

**BAHAMAS SWIMMING FEDERATION**  
**BAHAMAS LONG COURSE RECORDS**  
**SENIOR GIRLS**

<b>EVENT</b>	<b>RECORD</b>	<b>NAME</b>	<b>CITY</b>
50 FREE	24.31	Arianna Vanderpool-Wallace'90/UN	Glasgow
100 FREE	53.73	Arianna Vanderpool-Wallace'90/UN	London
200 FREE	1:59.19	Joanna Evans'97/SWIFT	Taipei
400 FREE	4:07.60	Joanna Evans'97/SWIFT	Rio
800 FREE	8:31.18	Joanna Evans'97/SWIFT	Taipei
50 BACK	29.40	Alana Dillette'87/SWIFT	Nassau
100 BACK	1:02.56	Alana Dillette'87/SWIFT	Beijing
200 BACK	2:20.22	McKayla Lightbourn'92/SWIFT	Nassau
50 BREAST	32.80	Albury Higgs'99/SWIFT	Nassau
100 BREAST	1:11.17	Albury Higgs'99/SWIFT	Nassau
200 BREAST	2:32.30	Albury Higgs'99/SWIFT	Nassau
50 FLY	25.53	Arianna Vanderpool-Wallace'90/SWIFT	Glasgow
100 FLY	58.87	Arianna Vanderpool-Wallace'90/SWIFT	Charlotte
200 FLY	2:21.67	Arianna Vanderpool-Wallace'90/UN	Kingston
200 I.M.	2:18.10	Joanna Evans'97/SWIFT	Nassau
400 I.M.	4:59.25	Joanna Evans'97/SWIFT	Barbados
<b>RELAYS</b>			
200 FREE	1:48.06	Arianna Vanderpool-Wallace;Alicia Lightbourne Ashley Butler; Ariel Weech/BAH	Aruba
400 FREE	3:47.40	Alana Dillette; Arianna Vanderpool-Wallace; Ariel Weech; Alicia Lightbourne/BAH	Montreal
800 FREE	8:36.28	Alana Dillette, Teisha Lightbourne; Jenna Chaplin; Arianna Vanderpool-Wallace	Mayaguez
200 MEDLEY	1:58.81	Alana Dillette, McKayla Lightbourn, Arianna Vanderpool-Wallace, Ashley Butler	Nassau
400 MEDLEY	4:15.59	Alana Dillette; Alicia Lightbourne Arianna Vanderpool-Wallace;Teisha Lightbourne/BAH	Rome

June 19, 2018

DATE
July 26, 2014
August 1, 2012
August 23, 2017
August 6, 2016
August 25, 2017
June 20, 2011
August 10, 2008
June 16, 2012
June 18, 2018
June 17, 2018
June 16, 2018
July 27, 2014
May 16, 2015
April 9, 2007
June 18, 2018
April 4, 2015
March 30, 2008
March 29, 2012
July 18, 2010
June 20, 2011
August 1, 2009