

# BAHAMAS SWIMMING FEDERATION

## HISTORY - LONG COURSE RECORDS

BOYS 9 & 10 - BAHAMAS

June 22, 2017

| EVENT     | RECORD                   | NAME                                | CITY                                  | DATE                             |                                   |
|-----------|--------------------------|-------------------------------------|---------------------------------------|----------------------------------|-----------------------------------|
| 50 FREE   | 39.08                    | Adel Lockhart'88/SBSC               | Plantation                            | May 2, 1999                      |                                   |
|           | 34.74                    | Damien Neymour'89/SWIFT             | Plantation                            | July 25, 1999                    |                                   |
|           | 34.72                    | Vereance Burrows'89/FAC             | Nassau                                | June 25, 2000                    |                                   |
|           | 32.18                    | Vereance Burrows'89/FAC             | Nassau                                | June 25, 2000                    |                                   |
|           | 32.01                    | Jonathan Bain'90/UN                 | Nassau                                | July 1, 2001                     |                                   |
|           | 31.56                    | Jonathan Bain'90/UN                 | Nassau                                | July 1, 2001                     |                                   |
|           | 31.31                    | Evante Gibson'94/WAVE               | Nassau                                | July 3, 2005                     |                                   |
|           | 31.19                    | Evante Gibson'94/WAVE               | Nassau                                | July 3, 2005                     |                                   |
|           | 31.07                    | Dionisio Carey'97/BSC               | Nassau                                | May 31, 2008                     |                                   |
|           | 30.57                    | Dionisio Carey'97/BSC               | Nassau                                | November 7, 2008                 |                                   |
|           | 29.94                    | Dionisio Carey'97/BSC               | Nassau                                | December 13, 2008                |                                   |
|           | 29.91                    | Nigel Forbes'06/FAC                 | Nassau                                | November 28, 2015                |                                   |
|           | 29.70                    | Nigel Forbes'06/FAC                 | Nassau                                | June 26, 2016                    |                                   |
|           | 28.38                    | Nigel Forbes'06/FAC                 | Nassau                                | June 26, 2016                    |                                   |
|           |                          | <a href="#">28.28</a>               | <a href="#">Marvin Johnson'06/BMA</a> | <a href="#">Nassau</a>           | <a href="#">June 26, 2016</a>     |
| 100 FREE  | 1:13.65                  | Brito Stuart'88/SBSC                | Plantation                            | May 1, 1999                      |                                   |
|           | 1:09.30                  | Jonathan Bain'90/UN                 | Nassau                                | June 30, 2001                    |                                   |
|           | 1:09.23                  | Jonathan Bain'90/UN                 | Nassau                                | June 30, 2001                    |                                   |
|           | 1:09.03                  | Evante Gibson'94/WAVE               | Nassau                                | July 2, 2005                     |                                   |
|           | 1:08.81                  | T'Auren Moss'95/DSC                 | Nassau                                | July 8, 2006                     |                                   |
|           | 1:08.10                  | T'Auren Moss'95/DSC                 | Nassau                                | July 8, 2006                     |                                   |
|           | 1:05.61                  | Lamar Taylor'03/FAC                 | Atlanta                               | August 2, 2014                   |                                   |
|           | 1:05.55                  | Nigel Forbes'05/FAC                 | Nassau                                | October 30, 2015                 |                                   |
|           |                          | <a href="#">1:04.69</a>             | <a href="#">Marvin Johnson'06/FAC</a> | <a href="#">Nassau</a>           | <a href="#">June 25, 2016</a>     |
|           |                          | <a href="#">1:03.40</a>             | <a href="#">Nigel Forbes'05/FAC</a>   | <a href="#">Nassau</a>           | <a href="#">June 25, 2016</a>     |
|           | <a href="#">1:02.30</a>  | <a href="#">Nigel Forbes'05/FAC</a> | <a href="#">Charlotte</a>             | <a href="#">July 29, 2016</a>    |                                   |
| 200 FREE  | 2:41.57                  | Brito Stuart'88/SBSC                | Plantation                            | May 2, 1999                      |                                   |
|           | 2:33.27                  | Jonathan Bain'90/UN                 | Nassau                                | June 29, 2001                    |                                   |
|           | 2:29.93                  | Matthew Lowe'94/BSC                 | Nassau                                | July 1, 2005                     |                                   |
|           | 2:27.29                  | Dionisio Carey'97/BSC               | Nassau                                | December 13, 2008                |                                   |
|           | 2:26.38                  | Lamar Taylor'03/FAC                 | Nassau                                | November 8, 2014                 |                                   |
|           | 2:26.09                  | Nigel Forbes'05/FAC                 | Nassau                                | June 26, 2015                    |                                   |
|           | 2:23.75                  | Nigel Forbes'05/FAC                 | Nassau                                | January 16, 2016                 |                                   |
|           | 2:21.05                  | Marvin Johnson'06/FAC               | Nassau                                | June 24, 2016                    |                                   |
|           | 2:17.61                  | Nigel Forbes'05/FAC                 | Nassau                                | June 24, 2016                    |                                   |
|           |                          | <a href="#">2:16.95</a>             | <a href="#">Marvin Johnson'06/FAC</a> | <a href="#">Nassau</a>           | <a href="#">June 23, 2017</a>     |
| 400 FREE  | 7:03.02                  | Armando Moss'92/DSC                 | Nassau                                | May 31, 2003                     |                                   |
|           | 6:16.00                  | Matthew Lowe'94/BSC                 | Nassau                                | February 21, 2004                |                                   |
|           | 5:49.35                  | Matthew Lowe'94/BSC                 | Nassau                                | March 13, 2004                   |                                   |
|           | 5:37.44                  | Matthew Lowe'94/BSC                 | Nassau                                | June 25, 2004                    |                                   |
|           | 5:35.06                  | Matthew Lowe'94/BSC                 | Nassau                                | December 3, 2004                 |                                   |
|           | 5:31.24                  | Matthew Lowe'94/BSC                 | Nassau                                | February 5, 2005                 |                                   |
|           | 5:13.94                  | Matthew Lowe'94/BSC                 | Nassau                                | June 30, 2005                    |                                   |
|           | 5:06.63                  | Matthew Lowe'94/BSC                 | Nassau                                | November 19, 2005                |                                   |
|           | 5:06.22                  | Nigel Forbes'06/BMA                 | Nassau                                | June 25, 2015                    |                                   |
|           | 5:01.85                  | Nigel Forbes'06/FAC                 | Nassau                                | October 30, 2015                 |                                   |
|           |                          | <a href="#">4:56.37</a>             | <a href="#">Nigel Forbes'06/FAC</a>   | <a href="#">Nassau</a>           | <a href="#">June 26, 2016</a>     |
|           |                          | <a href="#">4:51.93</a>             | <a href="#">Nigel Forbes'05/FAC</a>   | <a href="#">Charlotte</a>        | <a href="#">July 30, 2016</a>     |
|           | 800 FREE                 | <a href="#">11:36.10</a>            | <a href="#">T'Auren Moss'95/DSC</a>   | <a href="#">Nassau</a>           | <a href="#">February 10, 2006</a> |
| 1500 FREE | <a href="#">22:40.11</a> | <a href="#">Matthew Lowe'94/BSC</a> | <a href="#">Nassau</a>                | <a href="#">February 4, 2005</a> |                                   |

| 50 BACK    | 42.92                   | Brito Stuart'88/SBSC                  | Plantation                | May 2, 1999                       |
|------------|-------------------------|---------------------------------------|---------------------------|-----------------------------------|
|            | 41.57                   | Vereance Burrows'89/FAC               | Nassau                    | June 23, 2000                     |
|            | 39.91                   | Vereance Burrows'89/FAC               | Nassau                    | June 23, 2000                     |
|            | 38.56                   | Travis Strachan'92/FAC                | Nassau                    | July 11, 2003                     |
|            | 38.28                   | Mancer Roberts'93/BSC                 | Nassau                    | June 25, 2004                     |
|            | 37.95                   | T'Auren Moss'95/DSC                   | Nassau                    | July 9, 2006                      |
|            | 36.60                   | Dionisio Carey'97/BSC                 | Nassau                    | February 8, 2008                  |
|            | 35.58                   | Dionisio Carey'97/BSC                 | Nassau                    | June 29, 2008                     |
|            | <a href="#">33.45</a>   | <a href="#">Dionisio Carey'97/BSC</a> | <a href="#">Nassau</a>    | <a href="#">November 7, 2008</a>  |
| 100 BACK   | 1:33.64                 | Brito Stuart'88/SBSC                  | Plantation                | May 1, 1999                       |
|            | 1:31.41                 | Damien Neymour'89/SWIFT               | Plantation                | July 24, 1999                     |
|            | 1:26.64                 | Je'Vaughn Saunders'89/BSC             | Nassau                    | June 25, 2000                     |
|            | 1:25.90                 | Travis Strachan'92/FAC                | Nassau                    | July 13, 2003                     |
|            | 1:22.82                 | Mancer Roberts'93/BSC                 | Nassau                    | June 27, 2004                     |
|            | 1:22.20                 | Mancer Roberts'93/BSC                 | Nassau                    | November 20, 2004                 |
|            | 1:21.77                 | T'Auren Moss'95/DSC                   | Nassau                    | July 7, 2006                      |
|            | 1:20.11                 | Dionisio Carey'97/BSC                 | Nassau                    | June 27, 2008                     |
|            | 1:18.91                 | Dionisio Carey'97/BSC                 | Nassau                    | December 13, 2008                 |
|            | <a href="#">1:17.50</a> | <a href="#">Nigel Forbes'05/FAC</a>   | <a href="#">Nassau</a>    | <a href="#">December 17, 2016</a> |
| 200 BACK   | 3:23.30                 | Jaye Butler'91/BSC                    | Nassau                    | March 9, 2001                     |
|            | 3:14.96                 | Matthew Lowe'94/BSC                   | Nassau                    | March 13, 2004                    |
|            | <a href="#">3:06.38</a> | <a href="#">Matthew Lowe'94/BSC</a>   | <a href="#">Nassau</a>    | <a href="#">March 6, 2005</a>     |
| EVENT      | RECORD                  | NAME                                  | CITY                      | DATE                              |
| 50 BREAST  | 45.48                   | Adel Lockhart'88/SBSC                 | Plantation                | May 1, 1999                       |
|            | 42.42                   | Devon Bethel'89/BSC                   | Nassau                    | June 24, 2000                     |
|            | 41.44                   | Devon Bethel'89/BSC                   | Nassau                    | June 24, 2000                     |
|            | 41.33                   | Ramon Strachan'90/SBSC                | Nassau                    | June 30, 2001                     |
|            | 40.99                   | Ramon Strachan'90/SBSC                | Nassau                    | July 14, 2001                     |
|            | 39.86                   | Evante Gibson'94/WAVE                 | Nassau                    | July 1, 2005                      |
|            | 39.80                   | Evante Gibson'94/WAVE                 | Nassau                    | July 1, 2005                      |
|            | 38.96                   | Dionisio Carey'97/BSC                 | Nassau                    | June 27, 2008                     |
|            | 37.12                   | Dionisio Carey'97/BSC                 | Nassau                    | June 27, 2008                     |
|            | <a href="#">36.75</a>   | <a href="#">Nigel Forbes'06/FAC</a>   | <a href="#">Nassau</a>    | <a href="#">June 25, 2016</a>     |
| 100 BREAST | 1:40.27                 | Brito Stuart'88/SBSC                  | Plantation                | May 2, 1999                       |
|            | 1:38.50                 | Ramon Strachan'90/DSC                 | Ft. Lauderdale            | April 1, 2000                     |
|            | 1:34.95                 | Ramon Strachan'90/DSC                 | Nassau                    | June 24, 2000                     |
|            | 1:34.45                 | Ramon Strachan'90/SBSC                | Nassau                    | July 1, 2001                      |
|            | 1:33.76                 | Dimitri Knowles'92/FAC                | Nassau                    | July 13, 2003                     |
|            | 1:33.42                 | Evante Gibson'94/WAVE                 | Nassau                    | March 6, 2005                     |
|            | 1:28.79                 | Evante Gibson'94/WAVE                 | Nassau                    | July 2, 2005                      |
|            | 1:28.78                 | Evante Gibson'94/WAVE                 | Nassau                    | July 2, 2005                      |
|            | 1:25.30                 | Evante Gibson'94/WAVE                 | Nassau                    | December 3, 2005                  |
|            | <a href="#">1:22.37</a> | <a href="#">Izaak Bastian'01/BSC</a>  | <a href="#">Nassau</a>    | <a href="#">June 16, 2012</a>     |
|            | <a href="#">1:22.33</a> | <a href="#">Nigel Forbes'05/FAC</a>   | <a href="#">Charlotte</a> | <a href="#">July 30, 2016</a>     |
| 200 BREAST | 3:24.37                 | Evante Gibson'94/WAVE                 | Nassau                    | March 5, 2005                     |
|            | <a href="#">3:08.31</a> | <a href="#">Evante Gibson'94/WAVE</a> | <a href="#">Nassau</a>    | <a href="#">December 3, 2005</a>  |
| 50 FLY     | 50.33                   | Christopher Albury'88/SBSC            | Plantation                | May 1, 1999                       |
|            | 40.78                   | Damien Neymour'89/SWIFT               | Plantation                | July 24, 1999                     |
|            | 35.76                   | Vereance Burrows'89/FAC               | Nassau                    | June 23, 2000                     |
|            | 35.20                   | Vereance Burrows'89/FAC               | Nassau                    | June 23, 2000                     |
|            | 35.03                   | Jonathan Bain'90/UN                   | Nassau                    | June 29, 2001                     |
|            | 32.87                   | Evante Gibson'94/WAVE                 | Nassau                    | July 2, 2005                      |
|            | 32.48                   | Dionisio Carey'97/BSC                 | Nassau                    | November 8, 2008                  |
|            | 31.17                   | Nigel Forbes'06/BMA                   | Nassau                    | June 26, 2015                     |
|            | 31.10                   | Nigel Forbes'06/BMA                   | Nassau                    | June 26, 2015                     |
|            | <a href="#">30.96</a>   | <a href="#">Nigel Forbes'06/BMA</a>   | <a href="#">Nassau</a>    | <a href="#">October 30, 2015</a>  |

|               |         |  |                           |                                  |
|---------------|---------|--|---------------------------|----------------------------------|
|               | 30.54   | <a href="#">Nigel Forbes'05/FAC</a>  | <a href="#">Charlotte</a> | <a href="#">July 31, 2016</a>    |
|               | 30.46   | <a href="#">Marvin Johnson'06/BMA</a>  | <a href="#">Nassau</a>    | <a href="#">June 23, 2017</a>    |
| 100 FLY       | 2:15.12 | Christopher Cole'90/SBSC   | Plantation                | May 2, 1999                      |
|               | 1:39.28 | Dylan Stewart'90/DSC   | Nassau                    | June 24, 2000                    |
|               | 1:27.89 | Vereance Burrows'89/FAC  | Nassau                    | June 24, 2000                    |
|               | 1:18.46 | Jonathan Bain'90/UN  | Nassau                    | June 30, 2001                    |
|               | 1:14.04 | Evante Gibson'94/WAVE  | Nassau                    | July 1, 2005                     |
|               | 1:13.30 | Dionisio Carey'97/BSC  | Nassau                    | November 8, 2008                 |
|               | 1:12.85 | Nigel Forbes'06/BMA  | Nassau                    | June 25, 2015                    |
|               | 1:12.24 | Nigel Forbes'06/BMA  | Nassau                    | June 25, 2015                    |
|               | 1:09.52 | <a href="#">Nigel Forbes'06/BMA</a>  | <a href="#">Nassau</a>    | <a href="#">June 23, 2016</a>    |
|               | 1:08.90 | <a href="#">Nigel Forbes'05/FAC</a>  | <a href="#">Charlotte</a> | <a href="#">July 31, 2016</a>    |
| 200 FLY       | 3:07.27 | <a href="#">Matthew Lowe'94/BSC</a>  | <a href="#">Nassau</a>    | <a href="#">February 5, 2005</a> |
| 200 I.M.      | 2:45.10 | Jeremy Knowles'81/SWIFT  | Port of Spain             | July 14, 1992                    |
|               | 2:43.68 | Dionisio Carey'97/BSC  | Nassau                    | November 8, 2008                 |
|               | 2:40.52 | <a href="#">Nigel Forbes'06/BMA</a>  | <a href="#">Nassau</a>    | <a href="#">October 30, 2015</a> |
|               | 2:38.54 | <a href="#">Nigel Forbes'06/BMA</a>  | <a href="#">Nassau</a>    | <a href="#">June 25, 2016</a>    |
| 400 I.M.      | 6:47.46 | <a href="#">Matthew Lowe'94/BSC</a>  | <a href="#">Nassau</a>    | <a href="#">March 5, 2005</a>    |
| <b>RELAYS</b> |         |  |                           |                                  |
| 200 FREE      | 2:18.78 | Je'Vaughn Saunders;Kieran Deveaux;<br>David Hanna;Devon Bethel/BSC                                     | Nassau                    | June 25, 2000                    |
|               | 2:18.34 | Stephan Burrows;Leonard Hudson;<br>Dimitri Knowles;Travis Strachan/FAC                                 | Nassau                    | July 14, 2002                    |
|               | 2:16.00 | Meshach Roberts; Greshwin Greene<br>Cedric Bowe; Dionisio Carey/BSC                                    | Nassau                    | June 26, 2008                    |
|               | 2:15.08 | Jared Fitzgerald, Anthony Rolle,<br>Tyrique Cox, Malik Hepburn/SBSC                                    | Nassau                    | June 25, 2009                    |
|               | 2:14.83 | <a href="#">Peter Morley, Mark Thompson</a><br><a href="#">Joshua Murray, Luke Thompson/SWIFT</a>      | <a href="#">Nassau</a>    | <a href="#">June 22, 2012</a>    |
| 400 FREE      | 5:44.89 | Jacob Fountain;Lashawn Bain;<br>David Darville;Taylor Lewis/FAC  | Nassau                    | July 14, 2001                    |
|               | 5:32.02 | Stephan Burrows;Leonard Hudson;<br>Dimitri Knowles;Taylor Lewis/FAC                                    | Nassau                    | July 11, 2002                    |
|               | 5:09.22 | Matthew Lowe;Devonn Knowles;<br>Camron Bruney;Mancer Roberts/BSC                                       | Nassau                    | June 24, 2004                    |
|               | 5:08.66 | Gershwin Greene, Aikman Austin,<br>Khadn Adderley, Clement Bowe/BSC                                    | Nassau                    | June 25, 2009                    |
|               | 5:07.43 | Peter Morley, Joshua Murray,<br>Mark A Thompson, Luke K Thompson/SWIFT                                 | Nassau                    | June 17, 2012                    |
|               | 5:05.84 | <a href="#">J Charles, D Roy,</a><br><a href="#">D Ferguson, C darvillen/AAC</a>                       | <a href="#">Nassau</a>    | <a href="#">June 12, 2017</a>    |
|               | 5:05.12 | <a href="#">E Pinder, R Knowles,</a><br><a href="#">L Duncombe, E Gibson/GBT</a>                       | <a href="#">Nassau</a>    | <a href="#">June 17, 2012</a>    |
| 200 MEDLEY    | 2:52.24 | La'Najee Moss;Ramon Strachan;<br>Dylan Stewart;Anthony Knowles/DSC                                     | Ft.Lauderdale             | April 1, 2000                    |
|               | 2:37.86 | Je'Vaughn Saunders;David Hanna;<br>Denaj Seymour;Devon Bethel/BSC                                      | Nassau                    | June 23, 2000                    |
|               | 2:35.92 | Mancer Roberts;Camron Bruney;  | Nassau                    | June 25, 2004                    |
|               | 2:30.50 | Meshach Roberts; Dionisio Carey<br>Cedric Bowe; Greshwin Greene/BSC                                    | Nassau                    | June 29, 2008                    |
|               | 2:26.83 | <a href="#">Peter Morley, Luke Thompson,</a><br><a href="#">Joshua Murray, Mark Thompson/SWIFT</a>     | <a href="#">Nassau</a>    | <a href="#">June 14, 2012</a>    |
|               | 2:26.31 | <a href="#">Christopher Neil, Izaak Bastain,</a><br><a href="#">Samuel Gibson, Sharmar St Rose/BSC</a> | <a href="#">Nassau</a>    | <a href="#">June 14, 2012</a>    |
|               |         |  |                           |                                  |
|               |         |  |                           |                                  |

# BAHAMAS SWIMMING FEDERATION

## HISTORY - LONG COURSE RECORDS

BOYS 9 & 10 - OPEN

June 26, 2016

| EVENT    | RECORD   | NAME                                  | CITY                   | DATE                          |                   |
|----------|----------|---------------------------------------|------------------------|-------------------------------|-------------------|
| 50 FREE  | 34.72    | Vereance Burrows'89/FAC               | Nassau                 | June 25, 2000                 |                   |
|          | 32.18    | Vereance Burrows'89/FAC               | Nassau                 | June 25, 2000                 |                   |
|          | 32.01    | Jonathan Bain'90/UN                   | Nassau                 | July 1, 2001                  |                   |
|          | 31.56    | Jonathan Bain'90/UN                   | Nassau                 | July 1, 2001                  |                   |
|          | 31.31    | Evante Gibson'94/WAVE                 | Nassau                 | July 3, 2005                  |                   |
|          | 31.19    | Evante Gibson'94/WAVE                 | Nassau                 | July 3, 2005                  |                   |
|          | 31.07    | Dionisio Carey'97/BSC                 | Nassau                 | May 31, 2008                  |                   |
|          | 30.57    | Dionisio Carey'97/BSC                 | Nassau                 | November 7, 2008              |                   |
|          | 29.94    | Dionisio Carey'97/BSC                 | Nassau                 | December 13, 2008             |                   |
|          | 29.91    | Nigel Forbes'06/FAC                   | Nassau                 | November 28, 2015             |                   |
|          | 29.70    | Nigel Forbes'06/FAC                   | Nassau                 | June 26, 2016                 |                   |
|          | 28.38    | Nigel Forbes'06/FAC                   | Nassau                 | June 26, 2016                 |                   |
|          | 28.28    | <a href="#">Marvin Johnson'06/BMA</a> | <a href="#">Nassau</a> | <a href="#">June 26, 2016</a> |                   |
|          | 100 FREE | 1:16.50                               | Dylan Stewart'90/DSC   | Nassau                        | June 24, 2000     |
| 1:15.56  |          | Jonathan Bain'90/SWIFT                | Nassau                 | June 24, 2000                 |                   |
| 1:09.30  |          | Jonathan Bain'90/UN                   | Nassau                 | June 30, 2001                 |                   |
| 1:09.23  |          | Jonathan Bain'90/UN                   | Nassau                 | June 30, 2001                 |                   |
| 1:09.03  |          | Evante Gibson'94/WAVE                 | Nassau                 | July 2, 2005                  |                   |
| 1:08.81  |          | T'Auren Moss'95/DSC                   | Nassau                 | July 8, 2006                  |                   |
| 1:08.10  |          | T'Auren Moss'95/DSC                   | Nassau                 | July 8, 2006                  |                   |
| 1:07.55  |          | Nigel Forbes'06/BMA                   | Nassau                 | June 27, 2015                 |                   |
| 1:05.55  |          | Nigel Forbes'06/FAC                   | Nassau                 | October 30, 2015              |                   |
| 1:04.69  |          | <a href="#">Marvin Johnson'06/FAC</a> | <a href="#">Nassau</a> | <a href="#">June 25, 2016</a> |                   |
| 1:03.40  |          | <a href="#">Nigel Forbes'05/FAC</a>   | <a href="#">Nassau</a> | <a href="#">June 25, 2016</a> |                   |
| 200 FREE | 2:46.85  | Kieran Deveaux'90/BSC                 | Nassau                 | June 23, 2000                 |                   |
|          | 2:42.00  | Jonathan Bain'90/UN                   | Nassau                 | March 17, 2001                |                   |
|          | 2:33.27  | Jonathan Bain'90/UN                   | Nassau                 | June 29, 2001                 |                   |
|          | 2:29.93  | Matthew Lowe'94/BSC                   | Nassau                 | July 1, 2005                  |                   |
|          | 2:27.29  | Dionisio Carey'97/BSC                 | Nassau                 | December 13, 2008             |                   |
|          | 2:26.38  | Lamar Taylor'03/FAC                   | Nassau                 | November 8, 2014              |                   |
|          | 2:26.09  | Nigel Forbes'06/FAC                   | Nassau                 | June 26, 2015                 |                   |
|          | 2:23.75  | Nigel Forbes'06/FAC                   | Nassau                 | January 16, 2016              |                   |
|          | 2:21.05  | Marvin Johnson'06/FAC                 | Nassau                 | June 24, 2016                 |                   |
|          | 2:17.61  | Nigel Forbes'05/FAC                   | Nassau                 | June 24, 2016                 |                   |
|          | 2:16.95  | <a href="#">Marvin Johnson'06/FAC</a> | <a href="#">Nassau</a> | <a href="#">June 23 2017</a>  |                   |
|          | 400 FREE | 7:03.02                               | Armando Moss'92/DSC    | Nassau                        | May 31, 2003      |
|          |          | 6:16.00                               | Matthew Lowe'94/BSC    | Nassau                        | February 21, 2004 |
| 5:49.35  |          | Matthew Lowe'94/BSC                   | Nassau                 | March 13, 2004                |                   |
| 5:37.44  |          | Matthew Lowe'94/BSC                   | Nassau                 | June 25, 2004                 |                   |
| 5:35.06  |          | Matthew Lowe'94/BSC                   | Nassau                 | December 3, 2004              |                   |
| 5:31.24  |          | Matthew Lowe'94/BSC                   | Nassau                 | February 5, 2005              |                   |
| 5:13.94  |          | Matthew Lowe'94/BSC                   | Nassau                 | June 30, 2005                 |                   |
| 5:06.63  |          | Matthew Lowe'94/BSC                   | Nassau                 | November 19, 2005             |                   |
| 5:06.22  |          | Nigel Forbes'06/BMA                   | Nassau                 | June 25, 2015                 |                   |
| 5:01.85  |          | Nigel Forbes'06/FAC                   | Nassau                 | October 30, 2015              |                   |

|              | <a href="#">4:56.37</a>  | <a href="#">Nigel Forbes'06/FAC</a>   | <a href="#">Nassau</a> | <a href="#">June 26, 2016</a>     |
|--------------|--------------------------|---------------------------------------|------------------------|-----------------------------------|
| 800 FREE     | <a href="#">11:36.10</a> | <a href="#">T'Auren Moss'95/DSC</a>   | <a href="#">Nassau</a> | <a href="#">February 10, 2006</a> |
| 1500 FREE    | <a href="#">22:40.11</a> | <a href="#">Matthew Lowe'94/BSC</a>   | <a href="#">Nassau</a> | <a href="#">February 4, 2005</a>  |
| 50 BACK      | 41.57                    | Vereance Burrows'89/FAC               | Nassau                 | June 23, 2000                     |
|              | 39.91                    | Vereance Burrows'89/FAC               | Nassau                 | June 23, 2000                     |
|              | 39.09                    | Michael Saltaformaggio'90/SBSC        | Nassau                 | June 29, 2001                     |
|              | 38.60                    | Michael Saltaformaggio'90/SBSC        | Nassau                 | June 29, 2001                     |
|              | 38.56                    | Travis Strachan'92/FAC                | Nassau                 | July 11, 2003                     |
|              | 38.28                    | Mancer Roberts'93/BSC                 | Nassau                 | June 25, 2004                     |
|              | 37.95                    | T'Auren Moss'95/DSC                   | Nassau                 | July 9, 2006                      |
|              | 36.60                    | Dionisio Carey'97/BSC                 | Nassau                 | February 8, 2008                  |
|              | 35.58                    | Dionisio Carey'97/BSC                 | Nassau                 | June 29, 2008                     |
|              | <a href="#">33.45</a>    | <a href="#">Dionisio Carey'97/BSC</a> | <a href="#">Nassau</a> | <a href="#">November 7, 2008</a>  |
| 100 BACK     | 1:26.64                  | Je'Vaughn Saunders'89/BSC             | Nassau                 | June 25, 2000                     |
|              | 1:23.76                  | Michael Saltaformaggio'90/SBSC        | Nassau                 | July 1, 2001                      |
|              | 1:22.82                  | Mancer Roberts'93/BSC                 | Nassau                 | June 27, 2004                     |
|              | 1:22.20                  | Mancer Roberts'93/BSC                 | Nassau                 | November 20, 2004                 |
|              | 1:21.77                  | T'Auren Moss'95/DSC                   | Nassau                 | July 7, 2006                      |
|              | 1:20.11                  | Dionisio Carey'97/BSC                 | Nassau                 | June 27, 2008                     |
|              | <a href="#">1:18.91</a>  | <a href="#">Dionisio Carey'97/BSC</a> | <a href="#">Nassau</a> | <a href="#">December 13, 2008</a> |
| 200 BACK     | 3:23.30                  | Jaye Butler'91/BSC                    | Nassau                 | March 9, 2001                     |
|              | 3:14.96                  | Matthew Lowe'94/BSC                   | Nassau                 | March 13, 2004                    |
|              | 3:06.38                  | Matthew Lowe'94/BSC                   | Nassau                 | March 6, 2005                     |
|              | <a href="#">2:51.92</a>  | <a href="#">Matthew Lowe'94/BSC</a>   | <a href="#">Nassau</a> | <a href="#">December 2, 2005</a>  |
| <b>EVENT</b> | <b>RECORD</b>            | <b>NAME</b>                           | <b>CITY</b>            | <b>DATE</b>                       |
| 50 BREAST    | 42.42                    | Devon Bethel'89/BSC                   | Nassau                 | June 24, 2000                     |
|              | 41.44                    | Devon Bethel'89/BSC                   | Nassau                 | June 24, 2000                     |
|              | 41.33                    | Ramon Strachan'90/SBSC                | Nassau                 | June 30, 2001                     |
|              | 40.99                    | Ramon Strachan'90/SBSC                | Nassau                 | July 14, 2001                     |
|              | 39.86                    | Evante Gibson'94/WAVE                 | Nassau                 | July 1, 2005                      |
|              | 39.80                    | Evante Gibson'94/WAVE                 | Nassau                 | July 1, 2005                      |
|              | 38.96                    | Dionisio Carey'97/BSC                 | Nassau                 | June 27, 2008                     |
|              | <a href="#">37.12</a>    | <a href="#">Dionisio Carey'97/BSC</a> | <a href="#">Nassau</a> | <a href="#">June 27, 2008</a>     |
|              | <a href="#">36.75</a>    | <a href="#">Nigel Forbes'06/FAC</a>   | <a href="#">Nassau</a> | <a href="#">June 25, 2016</a>     |
| 100 BREAST   | 1:34.95                  | Ramon Strachan'90/DSC                 | Nassau                 | June 24, 2000                     |
|              | 1:34.45                  | Ramon Strachan'90/SBSC                | Nassau                 | July 1, 2001                      |
|              | 1:33.76                  | Dimitri Knowles'92/FAC                | Nassau                 | July 13, 2003                     |
|              | 1:33.42                  | Evante Gibson'94/WAVE                 | Nassau                 | March 6, 2005                     |
|              | 1:28.79                  | Evante Gibson'94/WAVE                 | Nassau                 | July 2, 2005                      |
|              | 1:28.78                  | Evante Gibson'94/WAVE                 | Nassau                 | July 2, 2005                      |
|              | 1:25.30                  | Evante Gibson'94/WAVE                 | Nassau                 | December 3, 2005                  |
|              | <a href="#">1:22.37</a>  | <a href="#">Izaak Bastian'01/BSC</a>  | <a href="#">Nassau</a> | <a href="#">June 16, 2012</a>     |
| 200 BREAST   | 3:24.37                  | Evante Gibson'94/WAVE                 | Nassau                 | March 5, 2005                     |
|              | <a href="#">3:08.31</a>  | <a href="#">Evante Gibson'94/WAVE</a> | <a href="#">Nassau</a> | <a href="#">December 3, 2005</a>  |
| 50 FLY       | 35.76                    | Vereance Burrows'89/FAC               | Nassau                 | June 23, 2000                     |
|              | 35.20                    | Vereance Burrows'89/FAC               | Nassau                 | June 23, 2000                     |
|              | 35.03                    | Jonathan Bain'90/UN                   | Nassau                 | June 29, 2001                     |
|              | 32.87                    | Evante Gibson'94/WAVE                 | Nassau                 | July 2, 2005                      |
|              | 32.48                    | Dionisio Carey'97/BSC                 | Nassau                 | November 8, 2008                  |
|              | 31.17                    | Nigel Forbes'06/BMA                   | Nassau                 | June 26, 2015                     |
|              | 30.96                    | Nigel Forbes'06/BMA                   | Nassau                 | October 30, 2015                  |
|              | <a href="#">30.46</a>    | <a href="#">Marvin Johnson'06/FAC</a> | <a href="#">Nassau</a> | <a href="#">June 24, 2017</a>     |
| 100 FLY      | 1:27.89                  | Vereance Burrows'89/FAC               | Nassau                 | June 24, 2000                     |
|              | 1:18.46                  | Jonathan Bain'90/UN                   | Nassau                 | June 30, 2001                     |
|              | 1:14.04                  | Evante Gibson'94/WAVE                 | Nassau                 | July 1, 2005                      |
|              | 1:13.30                  | Dionisio Carey'97/BSC                 | Nassau                 | November 8, 2008                  |

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|               | 1:12.85                 | Nigel Forbes'06/BMA  | Nassau                 | June 25, 2015                    |
|               | 1:12.24                 | Nigel Forbes'06/BMA  | Nassau                 | June 25, 2015                    |
|               | <a href="#">1:09.52</a> | <a href="#">Nigel Forbes'06/BMA</a>  | <a href="#">Nassau</a> | <a href="#">June 23, 2016</a>    |
| 200 FLY       | <a href="#">3:07.27</a> | <a href="#">Matthew Lowe'94/BSC</a>  | <a href="#">Nassau</a> | <a href="#">February 5, 2005</a> |
| 200 I.M.      | 3:08.10                 | Je'Vaughn Saunders'89/BSC  | Nassau                 | June 22, 2000                    |
|               | 2:53.25                 | Jonathan Bain'90/UN  | Nassau                 | July 14, 2001                    |
|               | 2:51.09                 | Matthew Lowe'94/BSC  | Nassau                 | June 30, 2005                    |
|               | 2:50.34                 | Matthew Lowe'94/BSC  | Nassau                 | December 2, 2005                 |
|               | 2:43.68                 | Dionisio Carey'97/BSC  | Nassau                 | November 8, 2008                 |
|               | 2:40.52                 | Nigel Forbes'06/BMA  | Nassau                 | October 30, 2015                 |
|               | <a href="#">2:38.54</a> | <a href="#">Nigel Forbes'06/BMA</a>  | <a href="#">Nassau</a> | <a href="#">June 25, 2016</a>    |
| 400 I.M.      | <a href="#">6:47.46</a> | <a href="#">Matthew Lowe'94/BSC</a>  | <a href="#">Nassau</a> | <a href="#">March 5, 2005</a>    |
| <b>RELAYS</b> |                         |  |                        |                                  |
| 200 FREE      | 2:18.78                 | Je'Vaughn Saunders;Kieran Deveaux;<br>David Hanna;Devon Bethel/BSC                                     | Nassau                 | June 25, 2000                    |
|               | 2:18.34                 | Stephan Burrows;Leonard Hudson;<br>Dimitri Knowles;Travis Strachan/FAC                                 | Nassau                 | July 14, 2002                    |
|               | 2:16.00                 | Meshach Roberts; Greshwin Greene<br>Cedric Bowe; Dionisio Carey/BSC                                    | Nassau                 | June 26, 2008                    |
|               | 2:15.08                 | Jared Fitzgerald, Anthony Rolle,<br>Tyrique Cox, Malik Hepburn/SBSC                                    | Nassau                 | June 25, 2009                    |
|               | <a href="#">2:14.83</a> | <a href="#">Peter Morley, Mark Thompson</a><br><a href="#">Joshua Murray, Luke Thompson/SWIFT</a>      | <a href="#">Nassau</a> | <a href="#">June 14, 2012</a>    |
| 400 FREE      | 5:44.89                 | Jacob Fountain;Lashawn Bain;<br>David Darville;Taylor Lewis/FAC  | Nassau                 | July 14, 2001                    |
|               | 5:32.02                 | Stephan Burrows;Leonard Hudson;<br>Dimitri Knowles;Taylor Lewis/FAC                                    | Nassau                 | July 11, 2002                    |
|               | 5:09.22                 | Matthew Lowe;Devonn Knowles;<br>Camron Bruney;Mancer Roberts/BSC                                       | Nassau                 | June 24, 2004                    |
|               | 5:08.66                 | Gershwin Greene, Aikman Austin,<br>Khadn Adderley, Clement Bowe/BSC                                    | Nassau                 | June 25, 2009                    |
|               | 5:07.43                 | Peter Morley, Joshua Murray,<br>Mark A Thompson, Luke K Thompson/SWIFT                                 | Nassau                 | June 17, 2012                    |
|               | <a href="#">5:05.84</a> | <a href="#">J Charles, D Roy,</a><br><a href="#">D Ferguson, C darvillen/AAC</a>                       | <a href="#">Nassau</a> | <a href="#">June 12, 2017</a>    |
|               | <a href="#">5:05.12</a> | <a href="#">E Pinder, R Knowles,</a><br><a href="#">L Duncombe, E Gibson/GBT</a>                       | <a href="#">Nassau</a> | <a href="#">June 17, 2012</a>    |
| 200 MEDLEY    | 2:37.86                 | Je'Vaughn Saunders;David Hanna;<br>Denaj Seymour;Devon Bethel/BSC                                      | Nassau                 | June 23, 2000                    |
|               | 2:35.92                 | Mancer Roberts;Camron Bruney;<br>Matthew Lowe;Devonn Knowles/BSC                                       | Nassau                 | June 25, 2004                    |
|               | 2:30.50                 | Meshach Roberts; Dionisio Carey<br>Cedric Bowe; Greshwin Greene/BSC                                    | Nassau                 | June 29, 2008                    |
|               | 2:26.83                 | Peter Morley, Luke Thompson,<br>Joshua Murray, Mark Thompson/SWIFT                                     | Nassau                 | June 14, 2012                    |
|               | <a href="#">2:26.31</a> | <a href="#">Christopher Neil, Izaak Bastain,</a><br><a href="#">Samuel Gibson, Sharmar St Rose/BSC</a> | <a href="#">Nassau</a> | <a href="#">June 14, 2012</a>    |

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| 1:02.30 | Nigel Forbes' | Charlotte | July 29, 2016 |
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