

# BAHAMAS SWIMMING FEDERATION

## HISTORY - LONG COURSE RECORDS

GIRLS 11 & 12 - BAHAMAS

July 2, 2016

| EVENT                   | RECORD                                | NAME   | CITY                          | DATE                           | Certificate         |
|-------------------------|---------------------------------------|--|-------------------------------|--------------------------------|---------------------|
| 50 FREE                 | 29.81                                 | Taneca Malcolm'83/FAC                              | San Juan                      | July 6, 1996                   |                     |
|                         | 29.51                                 | Aymara Albury'85/BSC                               | Guadeloupe                    | April 18, 1998                 |                     |
|                         | 28.69                                 | Aymara Albury'85/BSC                               | Bridgetown                    | July 7, 1998                   | Yes                 |
|                         | 28.61                                 | Ashley Butler'92/SBSC                              | Santo Domingo                 | August 8, 2005                 | Yes                 |
|                         | <a href="#">28.29</a>                 | <a href="#">Ashley Butler'92/SBSC</a>              | <a href="#">Santo Domingo</a> | <a href="#">August 8, 2005</a> | <a href="#">Yes</a> |
| 100 FREE                | 1:04.99                               | Sharon Jones'73/BSC                                | Curacao                       | July 12, 1986                  |                     |
|                         | 1:04.19                               | Aymara Albury'85/BSC                               | Bridgetown                    | July 15, 1998                  |                     |
|                         | 1:03.97                               | Arianna Vanderpool-Wallace'90/TPAC                 | Kingston                      | April 20, 2003                 |                     |
|                         | 1:02.69                               | Arianna Vanderpool-Wallace'90/TPAC                 | Kingston                      | April 20, 2003                 | Yes                 |
|                         | <a href="#">1:02.60</a>               | <a href="#">Ashley Butler'92/SBSC</a>              | <a href="#">Santo Domingo</a> | <a href="#">August 5, 2005</a> | <a href="#">Yes</a> |
| 200 FREE                | 2:19.84                               | Sharon Jones'73/BSC                                | Curacao                       | July 10, 1986                  |                     |
|                         | <a href="#">2:15.31</a>               | <a href="#">Arianna Vanderpool-Wallace'90/TPAC</a> | <a href="#">Kingston</a>      | <a href="#">April 19, 2003</a> | <a href="#">Yes</a> |
| 400 FREE                | 4:49.53                               | Katie Roach'84/SWIFT                               | Havana                        | July 10, 1997                  | Yes                 |
|                         | <a href="#">4:49.50</a>               | <a href="#">Tenniya Martin'01/SWIFT</a>            | <a href="#">Aruba</a>         | <a href="#">April 25, 2014</a> | <a href="#">Yes</a> |
| 800 FREE                | 10:18.72                              | Susan Glucksmann'73/SBSC                           | Guadeloupe                    | March 31, 1986                 |                     |
|                         | 10:08.69                              | McKayla Lightbourn'92/SWIFT                        | Nassau                        | June 30, 2005                  | Yes                 |
|                         | <a href="#">10:05.77</a>              | <a href="#">McKayla Lightbourn'92/SWIFT</a>        | <a href="#">Gainesville</a>   | <a href="#">July 14, 2005</a>  | <a href="#">Yes</a> |
| 50 BACK                 | 39.20                                 | Iola Saunders'82/SWIFT                             | Salinas                       | November 25, 1995              |                     |
|                         | 39.15                                 | Franshon Francis'89/DSC                            | Nassau                        | July 14, 2001                  |                     |
|                         | 37.01                                 | Franshon Francis'89/DSC                            | Nassau                        | March 9, 2001                  |                     |
|                         | 36.79                                 | Caitlin Antoni'90/FAC                              | Mexico City                   | June 30, 2003                  | Yes                 |
|                         | 36.29                                 | McKayla Lightbourn'92/SWIFT                        | Curacao                       | March 31, 2005                 | Yes                 |
|                         | 35.62                                 | McKayla Lightbourn'92/SWIFT                        | Curacao                       | March 31, 2005                 | Yes                 |
|                         | 35.38                                 | Miaeda Hutchinson'92/SBSC                          | Nassau                        | July 3, 2005                   | Yes                 |
|                         | 34.42                                 | Ashley Butler'92/SBSC                              | Nassau                        | July 3, 2005                   | Yes                 |
|                         | 34.34                                 | Je'Nae Saunders'94/BSC                             | Kingston                      | April 7, 2007                  | Yes                 |
|                         | 34.17                                 | Je'Nae Saunders'94/BSC                             | Kingston                      | April 7, 2007                  | Yes                 |
|                         | 34.01                                 | Andreas Weech'98/SBSC                              | Barbados                      | April 25, 2011                 | Yes                 |
|                         | 33.70                                 | Celia Campbell'00/SWIFT                            | Kingston                      | March 30, 2013                 | Yes                 |
|                         | 33.43                                 | Celia Campbell'00/SWIFT                            | Kingston                      | March 30, 2013                 | Yes                 |
|                         | 33.08                                 | Virginia Stamp'01/BSC                              | Aruba                         | April 22, 2014                 | Yes                 |
|                         | <a href="#">32.99</a>                 | <a href="#">Virginia Stamp'01/AAC</a>              | <a href="#">Barbados</a>      | <a href="#">July 02, 2014</a>  | <a href="#">Yes</a> |
| 100 BACK                | 1:13.60                               | Tietchka Knowles'67/DSC                            | Maroles                       | July 25, 1981                  |                     |
|                         | 1:13.50                               | Jade Thompson'91/UN                                | Nassau                        | June 25, 2004                  | Yes                 |
|                         | 1:13.13                               | Celia Campbell'00/SWIFT                            | Kingston                      | March 31, 2013                 | Yes                 |
|                         | 1:11.54                               | Virginia Stamp'01/AAC                              | Barbados                      | June 30, 2014                  | Yes                 |
| 200 BACK                | 2:46.61                               | Katie Roach'84/SWIFT                               | Havana                        | July 5, 1997                   |                     |
|                         | 2:45.58                               | Alana Dillette'87/FAC                              | Aruba                         | July 25, 2000                  |                     |
|                         | 2:40.95                               | Alana Dillette'87/FAC                              | Aruba                         | July 25, 2000                  |                     |
|                         | 2:40.92                               | Jade Thompson'91/UN                                | Kingston                      | July 5, 2004                   | Yes                 |
|                         | 2:39.83                               | McKayla Lightbourn'92/SWIFT                        | Ft. Pierce                    | July 31, 2005                  | Yes                 |
|                         | 2:39.54                               | Virginia Stamp'01/AAC                              | Nassau                        | June 21, 2014                  | Yes                 |
| <a href="#">2:37.00</a> | <a href="#">Virginia Stamp'01/AAC</a> | <a href="#">Barbados</a>                           | <a href="#">July 03, 2014</a> | <a href="#">Yes</a>            |                     |
| 50 BREAST               | 41.32                                 | Patricia Thompson'83/SWIFT                         | Salinas                       | Nov.24, 1995                   |                     |
|                         | 38.76                                 | Alicia Lightbourne'90/SBSC                         | Mexico City                   | July 2, 2003                   |                     |
|                         | 36.92                                 | Anthaya Rolle'91/DSC                               | Kingston                      | July 5, 2004                   |                     |
|                         | 36.86                                 | Anthaya Rolle'91/DSC                               | Kingston                      | July 5, 2004                   | Yes                 |
|                         | 36.51                                 | Victoria Russell'00/SWIFT                          | Kingston                      | April 1, 2013                  | Yes                 |

|            | 36.05                   | Victoria Russell'00/SWIFT  | Kingston                     | April 1, 2013                     | Yes                 |
|------------|-------------------------|--|------------------------------|-----------------------------------|---------------------|
|            | <a href="#">35.83</a>   | <a href="#">Victoria Russell'00/SWIFT</a>  | <a href="#">Nassau</a>       | <a href="#">December 22, 2013</a> | <a href="#">Yes</a> |
| 100 BREAST | 1:23.62                 | Sharon Jones'73/BSC  | Curacao                      | July 11, 1986                     |                     |
|            | 1:19.18                 | Victoria Millar'87/SWIFT   | Bridgetown                   | April 30, 2000                    | Yes                 |
|            | <a href="#">1:18.79</a> | <a href="#">Victoria Russell'00/SWIFT</a>  | <a href="#">Costa Rica</a>   | <a href="#">July 2, 2013</a>      |                     |
| 200 BREAST | 3:03.61                 | Sharon Jones'73/BSC  | Guadeloupe                   | March 29, 1985                    |                     |
|            | 2:55.73                 | Alana Dillette'87/FAC  | Bridgetown                   | April 30, 2000                    |                     |
|            | 2:54.84                 | Alana Dillette'87/FAC  | Nassau                       | June .25, 2000                    | Yes                 |
|            | 2:52.69                 | McKayla Lightbourn'92/SWIFT  | Curacao                      | March 31, 2005                    | Yes                 |
|            | 2:51.67                 | McKayla Lightbourn'92/SWIFT  | Gainesville                  | July 15, 2005                     | Yes                 |
|            | <a href="#">2:49.65</a> | <a href="#">McKayla Lightbourn'92/SWIFT</a>  | <a href="#">Ft. Pierce</a>   | <a href="#">July 29, 2005</a>     | <a href="#">Yes</a> |
| EVENT      | RECORD                  | NAME   | CITY                         | DATE                              | Certificate         |
| 50 FLY     | 42.35                   | Camilla Miller'89/DSC  | Ft.Lauderdale                | April 1, 2000                     |                     |
|            | 35.64                   | Chanteia Musgrove'88/SBSC  | Nassau                       | July 14, 2001                     |                     |
|            | 35.27                   | Franshon Francis'89/DSC  | Nassau                       | March 9, 2001                     |                     |
|            | 34.02                   | Jade Thompson'91/SBSC  | Mexico City                  | July 1, 2003                      |                     |
|            | 33.21                   | Jade Thompson'91/UN  | Kingston                     | July 2, 2004                      |                     |
|            | 32.43                   | Jade Thompson'91/UN  | Kingston                     | July 2, 2004                      | Yes                 |
|            | 32.03                   | Kadesha Culmer'92/FAC  | Curacao                      | April 1, 2005                     | Yes                 |
|            | 31.82                   | Kadesha Culmer'92/FAC  | Curacao                      | April 1, 2005                     | Yes                 |
|            | 31.81                   | Kadesha Culmer'92/FAC  | Santo Domingo                | August 4, 2005                    | Yes                 |
|            | 31.31                   | Maya Albury'94/WAVE  | Kingston                     | April 8, 2007                     | Yes                 |
|            | 31.02                   | Taryn Smith'96/WAVE  | Nassau                       | June 25, 2009                     |                     |
|            | 30.75                   | Jana Johnson'01/ALPHA  | Nassau                       | June 21, 2014                     |                     |
|            | <a href="#">29.93</a>   | <a href="#">Amber Pinder'01/BSC</a>  | <a href="#">Nassau</a>       | <a href="#">December 27, 2014</a> |                     |
| 100 FLY    | 1:12.55                 | Sharon Jones'73/BSC  | Curacao                      | July 12,1986                      |                     |
|            | 1:11.27                 | Arianna Vanderpool-Wallace'90/TPAC   | Curacao                      | July 3, 2002                      |                     |
|            | 1:11.19                 | Arianna Vanderpool-Wallace'90/TPAC   | Kingston                     | April 19, 2003                    | Yes                 |
|            | 1:08.95                 | Arianna Vanderpool-Wallace'90/TPAC   | Kingston                     | April 19, 2003                    |                     |
|            | <a href="#">1:07.97</a> | <a href="#">Taryn Smith'96/WAVE</a>  | <a href="#">Venezuela</a>    | <a href="#">July 5, 2009</a>      |                     |
| 200 FLY    | 2:47.81                 | Katie Roach'84/SWIFT   | Havana                       | July 10, 1997                     | Yes                 |
|            | 2:41.81                 | Arianna Vanderpool-Wallace'90/TPAC   | Kingston                     | April 20, 2003                    | <a href="#">Yes</a> |
|            | <a href="#">2:41.14</a> | <a href="#">Bria Deveaux'94/BSC</a>  | <a href="#">San Salvador</a> | <a href="#">June 25, 2007</a>     | <a href="#">Yes</a> |
| 200 I.M.   | 2:35.92                 | Sharon Jones'73/BSC  | Curacao                      | July 10, 1986                     | <a href="#">Yes</a> |
|            | <a href="#">2:33.39</a> | <a href="#">McKayla Lightbourn'92/SWIFT</a>  | <a href="#">Ft. Pierce</a>   | <a href="#">July 30, 2005</a>     |                     |
| 400 I.M    | 6:26.26                 | Franshon Francis'89/DSC  | Nassau                       | March 9, 2001                     |                     |
|            | 6:01.70                 | Arianna Vanderpool-Wallace'90/TPAC   | Nassau                       | July 11, 2002                     | Yes                 |
|            | 5:51.79                 | Alicia Lightbourne'90/SBSC   | Nassau                       | July 10, 2003                     | Yes                 |
|            | 5:46.64                 | McKayla Lightbourn'92/SWIFT  | Nassau                       | February 5, 2005                  | Yes                 |
|            | 5:35.22                 | McKayla Lightbourn'92/SWIFT  | Curacao                      | April 1, 2005                     | Yes                 |
|            | 5:27.09                 | McKayla Lightbourn'92/SWIFT  | Gainesville                  | July 15, 2005                     | Yes                 |
|            | 5:26.24                 | McKayla Lightbourn'92/SWIFT  | Ft. Pierce                   | July 29, 2005                     | <a href="#">Yes</a> |
|            | <a href="#">5:23.27</a> | <a href="#">McKayla Lightbourn'92/SWIFT</a>  | <a href="#">Ft. Pierce</a>   | <a href="#">July 29, 2005</a>     |                     |
| RELAYS     |                         |  |                              |                                   |                     |
| 200 FREE   | 2:04.32                 | Kerel Pinder;Jennifer Davis;<br>Aymara Albury;Nikia Deveaux/BAH  | Guadeloupe                   | April 18, 1998                    |                     |
|            | 2:00.00                 | Nikia Deveaux;Aymara Ablury;<br>Kerel Pinder;Krizia Farrington/BAH   | Bridgetown                   | April 30, 2000                    |                     |
|            | <a href="#">1:59.04</a> | <a href="#">Arianna Vanderpool-Wallace;Caitlin Antoni;</a><br><a href="#">Jade Thompson;Alicia Lightbourne/BAH</a> | <a href="#">Kingston</a>     | <a href="#">April 21, 2003</a>    |                     |
| 400 FREE   | 4:28.44                 | Sharon Jones;Lori Thompson;<br>Susan Glucksmann;Jane Saunders/BAH  | Curacao                      | July 11, 1986                     |                     |
|            | 4:24.71                 | Arianna Vanderpool-Wallace;Caitlin Antoni;<br>Jade Thompson;Alicia Lightbourne/BAH                                 | Kingston                     | April 19, 2003                    |                     |
|            |                         |  |                              |                                   | <a href="#">Yes</a> |

|            |         |  |            |                   |     |
|------------|---------|--|------------|-------------------|-----|
|            | 4:23.16 | Madison Mortimer, Charlot Russell,<br>Zayle Thompson, Katelyn Cabral/BAH           | Martinique | March 25, 2016    |     |
|            | 4:20.91 | Zayle Thompson, Charlot Russell,<br>Hailey Johnson, Katelyn Cabral/BAH             | Nassau     | June 29, 2016     |     |
| 800 FREE   | 9:38.82 | Katelyn Cabral; Madison Mortimer<br>Salene Gibson; Zayle Thompson/BAH              | Nassau     | July 1, 2016      |     |
| 200 MEDLEY | 2:29.09 | Camilla Miller;Melissa Ferguson;<br>Franshon Francis;Brittany Smith/DSC            | Nassau     | Jun.29, 2001      | Yes |
|            | 2:24.21 | Camilla Miller;Melissa Ferguson;<br>Franshon Francis;Krysti Bowe/DSC               | Nassau     | July 12, 2002     | Yes |
|            | 2:23.72 | Ariel Weech;Adrienne Lightbourne;<br>Ashley Butler;Amber Weech/SBSC                | Nassau     | November 20, 2004 | Yes |
|            | 2:20.63 | Miaeda Hutchinson;Adrienne Lightbourne;<br>Shaunte Moss;Ashley Butler/SBSC         | Nassau     | July 3, 2005      | Yes |
|            | 2:20.43 | Tremaine Allen, Margaret Higgs;<br>Simone Sturup, Maya Thompson/SWIFT              | Nassau     | June 20, 2011     |     |
|            | 2:17.32 | Virginia Stamp, Sian Longley<br>Amber Pinder, Charlotte Reed/BSC                   | Nassau     | June 23, 2013     |     |
| 400 MEDLEY | 5:06.56 | Jane Saunders;Lori Thompson;<br>Sharon Jone;Susan Glucksmann/BAH                   | Curacao    | July 13, 1986     |     |
|            | 5:02.76 | Caitlin Antoni;Anthaya Rolle;<br>Arianna Vanderpool-Wallace;Alicia Lightbourne/BAH | Kingston   | April 20, 2003    | Yes |
|            | 4:58.56 | Ariel Weech;Anthaya Rolle;<br>Jade Thompson;Ashley Butler/BAH                      | Kingston   | July 6, 2004      | Yes |
|            | 4:58.08 | Virginia Stamp; Cecily Bowe;<br>Amber Pinder; Tenniya Martin/BAH                   | Barbados   | June 30, 2014     |     |
|            | 4:56.69 | Katelyn Cabral, Jamilah Hepburn,<br>Mandia Roberts, Zayle Thompson/Bah             | Martinique | March 24, 2016    |     |
|            |         |  |            |                   |     |
|            |         |  |            |                   |     |
|            |         |  |            |                   |     |

GIRLS 11 & 12 - OPEN

April 19, 2017

| EVENT    | RECORD  | NAME                      | CITY   | DATE           | Certificate |
|----------|---------|---------------------------|--------|----------------|-------------|
| 50 FREE  | 30.28   | Alana Dillette'87/FAC     | Nassau | June 25, 2000  |             |
|          | 29.77   | Gabrielle Gripacus'90/AGF | Nassau | April 22, 2001 |             |
|          | 29.75   | Alexis Jordan'90/BAR      | Nassau | April 22, 2001 | Yes         |
|          | 29.44   | Nishani Cicilson'91/SUR   | Nassau | April 18, 2004 | Yes         |
|          | 29.19   | Jade Thompson'91/UN       | Nassau | June 27, 2004  | Yes         |
|          | 28.88   | Ashley Butler'92/SBSC     | Nassau | July 3, 2005   |             |
|          | 28.82   | Simone Sturup'98/SWIFT    | Nassau | June 20, 2011  |             |
|          | 28.59   | Darielys Oritz'03/DOM     | Nassau | July 2, 2016   |             |
|          | 28.35   | Logan Watson-Brown'03/BER | Nassau | July 2, 2016   |             |
|          | 28.16   | Logan Watson-Brown'03/BER | Nassau | July 2, 2016   |             |
|          | 27.64   | Emily MacDonald'03/JAM    | Nassau | July 2, 2016   |             |
|          | 27.53   | Emily MacDonald'03/JAM    | Nassau | July 2, 2016   |             |
|          | 27.50   | Elan Daley'05/BER         | Nassau | April 18, 2017 |             |
| 100 FREE | 1:05.16 | Alana Dillette'87/FAC     | Nassau | June 24, 2000  |             |
|          | 1:04.70 | Shannon Duval'90/TRI      | Nassau | April 21, 2001 |             |
|          | 1:04.24 | Gabrielle Gripacus'90/AGF | Nassau | April 21, 2001 | Yes         |
|          | 1:04.20 | Tuesday Watts'91/GRN      | Nassau | April 17, 2004 | Yes         |
|          | 1:04.08 | Jade Thompson'91/UN       | Nassau | June 26, 2004  | Yes         |
|          | 1:02.73 | Hanna Gill'99/BAR         | Nassau | April 14, 2012 |             |
|          | 1:01.72 | Logan Watson-Brown'03/BER | Nassau | July 1, 2016   |             |

|            | 1:01.46  | Logan Watson-Brown'03/BER          | Nassau | July 1, 2016      |             |
|------------|----------|------------------------------------|--------|-------------------|-------------|
|            | 1:00.44  | Emily MacDonald'03/JAM             | Nassau | July 1, 2016      |             |
|            | 1:00.26  | Emily MacDonald'03/JAM             | Nassau | July 1, 2016      |             |
| 200 FREE   | 2:26.14  | Alana Dillette'87/FAC              | Nassau | June 23, 2000     |             |
|            | 2:19.31  | Shannon Duval'90/TRI               | Nassau | April 20, 2001    |             |
|            | 2:19.28  | Arianna Vanderpool-Wallace'90/TPAC | Nassau | July 11, 2003     | Yes         |
|            | 2:17.91  | Tuesday Watts'91/GRN               | Nassau | April 16, 2004    | Yes         |
|            | 2:16.40  | Tuesday Watts'91/GRN               | Nassau | April 16, 2004    |             |
|            | 2:15.82  | Hanna Gill'99/BAR                  | Nassau | April 13, 2012    |             |
|            | 2:15.29  | Emily MacDonald'03/JAM             | Nassau | June 30, 2016     |             |
|            | 2:15.27  | Avery Lambert'04/CAY               | Nassau | April 16, 2017    |             |
|            | 2:13.88  | Avery Lambert'04/CAY               | Nassau | April 16, 2017    |             |
|            | 2:12.77  | Payton Zelkin'04/BER               | Nassau | April 16, 2017    |             |
| 400 FREE   | 5:26.29  | Carla Cargill'87/SBSC              | Nassau | June 23, 2000     |             |
|            | 5:00.02  | Shannon Duval'90/TRI               | Nassau | April 21, 2001    |             |
|            | 4:50.13  | Arianna Vanderpool-Wallace'90/TPAC | Nassau | July 11, 2003     | Yes         |
|            | 4:44.69  | Tuesday Watts'91/GRN               | Nassau | April 18, 2004    |             |
|            | 4:44.00  | Avery Lambert'04/CAY               | Nassau | April 18, 2017    |             |
|            | 4:43.68  | Payton Zelkin'04/BER               | Nassau | April 18, 2017    |             |
| 800 FREE   | 11:54.57 | Franshon Francis'89/DSC            | Nassau | July 14, 2002     | Yes         |
|            | 11:21.28 | Jessica Greene'92/BSC              | Nassau | June 27, 2004     | Yes         |
|            | 10:08.69 | McKayla Lightbourn'92/SWIFT        | Nassau | June 30, 2005     |             |
| 50 BACK    | 39.15    | Franshon Francis'89/DSC            | Nassau | July 14, 2001     |             |
|            | 37.01    | Franshon Francis'89/DSC            | Nassau | March 9, 2001     | Yes         |
|            | 35.06    | Tuesday Watts'91/GRN               | Nassau | April 17, 2004    | Yes         |
|            | 34.42    | Ashley Butler'92/SBSC              | Nassau | July 3, 2005      |             |
|            | 32.26    | Angara Sinclair'99/JAM             | Nassau | April 12, 2012    |             |
|            | 31.98    | Sade Simons'03/SUR                 | Nassau | July 1, 2016      | Yes         |
| 100 BACK   | 1:14.32  | Alana Dillette'87/FAC              | Nassau | June 23, 2000     |             |
|            | 1:14.04  | Alexis Jordan'90/BAR               | Nassau | April 20, 2001    |             |
|            | 1:13.50  | Jade Thompson'91/UN                | Nassau | June 25, 2004     |             |
|            | 1:12.53  | Angara Sinclair'99/JAM             | Nassau | April 13, 2012    |             |
|            | 1:12.36  | Adriana Gooding'03/TTO             | Nassau | June 30, 2016     |             |
|            | 1:11.12  | Logan Watson-Brown'03/BER          | Nassau | June 30, 2016     |             |
| 200 BACK   | 2:58.47  | Carla Cargill'87/SBSC              | Nassau | June 25, 2000     |             |
|            | 2:58.38  | Chanteia Musgrove'88/SBSC          | Nassau | March 2, 2001     |             |
|            | 2:45.65  | Aegina Brahim'90/SUR               | Nassau | April 22, 2001    | Yes         |
|            | 2:43.95  | Johanna Marinette'91/AGF           | Nassau | April 18, 2004    | Yes         |
|            | 2:39.54  | Meg Fisher-Wells'91/CAY            | Nassau | April 18, 2004    | Yes         |
|            | 2:36.77  | Adriana Gooding'03/TTO             | Nassau | July 2, 2016      |             |
|            | 2:37.26  | Adriana Gooding'03/TTO             | Nassau | July 2, 2016      |             |
|            | 2:34.11  | Danielle Treasure'03/BAR           | Nassau | July 2, 2016      |             |
|            | 2:30.68  | Danielle Treasure'03/BAR           | Nassau | July 2, 2016      |             |
| EVENT      | RECORD   | NAME                               | CITY   | DATE              | Certificate |
| 50 BREAST  | 45.45    | Ravyn Deveaux'92/BSC               | Nassau | February 21, 2004 |             |
|            | 40.34    | Ferancia Madretsma'91/SUR          | Nassau | April 18, 2004    | Yes         |
|            | 39.23    | Ferancia Madretsma'91/SUR          | Nassau | April 18, 2004    | Yes         |
|            | 37.94    | Shaunte Moss'93/SBSC               | Nassau | July 1, 2005      | Yes         |
|            | 37.26    | Adrienne Lightbourne'92/SBSC       | Nassau | July 1, 2005      | Yes         |
|            | 37.15    | Je'Nae Saunders'94/BSC             | Nassau | May 11, 2007      | Yes         |
|            | 37.13    | Je'Nae Saunders'94/BSC             | Nassau | May 11, 2007      | Yes         |
|            | 37.00    | Albury Higgs'99/BAH                | Nassau | April 14, 2012    | Yes         |
|            | 35.83    | Victoria Russell'00/SWIFT          | Nassau | December 22, 2013 |             |
| 100 BREAST | 1:23.15  | Victoria Millar'87/SWIFT           | Nassau | June .24, 2000    |             |

|            |         |                                    |        |                   |     |
|------------|---------|------------------------------------|--------|-------------------|-----|
|            | 1:22.90 | Shannon Duval'90/TRI               | Nassau | April 22, 2001    | Yes |
|            | 1:21.57 | Shannon Duval'90/TRI               | Nassau | April 22, 2001    | Yes |
|            | 1:20.95 | Jamilah Hepburn'03/BAH             | Nassau | July 1, 2016      | Yes |
|            | 1:20.52 | Zayle-Elizabeth Thompson'04/BAH    | Nassau | April 18, 2017    |     |
| 200 BREAST | 2:54.84 | Alana Dillette'87/FAC              | Nassau | June 25, 2000     |     |
|            | 2:54.61 | Zayle-Elizabeth Thompson'04/BAH    | Nassau | April 15, 2017    |     |
| 50 FLY     | 35.64   | Chanteia Musgrove'88/SBSC          | Nassau | July 14, 2001     |     |
|            | 35.27   | Franshon Francis'89/DSC            | Nassau | March 9, 2001     |     |
|            | 34.88   | Jade Thompson'91/UN                | Nassau | February 21, 2004 | Yes |
|            | 32.78   | Priscilla Jannasch'91/SUR          | Nassau | April 16, 2004    | Yes |
|            | 32.08   | Priscilla Jannasch'91/SUR          | Nassau | April 16, 2004    | Yes |
|            | 31.67   | Maya Albury'94/WAVE                | Nassau | May 12, 2007      |     |
|            | 31.02   | Taryn Smith'96/WAVE                | Nassau | June 25, 2009     |     |
|            | 30.90   | Amira Pilgrim'96/TRI               | Nassau | April 12, 2012    |     |
|            | 30.75   | Jana Johnson'01/ALPHA              | Nassau | June 21, 2014     |     |
|            | 29.93   | Amber Pinder'01/BSC                | Nassau | December 27, 2014 |     |
|            | 29.59   | Sade Simons'02/SUR                 | Nassau | July 1, 2016      |     |
|            | 29.05   | Zaneta Alvaranga'04/JAM            | Nassau | April 16, 2017    |     |
| 100 FLY    | 1:22.49 | Ecarscha Smith'87/DSC              | Nassau | June 23, 2000     |     |
|            | 1:19.26 | Ecarscha Smith'87/DSC              | Nassau | June 23, 2000     |     |
|            | 1:16.04 | Janique Jessurun'91/SUR            | Nassau | April 20, 2001    |     |
|            | 1:15.07 | Jodie Foster'91/CAY                | Nassau | April 20, 2001    |     |
|            | 1:13.17 | Arianna Vanderpool-Wallace'90/TPAC | Nassau | July 12, 2002     |     |
|            | 1:12.19 | Arianna Vanderpool-Wallace'90/TPAC | Nassau | July 11, 2003     | Yes |
|            | 1:11.40 | Meg Fisher-Wells'91/CAY            | Nassau | April 16, 2004    | Yes |
|            | 1:10.71 | Meg Fisher-Wells'91/CAY            | Nassau | April 16, 2004    |     |
|            | 1:09.99 | Emily MacDonald'03/JAM             | Nassau | July 1, 2016      |     |
|            | 1:08.88 | Regan H Allen'03/BAH               | Nassau | July 1, 2016      |     |
|            | 1:08.87 | Simone Vale'03/JAM                 | Nassau | July 1, 2016      |     |
|            | 1:08.61 | Payton Zelkin'04/BER               | Nassau | April 15, 2017    |     |
|            | 1:08.59 | Elan Daley'05/BER                  | Nassau | April 15, 2017    |     |
|            | 1:08.02 | Zaneta Alvaranga'04/JAM            | Nassau | April 15, 2017    |     |
|            | 1:07.22 | Sabrina Lyn'04/JAM                 | Nassau | April 15, 2017    |     |
| 200 FLY    | 3:02.36 | Ecarscha Smith'87/DSC              | Nassau | June 24, 2000     |     |
|            | 2:44.39 | Jodie Foster'91/CAY                | Nassau | April 22, 2001    | Yes |
|            | 2:33.39 | Meg Fisher-Wells'91/CAY            | Nassau | April 17, 2004    |     |
| 200 I.M.   | 2:41.19 | Alana Dillette'87/FAC              | Nassau | June 22, 2000     |     |
|            | 2:40.84 | Arianna Vanderpool-Wallace'90/TPAC | Nassau | July 12, 2003     | Yes |
|            | 2:37.07 | Tuesday Watts'91/GRN               | Nassau | April 17, 2004    |     |
|            | 2:36.86 | Ariana Vega'03/PUR                 | Nassau | July 1, 2016      |     |
|            | 2:36.57 | Sabine Ellison'03/GRN              | Nassau | July 1, 2016      |     |
|            | 2:35.33 | Adriana Gooding'03/TTO             | Nassau | July 1, 2016      |     |
|            | 2:34.32 | Sabine Ellison'03/GRN              | Nassau | July 1, 2016      |     |
|            | 2:34.03 | Avery Lambert'04/CAY               | Nassau | April 17, 2017    |     |
|            | 2:33.85 | Elan Daley'05/BER                  | Nassau | April 17, 2017    |     |
|            | 2:32.18 | Payton Zelkin'04/BER               | Nassau | April 17, 2017    |     |
|            | 2:30.90 | Elan Daley'05/BER                  | Nassau | April 17, 2017    |     |
| 400 I.M    | 6:26.26 | Franshon Francis'89/DSC            | Nassau | March 9, 2001     |     |
|            | 6:01.70 | Arianna Vanderpool-Wallace'90/TPAC | Nassau | July 11, 2002     | Yes |
|            | 5:51.79 | Alicia Lightbourne'90/SBSC         | Nassau | July 10, 2003     | Yes |
|            | 5:46.64 | McKayla Lightbourn'92/SWIFT        | Nassau | February 5, 2005  | Yes |
|            | 5:44.01 | McKayla Lightbourn'92/SWIFT        | Nassau | July 2, 2005      |     |
|            | 5:33.35 | Albury Higgs'99/BAH                | Nassau | April 13, 2012    |     |
|            | 5:28.72 | Avery Lambert'04/CAY               | Nassau | April 16, 2017    |     |
|            | 5:25.70 | Payton Zelkin'04/BER               | Nassau | April 16, 2017    |     |



|            |         |   |        |                |     |
|------------|---------|---|--------|----------------|-----|
| 200 FREE   | 2:14.54 | Lisa Rombough;Kara Culmer-Wilson;       | Nassau | June 25, 2000  |     |
|            |         | Julia Brown;Carla Cargill/SBSC          |        |                |     |
|            | 2:04.59 | Shannon Duval;Whitney Wint;             | Nassau | April 22, 2001 |     |
|            |         | Kimba Collymore;Zahra DeFour/TRI        |        |                | Yes |
|            | 2:00.84 | Jade Thompson;Ashley Butler;            | Nassau | April 18, 2004 |     |
|            |         | Amber Weech;Ariel Weech/BAH             |        |                |     |
|            | 1:57.60 | Angara Sinclair;Anjuli Barrett          | Nassau | April 14, 2012 |     |
|            |         | Tiara Myrie;Annastazia Chin/JAM         |        |                |     |
|            | 1:57.06 | Payton Zelkin;Jessica Bruton            | Nassau | April 18, 2017 |     |
|            |         | Taylor White;Elan Daley/BER             |        |                |     |
|            | 1:55.77 | Paig'e Lewis;Isabella Sierra            | Nassau | April 18, 2017 |     |
|            |         | Sabrina Lyn;Zanete Alvaranga/JAM        |        |                |     |
| 400 FREE   | 5:09.74 | Lisa Rombough;Kara Culmer-Wilson;       | Nassau | June 22, 2000  |     |
|            |         | Julia Brown;Carla Cargill/SBSC          |        |                |     |
|            | 4:35.61 | Gabrielle Gripacus;Jessy Ortole;        | Nassau | April 20, 2001 |     |
|            |         | Maite Gautry;Alizee Fenasse/AGF         |        |                | Yes |
|            | 4:25.76 | Jade Thompson;Ashley Butler;            | Nassau | April 16, 2004 |     |
|            |         | Ariel Weech;Jessica Greene/BAH          |        |                |     |
|            | 4:20.64 | Annastazia Chin;Tiara Myrie             | Nassau | April 13, 2012 |     |
|            |         | Annabella Lyn;Angara Sinclair/JAM       |        |                |     |
|            | 4:20.44 | Avery Lambert;Stephanie Royston         | Nassau | April 15, 2017 |     |
|            |         | Raya Embury-Brown;Kyra Rabess/CAY       |        |                |     |
|            | 4:18.51 | Elan Daley;Jessica Bruton               | Nassau | April 15, 2017 |     |
|            |         | Taylor White;Payton Zelkin/BER          |        |                |     |
|            | 4:16.14 | Elan Daley;Jessica Bruton               | Nassau | April 15, 2017 |     |
|            |         | Taylor White;Payton Zelkin/BER          |        |                |     |
| 800 FREE   | 9:23.72 | Carolina Villarini; Alondra Molina      | Nassau | July 1, 2016   |     |
|            |         | Milena Guzman; Ariana Vega/PUR          |        |                |     |
| 200 MEDLEY | 2:37.16 | Lisa Rombough;Kara Culmer-Wilson;       | Nassau | June 23, 2000  |     |
|            |         | Carla Cargill;Julia Brown/SBSC          |        |                |     |
|            | 2:29.09 | Camilla Miller;Melissa Ferguson;        | Nassau | June 29, 2001  |     |
|            |         | Franshon Francis;Brittany Smith/DSC     |        |                | Yes |
|            | 2:24.21 | Camilla Miller;Melissa Ferguson;        | Nassau | July 12, 2002  |     |
|            |         | Franshon Francis;Krysti Bowe/DSC        |        |                | Yes |
|            | 2:23.72 | Ariel Weech;Adrienne Lightbourne;       | Nassau | Nov.20, 2004   |     |
|            |         | Ashley Butler;Amber Weech/SBSC          |        |                | Yes |
|            | 2:20.63 | Miaeda Hutchinson;Adrienne Lightbourne; | Nassau | July 3, 2005   |     |
|            |         | Shaunte Moss;Ashley Butler/SBSC         |        |                |     |
|            | 2:20.43 | Tremaine Allen, Margaret Higgs          | Nassau | June 20, 2011  |     |
|            |         | Simone Sturup, Maya Thompson/SWIFT      |        |                |     |
|            | 2:17.32 | Virginia Stamp, Sian Longley            | Nassau | June 23, 2013  |     |
|            |         | Amber Pinder, Charlotte Reed/BSC        |        |                |     |
|            | 2:15.15 | Celia Campbell, Victoria Russell        | Nassau | June 23, 2013  |     |
|            |         | Teshe Rolle,Arielle Adderley/SWIFT      |        |                |     |
| 400 MEDLEY | 5:57.47 | Lisa Rombough;Kara Culmer-Wilson;       | Nassau | June 24, 2000  |     |
|            |         | Carla Cargill;Julia Brown/SBSC          |        |                |     |
|            | 5:07.53 | Zahra DeFour;Kimba Collymore;           | Nassau | April 21, 2001 |     |
|            |         | Whitney Wint;Shannon Duval/TRI          |        |                | Yes |
|            | 5:07.22 | Ariel Weech;Anthaya Rolle;              | Nassau | April 17, 2004 |     |
|            |         | Jade Thompson;Ashely Butler/BAH         |        |                |     |
|            | 5:02.20 | Celia Campbell; Albury Higgs            | Nassau | April 13, 2012 |     |
|            |         | Megan Reid; Jasmine Gibson/BAH          |        |                |     |
|            | 4:53.62 | Adriana Gooding; Naomi Patterson        | Nassau | July 1, 2016   |     |
|            |         | Regan Allen; DeNicha Lewis/TTO          |        |                |     |
|            | 4:53.53 | Jessica Bruton; Payton Zelkin           | Nassau | April 16, 2017 |     |

|  |  |                              |  |  |  |
|--|--|------------------------------|--|--|--|
|  |  | Elan Daley; Taylor White/BER |  |  |  |
|--|--|------------------------------|--|--|--|