .30, 2005
<b>RELAYS</b>				
200 FREE	2:13.05	Andreas Weech, Tremaine Allen, Keitra Lloyd, Nia Scriven/SBSC	Nassau	June 25, 2009
400 FREE	5:07.09	Rachel Lundy, Grace Farrington, Liya Moncur, Salene Gibson/BSC	Nassau	June 28, 2015
200 MEDLEY	2:33.65	Lyia moncur, Devin Cuffy Bethel, Rachael Lundy, Salene Gibson /BSC	Nassau	November 28, 2015

GIRLS 9 & 10 - OPEN

November 28, 2015

EVENT	RECORD	NAME	CITY	DATE
50 FREE	30.44	Simone Sturup'98/SWIFT	Nassau	November 7, 2009
100 FREE	1:06.72	Simone Sturup'98/SWIFT	Nassau	November 7, 2009
200 FREE	2:31.85	Simone Sturup'98/SWIFT	Nassau	December 5, 2009
400 FREE	5:17.82	Zayle-Elizabeth Thompson'04/AAC	Nassau	October 30, 2015
50 BACK	37.09	Je'Nae Saunders'94/BSC	Nassau	July 3, 2005
100 BACK	1:19.89	Bria Deveaux'94/BSC	Nassau	July 1, 2005
50 BREAST	39.51	Zayle-Elizabeth Thompson'04/AAC	Nassau	November 7, 2015
100 BREAST	1:28.50	Shaunte Moss'93/SBSC	Nassau	November 20, 2004
50 FLY	33.11	Rachel Lundy'04/BSC	Nassau	June 26, 2015
100 FLY	1:14.94	Rachel Lundy'04/BSC	Nassau	June 27, 2015
200 I.M.	2:50.49	Je'Nae Saunders'94/BSC	Nassau	June 30, 2005
<b>RELAYS</b>				
200 FREE	2:13.05	Andreas Weech, Tremaine Allen, Keitra Lloyd, Nia Scriven/SBSC	Nassau	June 25, 2009
400 FREE	5:07.09	Rachel Lundy, Grace Farrington, Liya Moncur, Salene Gibson/BSC	Nassau	June 28, 2015
200 MEDLEY	2:33.65	Lyia moncur, Devin Cuffy Bethel, Rachael Lundy, Salene Gibson /BSC	Nassau	November 28, 2015

