

BAHAMAS SWIMMING FEDERATION

HISTORY - LONG COURSE RECORDS

BOYS 15 & OVER - BAHAMAS

June 19, 2018

EVENT	RECORD	NAME	CITY	DATE	Certificate
50 FREE	22.75	Allan Murray'72/SWIFT	Atlanta	July 25, 1996	Yes
	22.39	Vereance Burrows'89/FAC	Rome	July 31, 2009	
100 FREE	52.41	Allan Murray'72/SWIFT	Ft.Lauderdale	May 25, 1996	
	51.97	Christopher Murray'79/FAC	Winnipeg	August 4, 1999	
	51.65	Christopher Murray'79/FAC	Winnipeg	August 4, 1999	Yes
	51.29	Jeremy Knowles'81/SWIFT	Nassau	June 28, 2008	
	50.88	Vereance Burrows'89/FAC	Rome	July 29, 2009	
200 FREE	1:57.54	Sean Nottage'65/UN	Los Angeles	July 29, 1984	
	1:56.63	Jeremy Knowles'81/SWIFT	Guadeloupe	April 17, 1998	
	1:53.49	Jeremy Knowles'81/UN	Santo Domingo	August 12, 2003	Yes
	1:53.05	Jeremy Knowles'81/SWIFT	Nassau	June 27, 2008	
400 FREE	4:10.78	P.Andrew Knowles'55/UN	Montreal	July 22, 1976	
	4:06.86	Jeremy Knowles'81/SWIFT	Guadeloupe	April 18, 1998	
	4:04.24	Jeremy Knowles'81/SWIFT	Nassau	June 23, 2000	
	4:04.08	Jeremy Knowles'81/UN	Nassau	June 29, 2001	
	3:59.01	Jeremy Knowles'81/UN	Nassau	July 11, 2003	Yes
800 FREE	10:05.58	Verron Darville'89/BSC	Nassau	Dec.2, 2005	
	9:21.92	Shane Armbrister'88/SWIFT	Curacao	March 31, 2005	
	8:29.01	Matthew Lowe'94/BSC	Nassau	June 20, 2013	Yes
	8:22.31	Matthew Lowe'94/BSC	Nassau	February 19, 2016	Yes
1500 FREE	16:37.36	Jeremy Knowles'81/SWIFT	Havana	July 9, 1997	
	16:11.20	Jeremy Knowles'81/SWIFT	Nassau	June 25, 2000	
	16:08.19	Matthew Lowe'94/BSC	Nassau	June 20, 2013	Yes
	16:07.53	Matthew Lowe'94/BSC	Barcelona	August 3, 2013	Yes
50 BACK	28.81	Nicholas Rees'82/BSC	Nassau	July 14, 2001	
	28.10	Christopher Vythoukas'84/SBSC	Santo Domingo	August 16, 2003	Yes
	27.89	Christopher Vythoukas'84/SBSC	Ft.Lauderdale	June 25, 2005	Yes
	27.53	Christopher Vythoukas'84/UN	Melbourne	March 16, 2006	Yes
	27.50	Jeremy Knowles'81/SWIFT	Milan	April 20, 2008	
	27.40	Dionisio Carey'97/SWIFT	Kingston	March 30, 2013	
	27.16	Davante Carey'02/MAC	Kingston	April 2, 2018	
	27.04	Davante Carey'02/MAC	Kingston	April 2, 2018	
	26.75	Davante Carey'02/MAC	Nassau	June 18, 2018	
100 BACK	1:01.29	David Morley'65/DSC	Los Angeles	August 3, 1984	
	1:00.99	Nicholas Rees'82/BSC	Bridgetown	July 13, 1998	
	1:00.57	Nicholas Rees'82/BSC	Auburn	August 4, 1998	
	1:00.22	Nicholas Rees'82/SWIFT	Winnipeg	August 6, 1999	
	59.01	Christopher Vythoukas'84/DSC	Nassau	June 23, 2000	
	58.39	Christopher Vythoukas'84/SBSC	Santo Domingo	August 16, 2003	
	58.31	Christopher Vythoukas'84/SBSC	Athens	August 15, 2004	Yes
	200 BACK	2:10.96	Christopher Albury'74/BSC	Etobicoke	April 5, 1996
	2:10.57	Jeremy Knowles'81/UN	Nassau	June 27, 2004	Yes
	2:08.86	Jeremy Knowles'81/SWIFT	Charlotte	June 8, 2008	
50 BREAST	30.93	Allan Murray'72/BSC	Nassau	July 14, 2001	
	30.90	Travano McPhee'85/DSC	Manchester	August 2, 2002	Yes

	29.69	Jeremy Knowles'81/SWIFT	Nassau	July 1, 2005	Yes
	29.60	Dustin Tynes'96/SWIFT	Dubai	August 30, 2013	Yes
	29.08	Dustin Tynes'96/SWIFT	Aruba	April 24, 2014	Yes
	28.55	Dustin Tynes'96/SWIFT	Toronto	July 17, 2015	
	28.39	Dustin Tynes'96/SWIFT	Atlanta	March 27, 2016	
	28.18	Dustin Tynes'96/SWIFT	Nassau	July 1, 2016	
100 BREAST	1:06.93	Alaric Rolle'77/SWIFT	Bridgetown	April 23, 1995	Yes
	1:06.32	Jeremy Knowles'81/UN	Auburn	July 24, 2004	Yes
	1:05.41	Jeremy Knowles'81/SWIFT	Charlotte	December 8, 2007	
	1:04.94	Jeremy Knowles'81/SWIFT	Nashville	March 7, 2008	
	1:03.78	Jeremy Knowles'81/SWIFT	Nassau	June .28, 2008	
	1:03.39	Dustin Tynes'96/SWIFT	Glasgow	July 26, 2014	
	1:02.97	Dustin Tynes'96/SWIFT	Nanjing	August 17, 2014	
	1:02.49	Dustin Tynes'96/SWIFT	Toronto	July 17, 2015	
	1:01.56	Dustin Tynes'96/SWIFT	Atlanta	March 27, 2016	
200 BREAST	2:24.75	Jeremy Knowles'81/SWIFT	Havana	July 7, 1997	
	2:24.19	Jeremy Knowles'81/SWIFT	Winnipeg	August 5, 1999	
	2:23.72	Jeremy Knowles'81/SWIFT	San Antonio	December 4, 1999	
	2:23.28	Jeremy Knowles'81/SWIFT	San Antonio	December 4, 1999	
	2:23.10	Jeremy Knowles'81/SWIFT	Federal Way	March 28, 2000	
	2:21.37	Jeremy Knowles'81/SWIFT	Federal Way	March 28, 2000	Yes
	2:20.31	Jeremy Knowles'81/SWIFT	Sydney	September 19, 2000	
	2:18.13	Dustin Tynes'96/SWIFT	Toronto	July 14, 2015	
	2:17.78	Izaak Bastian'01/BSC	Kingston	March 31 , 2018	
50 FLY	26.26	Allan Murray'72/BSC	Nassau	July 14, 2001	Yes
	25.45	Nicholas Rees'82/BSC	Barcelona	July 20, 2003	Yes
	25.12	Jeremy Knowles'81/SWIFT	Nassau	July 2, 2005	Yes
	25.11	Jeremy Knowles'81/SWIFT	Melbourne	March 17, 2006	Yes
	24.83	Jeremy Knowles'81/SWIFT	Melbourne	March 17, 2006	Yes
	24.63	Jeremy Knowles'81/SWIFT	Nassau	May 12, 2007	
	24.47	Vereance Burrows'89/FAC	Nassau	June 26, 2009	
	23.74	Vereance Burrows'89/FAC	Rome	July 26, 2009	Certiifacte
EVENT	RECORD	NAME	CITY	DATE	
100 FLY	58.73	Sean Nottage'65/UN	Los Angeles	July 30, 1984	
	58.22	Nicholas Rees'82/BSC	Guadeloupe	April 17, 1998	
	57.65	Nicholas Rees'82/BSC	Bridgetown	July 13, 1998	
	57.31	Jeremy Knowles'81/SWIFT	Kingston	April 3, 1999	
	56.88	Nicholas Rees'82/SWIFT	Winnipeg	August 3, 1999	
	56.34	Nicholas Rees'82/BSC	Federal Way	March 31, 2000	
	55.08	Jeremy Knowles'81/UN	Nassau	July 11, 2003	Yes
	54.65	Jeremy Knowles'81/UN	Auburn	July 24, 2004	Yes
	54.03	Jeremy Knowles'81/SWIFT	Nassau	July 1, 2005	
	54.00	Jeremy Knowles'81/SWIFT	Nassau	June 27, 2008	
	53.72	Jeremy Knowles'81/SWIFT	Beijing	August 14, 2008	
	53.51	Vereance Burrows'89/FAC	Rome	July 31, 2009	
200 FLY	2:16.89	Mark Wade'71/SWIFT	Kingston	March 30, 1991	
	2:10.09	Jeremy Knowles'81/SWIFT	Guadeloupe	April 16, 1998	
	2:09.55	Jeremy Knowles'81/SWIFT	Kingston	April 4, 1999	
	2:05.10	Jeremy Knowles'81/UN	Nassau	May 17, 2002	
	2:00.31	Jeremy Knowles'81/UN	Manchester	July 30, 2002	
	1:59.82	Jeremy Knowles'81/UN	Santo Domingo	August 15, 2003	

	1:59.32	Jeremy Knowles'81/UN	Daegu	August 24, 2003	Yes
	1:59.21	Jeremy Knowles'81/UN	Daegu	August 24, 2003	Yes
	1:58.25	Jeremy Knowles'81/SWIFT	Victoria	August 17, 2006	
200 I.M.	2:11.15	Jeremy Knowles'81/SWIFT	Havana	July 8, 1997	
	2:09.78	Jeremy Knowles'81/SWIFT	Winnipeg	August 7, 1999	
	2:07.68	Jeremy Knowles'81/SWIFT	San Antonio	December 2, 1999	
	2:07.63	Jeremy Knowles'81/SWIFT	San Antonio	December 2, 1999	
	2:06.85	Jeremy Knowles'81/SWIFT	Sydney	September 20, 2000	
	2:06.38	Jeremy Knowles'81/UN	Manchester	August 3, 2002	
	2:06.33	Jeremy Knowles'81/UN	Nassau	July 12, 2003	
	2:04.72	Jeremy Knowles'81/UN	Santo Domingo	August 16, 2003	
	2:03.99	Jeremy Knowles'81/UN	Santo Domingo	August 16, 2003	Yes
	2:03.51	Jeremy Knowles'81/UN	Daegu	August 26, 2003	Yes
	2:03.16	Jeremy Knowles'81/SWIFT	Melbourne	March 20, 2006	Yes
	2:02.85	Jeremy Knowles'81/SWIFT	Melbourne	March 20, 2006	
	2:02.74	Jeremy Knowles'81/SWIFT	Milan	April 19, 2008	
	2:01.35	Jeremy Knowles'81/SWIFT	Beijing	August 13, 2008	
400 I.M.	4:39.11	Jeremy Knowles'81/SWIFT	Indianapolis	December 5, 1997	
	4:30.58	Jeremy Knowles'81/SWIFT	Clovis	August 13, 1998	
	4:30.49	Jeremy Knowles'81/SWIFT	San Antonio	December 3, 1999	
	4:28.47	Jeremy Knowles'81/SWIFT	Federal Way	March 30, 2000	
	4:26.87	Jeremy Knowles'81/SWIFT	Sydney	September 17, 2000	
	4:25.77	Jeremy Knowles'81/UN	Manchester	August 2, 2002	Yes
	4:22.04	Jeremy Knowles'81/UN	Santo Domingo	August 12, 2003	
RELAYS					
200 FREE	1:39.22	Kevin Treco;Mark Wells;	Port of Spain	April 13, 1997	
		Allan Murray;Christian Campbell/BAH			Yes
	1:39.07	Jeremy Knowles;Jamaal Carey;	Kingston	April 5, 1999	
		Kristoph Carey;Nicholas Rees/BAH			
	1:37.28	Armando Moss, Lucas Leitte,	Nassau	June 21, 2011	
		Inoa Charlton, T'Auren Moss/SBSC			
	1:36.35	Vereance Burrows, Evante Gibson,	Nassau	June 21, 2011	
		Ashton Knowles, Michael McIntosh/FAC			
	1:35.77	Perez Moss; Miller Albury	Nassau	June 26, 2016	
		Jorge Rodriguez,Armando Moss/AAC			
	1:34.77	Gershwin Greene, N'Nhyn Fernander;	Nassau	June 26, 2016	
		Keith Lloyd, Kohen Kerr/BSC			
	1:34.33	N'Nhyn Fernander; Izaak Bastian	Nassau	June 22, 2017	
		Gershwin Greene, Kohen Kerr/BSC			
400 FREE	3:32.34	Allan Murray;Christopher Albury;	Etobicoke	April 5, 1996	
		Cameron Roach;Thomas Glucksmann/BAH			Yes
	3:31.46	Christopher Murray;Jeremy Knowles;	Winnipeg	August 5, 1999	
		Christopher Vythoukas;Allan Murray/BAH			
800 FREE	8:16.59	Christopher Murray;Kevin Treco;	Havana	July 10, 1997	
		Cameron Jones;Jeremy Knowles/BAH			Yes
	7:58.58	Jeremy Knowles;Christopher Vythoukas;	Santo Domingo	August 12, 2003	
		Kristoph Carey;Travano McPhee/BAH			Yes
200 MEDLEY	1:51.95	Jeremy Knowles;Allan Murray;	Nassau	June 23, 2000	
		Nicholas Rees;Riccardo Davis/SWIFT			
	1:48.92	Evante Gibson, Michael McIntosh;	Nassau	June.20, 2011	
		Vereance Burrows, Ashton Knowles/FAC			
	1:48.86	Matthew Lowe,Utoy Wong,	Nassau	June 27, 2015	

		N'Nhyn Fernander, Kohen Kerr/BSC			
	1:47.57	Dionisio Carey; Dustin Tynes	Nassau	June 25, 2016	
		Jeremy Knowles, Joshua Roberts/SWIFT			
	1:46.72	Keith Lloyd; Izaak Bastian	Nassau	June 22, 2017	
		N'Nhyn Fernander; Gershwin Greene/BSC			
	1:46.46	Davante Carey, William Russell	Nassau	June 18, 2018	
		Ian Pinder 15, Kohen Kerr/MAC			
400 MEDLEY	4:05.09	Kevin Treco;Jeremy Knowles;	Havana	July 7, 1997	
		Mark Wells;Allan Murray/BAH			
	4:04.84	Nicholas Rees;Jeremy Knowles;	Kingston	April 4, 1999	
		Jamaal Carey;Kristoph Carey/BAH			
	3:58.37	Christopher Vythoulkas;Jeremy Knowles;	Winnipeg	August 7, 1999	
		Nichoals Rees;Christopher Murray/BAH			
	3:57.44	Christopher Vythoulkas;Travano McPhee;	Santo Domingo	August 16, 2003	Yes
		Jeremy Knowles;Kristoph Carey/BAH			
	3:54.57	Christopher Vythoulkas;Travano McPhee;	Santo Domingo	August 16, 2003	Yes
		Jeremy Knowles;Kristoph Carey/BAH			
	3:49.83	Matthew Lowe;Dustin Tynes;	Nassau	July 1, 2016	Yes
		Vereance Burrows;Armando Moss/BAH			

BOYS 15 & OVER - OPEN

June 26, 2017

					Certifiacte
EVENT	RECORD	NAME	CITY	DATE	Yes
50 FREE	23.21	Allan Murray'72/SWIFT	Nassau	June 25, 2000	Yes
	22.88	Vereance Burrows'89/FAC	Nassau	June 27, 2008	
	22.77	Justin Plaschka'96/JAM	Nassau	July 2, 2016	
	22.67	Dylan Carter'97/TTO	Nassau	July 2, 2016	
100 FREE	51.97	Christopher Murray'79/FAC	Nassau	June 24, 2000	Yes
	51.86	Christopher Murray'79/FAC	Nassau	June 24, 2000	Yes
	51.21	Jose Meolans'78/ARG	Nassau	June 28, 2008	Yes
	50.52	Jose Meolans'78/ARG	Nassau	June 28, 2008	
	50.51	Benjamin Hockin'86/PAR	Nassau	June 26 2016	
	50.39	Cristian Quintero'93/VEN	Nassau	June 26 2016	
	50.02	Benjamin Hockin'86/PAR	Nassau	June 26 2016	
	50.00	Benjamin Hockin'86/PAR	Nassau	June 26 2016	
	49.87	Dylan Carter'97/UN	Nassau	June 26 2016	
	49.72	Cristian Quintero'93/VEN	Nassau	June 26 2016	
	49.31	Dylan Carter'97/TTO	Nassau	June 26 2016	
200 FREE	1:56.98	Jeremy Knowles'81/SWIFT	Nassau	June 23, 2000	
	1:54.97	Damian Alleyne'84/BAR	Nassau	April 20, 2001	Yes
	1:53.93	Shaune Fraser'89/CAY	Nassau	April 16, 2004	Yes
	1:52.99	Mario Montoya'89/COSTA	Nassau	June 27, 2008	
	1:52.46	Joshua Romany'95	Nassau	April 13, 2012	
	1:51.42	Benjamin Hockin'86/PAR	Nassau	June 24, 2016	
	1:48.50	Cristian Quintero'93/VEN	Nassau	June 24, 2016	
	1:48.44	Dylan Carter'97/TTO	Nassau	June 30, 2016	
	400 FREE	4:04.24	Jeremy Knowles'81/SWIFT	Nassau	June 23, 2000
	4:04.08	Jeremy Knowles'81/UN	Nassau	June 29, 2001	Yes
	3:59.01	Jeremy Knowles'81/UN	Nassau	July 11, 2003	
	3:53.02	Cristian Quintero'93/VEN	Nassau	June 26, 2016	

800 FREE	10:05.58	Verron Darville'89/BSC	Nassau	December 2, 2005	
	9:57.58	David Hanna'89/BSC	Nassau	February 10, 2006	Yes
	8:29.01	Matthew Lowe'94/BSC	Nassau	June 20, 2013	
	8:22.31	Matthew Lowe'94/BSC	Nassau	February 19, 2016	Yes
1500 FREE	16:11.20	Jeremy Knowles'81/SWIFT	Nassau	June 25, 2000	Yes
	16:10.71	Shaune Fraser'89/CAY	Nassau	April 15, 2004	
	15:45.04	Jois Bouchaut'95/GUAD	Nassau	April 12, 2012	Yes
	15:38.65	Arturo Perez VerttinFerrer'91/MEX	Nassau	June 29, 2016	Yes
50 BACK	28.81	Nicholas Rees'82/BSC	Nassau	Jul.14, 2001	Yes
	28.06	Jeremy Knowles'81/SWIFT	Nassau	May 13, 2007	
	27.62	Zach McGinnis'90/UN	Nassau	June 20, 2011	
	27.59	Luis Rojas'90/UN	Nassau	June 20, 2011	
	27.09	Luis Rojas'90/UN	Nassau	June 20, 2011	
	26.70	Dylan Carter'96/TRI	Nassau	April 12, 2012	
	26.64	Albert Subirats'86/VEN	Nassau	June 24, 2016	
	26.16	Charles Hockin'89/PAR	Nassau	June 24, 2016	
	25.98	Charles Hockin'89/PAR	Nassau	June 24, 2016	
	25.82	Charles Hockin'89/PAR	Nassau	July 1, 2016	
100 BACK	1:00.22	Nicholas Rees'82/SWIFT	Nassau	June 23, 2000	Yes
	59.01	Christopher Vythoukas'84/DSC	Nassau	June 23, 2000	
	58.46	Luis Rojas'90/UN	Nassau	June 18, 2011	
	58.42	Luis Rojas'90/UN	Nassau	June 18, 2011	
	58.03	Czack McGinnis'90/UN	Nassau	June 18, 2011	
	57.32	Timothy Wynter'97/JAM	Nassau	April 13, 2012	
	57.31	Timothy Wynter'97/JAM	Nassau	June 15, 2012	
	57.01	Dylan Carter'96/TRI	Nassau	June 15, 2012	
	56.88	Dylan Carter'96/TRI	Nassau	June 15, 2012	
	56.75	Dylan Carter'96/TRI	Nassau	June 15, 2012	
	56.62	Charles Brusquetti'89/PAR	Nassau	June 15, 2012	
	56.29	Charles Brusquetti'89/PAR	Nassau	June 15, 2012	
	56.14	Derya Buyukuncu'76/Turkey	Nassau	June 15, 2012	
	55.63	Ryan Lochte'84/USA	Nassau	March 14, 2015	
200 BACK	2:17.80	Christopher Vythoukas'84/DSC	Nassau	June 25, 2000	Yes
	2:08.74	George Bovell'83/TRI	Nassau	April 2, 2001	
	2:05.32	Charles Brusquetti'89/PAR	Nassau	June 16, 2012	
	2:01.09	Derya Buyukuncu'76/Turkey	Nassau	June 16, 2012	
	2:00.62	Matias Lopez'96/PAR	Nassau	June 26, 2016	
50 BREAST	30.93	Allan Murray'72/BSC	Nassau	July 14, 2001	Yes
	30.90	Travano McPhee'85/DSC	Manchester	August 2, 2002	Yes
	29.69	Jeremy Knowles'81/SWIFT	Nassau	July 1, 2005	Yes
	29.24	Lucas Leite'84/ALPHA	Nassau	June 21, 2013	
	28.18	Dustin Tynes'96/SWIFT	Nassau	July 1, 2016	
100 BREAST	1:10.40	Alaric Rolle'77/SBSC	Nassau	June 24, 2000	
	1:09.43	Stewart Marshall'85/AHO	Nassau	April 22, 2001	
	1:07.76	Stewart Marshall'85/AHO	Nassau	April 22, 2001	Yes
	1:06.60	Bradley Ally'87/BAR	Nassau	April 18, 2004	Yes
	1:04.59	Leopoldo Andara'86/CSSC	Nassau	June 28, 2008	
	1:03.78	Jeremy Knowles'81/SWIFT	Nassau	June 28, 2008	
	1:03.39	Jorge Murillo'91/NAD	Nassau	June 16, 2012	
	1:02.77	Jorge Murillo'91/NAD	Nassau	June 16, 2012	
	1:02.17	Vladislav Polyakov'83/FL	Nassau	June 16, 2012	
	1:01.93	Vladislav Polyakov'83/FL	Nassau	June 16, 2012	

	1:01.84	Miquel De Lara Ojeda'94/MEX	Nassau	June 30, 2016	
EVENT	RECORD	NAME	CITY	DATE	Certifiacte
200 BREAST	2:32.35	Jeremy Knowles'81/SWIFT	Nassau	June 25, 2000	
	2:31.83	Kevin Hensley'86/ISV	Nassau	April 21, 2001	Yes
	2:28.59	Dominic Lee'86/JAM	Nassau	April 16, 2004	
	2:18.36	Leopoldo Andara'86/CSSC	Nassau	June 9, 2008	
	2:16.18	Vladislav Polyakov'83/FL	Nassau	June 17 2012	
	2:15.96	Jorge Murillo'91/NAD	Nassau	June 17 2012	Yes
	2:12.89	Carlos Claverie'96/VEN	Nassau	June 23, 2016	Yes
50 Fly	26.07	Jeremy Knowles'81/SWIFT	Nassau	July 2, 2005	Yes
	25.12	Jeremy Knowles'81/SWIFT	Nassau	July 2, 2005	Yes
	24.63	Jeremy Knowles'81/SWIFT	Nassau	May 12, 2007	
	24.47	Vereance Burrows'89/FAC	Nassau	June 26, 2009	
	24.38	Vereance Burrows'89/FAC	Nassau	June 25, 2016	
	24.34	Albert Subirats'86/VEN	Nassau	June 25, 2016	
	24.21	Justin Plaschka'96/JAM	Nassau	July 1, 2016	
100 FLY	56.88	Nicholas Rees'82/SWIFT	Nassau	June 23, 2000	
	56.45	Nicholas Rees'82/SWIFT	Nassau	June 23, 2000	Yes
	55.08	Jeremy Knowles'81/UN	Nassau	July 11, 2003	Yes
	54.03	Jeremy Knowles'81/SWIFT	Nassau	July 1, 2005	
	54.00	Jeremy Knowles'81/SWIFT	Nassau	June 27, 2008	
	53.57	Benjamin Hockin'86/PAR	Nassau	June 23, 2016	
	53.56	Albert Subirats'86/VEN	Nassau	June 23, 2016	
	53.05	Dylan Carter'97/UN	Nassau	June 23, 2016	
	52.88	Dylan Carter'97/UN	Nassau	June 23, 2016	
200 FLY	2:12.96	Nicholas Rees'82/SWIFT	Nassau	June 24, 2000	
	2:10.79	Damian Alleyne'84/BAR	Nassau	April 22, 2001	
	2:05.10	Jeremy Knowles'81/UN	Nassau	May 17, 2002	
	2:02.05	Jeremy Knowles'81/UN	Nassau	July 12, 2003	Yes
	2:00.87	Jeremy Knowles'81/UN	Nassau	June 26, 2004	Yes
	1:59.40	Jeremy Knowles'81/SWIFT	Nassau	July 3, 2005	
	1:56.72	Jonathan Gomez'96/COL	Nassau	July 1, 2016	
200 I.M.	2:10.22	Jeremy Knowles'81/SWIFT	Nassau	June 24, 2000	
	2:09.46	George Bovell'83/TRI	Nassau	April 21, 2001	
	2:08.67	Jeremy Knowles'81/UN	Nassau	June 30, 2001	Yes
	2:06.33	Jeremy Knowles'81/UN	Nassau	July 12, 2003	
	2:02.74	Jeremy Knowles'81/SWIFT	Milan	April 19, 2008	
	2:02.73	Carlos Omano'93/VEN	Nassau	June 24, 2016	
	2:02.65	Juan Sequeras'93/VEN	Nassau	June 24, 2016	
	2:02.26	Nikita Denisyako'88/RUS	Nassau	June 24, 2016	
400 I.M.	4:35.40	Jeremy Knowles'81/SWIFT	Nassau	June 22, 2000	
	4:33.94	Jeremy Knowles'81/UN	Nassau	May 17, 2002	Yes
	4:31.95	Bradley Ally'87/BAR	Nassau	April 16, 2004	Yes
	4:28.04	Jeremy Knowles'81/UN	Nassau	July 10, 2003	Yes
	4:19.37	Carlos Omano'93/VEN	Nassau	June 25,2016	Yes
RELAYS					
200 FREE	1:37.38	Allan Muray;Nicholas Rees; Martin LaRoda;Jeremy Knowles/SWIFT	Nassau	June 25, 2000	
	1:37.28	Armando Moss, Lucas Leitte, Inoa Charlton, T'Auren Moss/SBSC	Nassau	June 21, 2011	
	1:36.35	Vereance Burrows, Evante Gibson,	Nassau	June 21, 2011	

		Ashton Knowles, Michael McIntosh/FAC			
	1:36.12	Joshua Romany; Emiro Goossen	Nassau	April 15, 2012	
		Kareem Baptiste; Dylan Carter/TRI			
	1:35.77	Perez Moss, Miller Albury;	Nassau	June 26, 2016	
		Jorge Rodriquez, Armando Moss/AAC			
	1:34.77	Gershwin Greene, N'Nhyn Fernander;	Nassau	June 26, 2016	
		Keith Lloyd, Kohen Kerr/BSC			
	1:34.33	N'Nhyn Fernander; Izaak Bastian	Nassau	June 22, 2017	
		Gershwin Greene, Kohen Kerr/BSC			
400 FREE	3:38.55	Martyn Forde;Terrance Haynes;	Nassau	April 20, 2001	
		Cliff Gittens;Damian Alleyne/BAR			
	3:35.40	Joshua Romany; Emiro Goossen	Nassau	April 13, 2012	
		Kareem Baptiste; Dylan Carter/TRI			
	3:31.54	Perez Moss, Miller Albury;	Nassau	June 23, 2016	
		Jared Fitzgerald; Armando Moss/BAH			
	3:30.61	Sidrell Williams, Dominic Walter;	Nassau	June 29, 2016	
		Timothy Wynter; Justin Plaschka/JAM			
	3:27.09	Jabari Baptiste, Caryle Blondell;	Nassau	June 29, 2016	
		Dylan Carter; Joshua MC Leod/TTO			
800 FREE	8:02.99	Dustin Tynes; Matthew Lowe	Nassau	April 14, 2012	
		Anibal Hernandez Valdes; T'auren Moss/BAH			
	7:55.80	Daniel Jacobs; Joseph Winterdal	Nassau	July 1, 2016	
		Patrick Groters; Mikel Schreuders/ARU			
	7:54.27	Dylan Carter; Jabari Baptiste	Nassau	July 1, 2016	
		Jivan Chee Foon ; David MC Leod/TTO			
200 MEDLEY	1:51.95	Jeremy Knowles;Allan Murray;	Nassau	June 23, 2000	
		Nicholas Rees;Riccardo Davis/SWIFT			
	1:48.92	Evante Gibson, Michael McIntosh,	Nassau	June 21, 2011	
		Vereance Burrows, Ashton Knowles/FAC			
	1:48.86	Matthew Lowe,Utoy Wong,	Nassau	June 27, 2015	
		N'Nhyn Fernander, Kohen Kerr/BSc			
	1:47.57	Dionisio Carey; Dustin Tynes	Nassau	June 25, 2016	
		Jeremy Knowles, Joshua Roberts/SWIFT			
	1:46.72	Keith Lloyd; Izaak Bastian	Nassau	June 22, 2017	
		N'Nhyn Fernander; Gershwin Greene/BSC			
400 MEDLEY	4:06.94	Nicholas Rees;Lazar Charlton;	Nassau	June 24, 2000	
		Jeremy Knowles;Martin LaRoda/SWIFT			
	4:06.27	T'Auren Moss, Lucas Leitte,	Nassau	June 18, 2011	
		Armando Moss, Inoa Charlton/SBSC			
	3:57.83	Dylan Carter; Ross Phillips	Nassau	April 13, 2012	
		Emiro Goossen; Joshua Romany/TRI			
	3:49.83	Matthew Lowe; Dustin Tynes;	Nassau	July 1, 2016	Yes
		Vereance Burrows; Armando Moss/BAH			