

**BAHAMAS SWIMMING FEDERATION**  
**BAHAMAS LONG COURSE RECORDS**  
**SENIOR GIRLS**

<b>EVENT</b>	<b>RECORD</b>	<b>NAME</b>	<b>CITY</b>
50 FREE	24.31	Arianna Vanderpool-Wallace'90/UN	Glasgow
100 FREE	53.73	Arianna Vanderpool-Wallace'90/UN	London
200 FREE	2:01.27	Joanna Evans'97/SWIFT	Rio
400 FREE	4:07.60	Joanna Evans'97/SWIFT	Rio
800 FREE	8:32.19	Joanna Evans'97/SWIFT	Nassau
50 BACK	29.40	Alana Dillette'87/SWIFT	Nassau
100 BACK	1:02.56	Alana Dillette'87/SWIFT	Beijing
200 BACK	2:20.22	McKayla Lightbourn'92/SWIFT	Nassau
50 BREAST	32.84	Alicia Lightbourne'90/SBSC	Rome
100 BREAST	1:11.46	Laura Morley'96/SWIFT	Indianapolis
200 BREAST	2:32.98	Laura Morley'96/SWIFT	Indianapolis
50 FLY	25.53	Arianna Vanderpool-Wallace'90/SWIFT	Glasgow
100 FLY	58.87	Arianna Vanderpool-Wallace'90/SWIFT	Charlotte
200 FLY	2:21.67	Arianna Vanderpool-Wallace'90/UN	Kingston
200 I.M.	2:19.72	McKayla Lightbourn'92/SWIFT	Florida
400 I.M.	4:59.25	Joanna Evans'97/SWIFT	Barbados
<b>RELAYS</b>			
200 FREE	1:48.06	Arianna Vanderpool-Wallace;Alicia Lightbourne Ashley Butler; Ariel Weech/BAH	Aruba
400 FREE	3:47.40	Alana Dillette; Arianna Vanderpool-Wallace; Ariel Weech: Alicia Lightbourne/BAH	Montreal
800 FREE	8:36.28	Alana Dillette, Teisha Lightbourne; Jenna Chaplin; Arianna Vanderpool-Wallace	Mayaquez
200 MEDLEY	1:58.81	Alana Dillette, McKayla Lightbourn, Arianna Vanderpool-Wallace, Ashley Butler	Nassau
400 MEDLEY	4:15.59	Alana Dillette; Alicia Lightbourne Arianna Vanderpool-Wallace;Teisha Lightbourne/BAH	Rome

March 4, 2017

DATE
July 26, 2014
August 1, 2012
August 8, 2016
August 6, 2016
June 23, 2016
June 20, 2011
August 10, 2008
June 16, 2012
August 1, 2009
March 4, 2017
March 2, 2017
July 27, 2014
May 16, 2015
April 9, 2007
March 12, 2011
April 4, 2015
March 30, 2008
March 29, 2012
July 18, 2010
June 20, 2011
August 1, 2009