

BAHAMAS SWIMMING

Individual Top Times

Times since: 13-Jun-15 Times until: 26-May-16

Bahamas [BAH]

Number of Top Times: 5 Show Long Course Only

	Time	P/F/S	Name	Age/Yr	
Female 11-12 50 Free					
1	29.43 L	CISC F	Hailey Johnson	12	4/22/2016 FGC MACM INV.
2	29.59 L	L CISC F	Katelyn Cabral	12	3/22/2016 XXXI Carifta Swimming Championships
3	29.61 L	CISC F	Madison Mortimer	12	4/22/2016 FGC MACM INV.
4	29.94 L	CISC F	Charlot Russell	12	11/27/2015 Team Orca Winter Invitational
5	29.96 L	CISC F	Zaylie-Elizabeth Thompson	11	11/26/2015 XXXIII Invitational Internacional Naco ?
Female 11-12 100 Free					
1	1:05.63 L	CISC P	Madison Mortimer	12	3/22/2016 XXXI Carifta Swimming Championships
2	1:06.92 L	L F	Katelyn Cabral	12	3/22/2016 XXXI Carifta Swimming Championships
3	1:07.19 L	P	Charlot Russell	12	6/25/2015 2015 Bahamas National Championships
4	1:07.36 L	F	Zaylie-Elizabeth Thompson	11	11/26/2015 XXXIII Invitational Internacional Naco ?
5	1:07.65 L	F	Hailey Johnson	12	2/19/2016 BSF Last Chance Meet 2016
Female 11-12 200 Free					
1	2:23.52 L	CISC P	Madison Mortimer	12	3/22/2016 XXXI Carifta Swimming Championships
2	2:24.82 L	P	Zaylie-Elizabeth Thompson	11	3/22/2016 XXXI Carifta Swimming Championships
3	2:30.71 L	F	Salene Gibson	11	4/15/2016 Team Orca Post Carifta Invitational 201
4	2:31.96 L	F	Olivia Blue	12	10/30/2015 SWIFT GB CARQUEST Invitational
5	2:33.40 L	F	Giovanna Eneas	12	2/19/2016 BSF Last Chance Meet 2016
Female 11-12 400 Free					
1	4:59.70 L	CISC F	Katelyn Cabral	12	3/22/2016 XXXI Carifta Swimming Championships
2	5:05.19 L	F	Zaylie-Elizabeth Thompson	11	3/22/2016 XXXI Carifta Swimming Championships
3	5:19.71 L	F	Madison Mortimer	12	3/11/2016 BSC Atlantic Medical Invitational
4	5:20.68 L	F	Giovanna Eneas	12	4/29/2016 2016 IMR Pentathlon - SUN 042916
5	5:21.97 L	F	Salene Gibson	11	2/13/2016 Sea Bees Pre-Valentine Invitational
Female 11-12 800 Free					
1	10:59.81 L	F	Salene Gibson	11	3/4/2016 SWAT Spring Invitational
2	11:19.26 L	F	Giovanna Eneas	12	2/19/2016 BSF Last Chance Meet 2016
3	11:57.78 L	F	Ebonie Taylor	12	3/4/2016 SWAT Spring Invitational
4	12:54.71 L	F	Allison Taylor	12	3/11/2016 BSC Atlantic Medical Invitational
5	13:58.82 L	F	Kelsey Reid	12	2/19/2016 BSF Last Chance Meet 2016
Female 11-12 50 Back					
1	33.55 L	CISC P	Katelyn Cabral	12	3/22/2016 XXXI Carifta Swimming Championships
2	35.52 L	P	Charlot Russell	12	3/22/2016 XXXI Carifta Swimming Championships
3	36.50 L	F	Madison Mortimer	12	2/13/2016 Sea Bees Pre-Valentine Invitational
4	37.02 L	F	Mandia Roberts	12	6/25/2015 2015 Bahamas National Championships
5	37.22 L	F	Zaylie-Elizabeth Thompson	11	1/15/2016 Gunite Pools Swift Heptathlon Meet
Female 11-12 100 Back					
1	1:12.50 L	CISC F	Katelyn Cabral	12	3/22/2016 XXXI Carifta Swimming Championships
2	1:19.84 L	F	Madison Mortimer	12	2/13/2016 Sea Bees Pre-Valentine Invitational
3	1:21.34 L	F	Zaylie-Elizabeth Thompson	11	10/30/2015 SWIFT GB CARQUEST Invitational
4	1:21.97 L	F	Charlot Russell	12	4/29/2016 2016 IMR Pentathlon - SUN 042916
5	1:22.30 L	F	Mandia Roberts	12	6/25/2015 2015 Bahamas National Championships
Female 11-12 200 Back					
1	2:50.23 L	P	Katelyn Cabral	12	3/22/2016 XXXI Carifta Swimming Championships
2	2:53.05 L	P	Charlot Russell	12	3/22/2016 XXXI Carifta Swimming Championships
3	2:55.63 L	F	Zaylie-Elizabeth Thompson	11	4/15/2016 Team Orca Post Carifta Invitational 201
4	2:56.39 L	F	Mandia Roberts	12	6/25/2015 2015 Bahamas National Championships
5	2:59.53 L	F	Madison Mortimer	12	2/19/2016 BSF Last Chance Meet 2016

BAHAMAS SWIMMING

Individual Top Times

Times since: 13-Jun-15 Times until: 26-May-16

Number of Top Times: 5 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
Female 11-12 50 Breast						
1	37.67 L	CISC F	Jamilah Hepburn	12	4/22/2016	FGC MACM INV.
2	38.38 L	CISC F	Zaylie-Elizabeth Thompson	11	3/22/2016	XXXI Carifta Swimming Championships
3	40.12 L	F	Rachel Lundy	11	4/15/2016	Team Orca Post Carifta Invitational 2016
4	40.68 L	F	Mandia Roberts	12	2/19/2016	BSF Last Chance Meet 2016
5	41.02 L	F	Arriel Quant	11	2/19/2016	BSF Last Chance Meet 2016
Female 11-12 100 Breast						
1	1:24.07 L	CISC F	Jamilah Hepburn	12	4/22/2016	FGC MACM INV.
2	1:26.07 L	P	Zaylie-Elizabeth Thompson	11	3/22/2016	XXXI Carifta Swimming Championships
3	1:28.26 L	F	Mandia Roberts	12	6/25/2015	2015 Bahamas National Championships
4	1:29.21 L	F	Rachel Lundy	11	3/4/2016	SWAT Spring Invitational
5	1:31.15 L	F	Ebonie Taylor	12	4/15/2016	Team Orca Post Carifta Invitational 2016
Female 11-12 200 Breast						
1	3:05.30 L	P	Jamilah Hepburn	12	3/22/2016	XXXI Carifta Swimming Championships
2	3:08.62 L	F	Zaylie-Elizabeth Thompson	11	1/29/2016	BSC Leno Corporate Services Invitational
3	3:14.81 L	F	Ebonie Taylor	12	4/15/2016	Team Orca Post Carifta Invitational 2016
4	3:15.16 L	F	Rachel Lundy	11	3/4/2016	SWAT Spring Invitational
5	3:17.67 L	F	Mandia Roberts	12	6/25/2015	2015 Bahamas National Championships
Female 11-12 50 Fly						
1	30.93 L	CISC P	Katelyn Cabral	12	3/22/2016	XXXI Carifta Swimming Championships
2	31.70 L	CISC F	Mandia Roberts	12	3/22/2016	XXXI Carifta Swimming Championships
3	32.58 L	CISC F	Hailey Johnson	12	4/22/2016	FGC MACM INV.
4	33.11 L	F	Rachel Lundy	11	6/25/2015	2015 Bahamas National Championships
5	33.42 L	F	Charlot Russell	12	6/25/2015	2015 Bahamas National Championships
Female 11-12 100 Fly						
1	1:11.40 L	CISC F	Katelyn Cabral	12	6/25/2015	2015 Bahamas National Championships
2	1:14.40 L	F	Mandia Roberts	12	2/13/2016	Sea Bees Pre-Valentine Invitational
3	1:14.94 L	F	Rachel Lundy	11	6/25/2015	2015 Bahamas National Championships
4	1:19.58 L	F	Zaylie-Elizabeth Thompson	11	6/25/2015	2015 Bahamas National Championships
5	1:21.12 L	F	Salene Gibson	11	3/4/2016	SWAT Spring Invitational
Female 11-12 200 Fly						
1	2:56.67 L	F	Katelyn Cabral	12	6/25/2015	2015 Bahamas National Championships
2	3:02.28 L	F	Salene Gibson	11	2/13/2016	Sea Bees Pre-Valentine Invitational
3	3:02.33 L	F	Rachel Lundy	11	11/27/2015	Team Orca Winter Invitational
4	3:03.64 L	F	Mandia Roberts	12	3/11/2016	BSC Atlantic Medical Invitational
5	3:27.34 L	F	Giovanna Eneas	12	4/15/2016	Team Orca Post Carifta Invitational 2016
Female 11-12 200 IM						
1	2:42.11 L	CISC F	Katelyn Cabral	12	3/22/2016	XXXI Carifta Swimming Championships
2	2:48.36 L	F	Zaylie-Elizabeth Thompson	11	2/19/2016	BSF Last Chance Meet 2016
3	2:55.25 L	F	Mandia Roberts	12	2/13/2016	Sea Bees Pre-Valentine Invitational
4	2:56.29 L	F	Rachel Lundy	11	4/15/2016	Team Orca Post Carifta Invitational 2016
5	2:57.72 L	F	Charlot Russell	12	4/29/2016	2016 IMR Pentathlon - SUN 042916
Female 11-12 400 IM						
1	6:11.28 L	F	Mandia Roberts	12	3/22/2016	XXXI Carifta Swimming Championships
2	6:26.37 L	F	Rachel Lundy	11	11/27/2015	Team Orca Winter Invitational
3	6:31.83 L	F	Hailey Johnson	12	4/15/2016	Team Orca Post Carifta Invitational 2016
4	6:37.11 L	F	Madison Mortimer	12	4/15/2016	Team Orca Post Carifta Invitational 2016
5	6:52.48 L	F	Jamilah Hepburn	12	4/15/2016	Team Orca Post Carifta Invitational 2016
Female 13-14 50 Free						
1	29.32 L	CISC F	Tenniya Martin	14	6/25/2015	2015 Bahamas National Championships

BAHAMAS SWIMMING

Individual Top Times

Times since: 13-Jun-15 Times until: 26-May-16
Number of Top Times: 5 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
2	29.35 L	CISC F	Virginia Stamp	14	11/26/2015	XXXIII Invitacional Internacional Naco
3	29.38 L	CISC F	Jolise Newbold	13	6/25/2015	2015 Bahamas National Championship
4	29.82 L	F	Jana Johnson	14	6/25/2015	2015 Bahamas National Championship
5	29.93 L	F	Jazmine Trotman	13	6/25/2015	2015 Bahamas National Championship
Female 13-14 100 Free						
1	1:04.01 L	F	Jolise Newbold	13	4/22/2016	FGC MACM INV.
2	1:04.06 L	F	Tenniya Martin	14	10/30/2015	SWIFT GB CARQUEST Invitational
3	1:04.85 L L	P	Anya MacPhail	13	3/22/2016	XXXI Carifta Swimming Championship
4	1:05.25 L	F	Virginia Stamp	14	6/25/2015	2015 Bahamas National Championship
5	1:05.76 L	F	Jewel Pinder	13	6/25/2015	2015 Bahamas National Championship
Female 13-14 200 Free						
1	2:19.54 L	F	Tenniya Martin	14	6/25/2015	2015 Bahamas National Championship
2	2:20.37 L	P	Anya MacPhail	13	3/22/2016	XXXI Carifta Swimming Championship
3	2:22.50 L	F	Jewel Pinder	13	2/19/2016	BSF Last Chance Meet 2016
4	2:23.96 L	F	Jazmine Trotman	13	3/4/2016	SWAT Spring Invitational
5	2:25.63 L	F	Jolise Newbold	13	4/15/2016	Team Orca Post Carifta Invitational 201
Female 13-14 400 Free						
1	4:54.24 L	F	Tenniya Martin	14	6/25/2015	2015 Bahamas National Championship
2	4:55.94 L	F	Anya MacPhail	13	3/22/2016	XXXI Carifta Swimming Championship
3	5:05.29 L	F	Jewel Pinder	13	1/29/2016	BSC Leno Corporate Services Invitatio
4	5:10.58 L	F	Jazmine Trotman	13	3/11/2016	BSC Atlantic Medical Invitational
5	5:17.90 L	F	Virginia Stamp	14	4/15/2016	Team Orca Post Carifta Invitational 201
Female 13-14 800 Free						
1	10:06.17 L	F	Tenniya Martin	14	2/19/2016	BSF Last Chance Meet 2016
2	10:07.06 L	F	Anya MacPhail	13	2/19/2016	BSF Last Chance Meet 2016
3	10:38.44 L	F	Jewel Pinder	13	11/6/2015	BSC Family Guardian Invitational
4	11:01.61 L	F	Jazmine Trotman	13	3/11/2016	BSC Atlantic Medical Invitational
5	11:35.63 L	F	Jolise Newbold	13	11/6/2015	BSC Family Guardian Invitational
Female 13-14 5000 Free						
1	1:15:48.00 L	F	Tenniya Martin	14	11/14/2015	Swift GB Powerade 5K Open Water
2	1:20:16.00 L	F	Anya MacPhail	13	11/14/2015	Swift GB Powerade 5K Open Water
3	1:28:59.00 L	F	Dereja Bain	14	11/14/2015	Swift GB Powerade 5K Open Water
4	1:33:45.00 L	F	Jolise Newbold	13	10/4/2015	Swift Open Water 5K
5	1:38:10.00 L	F	Taryn Carroll	13	10/10/2015	Abaco Open Water Swim
Female 13-14 50 Back						
1	31.50 L	CISC F	Virginia Stamp	14	11/26/2015	XXXIII Invitacional Internacional Naco
2	33.68 L	F	Amber Pinder	14	2/13/2016	Sea Bees Pre-Valentine Invitational
3	35.36 L	P	Jana Johnson	14	6/25/2015	2015 Bahamas National Championship
4	35.58 L	F	Jolise Newbold	13	6/25/2015	2015 Bahamas National Championship
5	35.64 L	F	Madison Davis	14	2/19/2016	BSF Last Chance Meet 2016
Female 13-14 100 Back						
1	1:08.71 L	CISC F	Virginia Stamp	14	3/22/2016	XXXI Carifta Swimming Championship
2	1:17.26 L	F	Amber Pinder	14	6/25/2015	2015 Bahamas National Championship
3	1:19.23 L	F	Madison Davis	14	2/19/2016	BSF Last Chance Meet 2016
4	1:21.17 L	F	Dylan Roberts	13	6/25/2015	2015 Bahamas National Championship
5	1:21.25 L	F	Sharon Albury	13	2/19/2016	BSF Last Chance Meet 2016
Female 13-14 200 Back						
1	2:32.15 L	F	Virginia Stamp	14	11/26/2015	XXXIII Invitacional Internacional Naco
2	2:49.10 L	F	Amber Pinder	14	2/19/2016	BSF Last Chance Meet 2016
3	2:49.16 L	F	Madison Davis	14	2/19/2016	BSF Last Chance Meet 2016
4	2:49.86 L	F	Anya MacPhail	13	4/15/2016	Team Orca Post Carifta Invitational 201

BAHAMAS SWIMMING

Individual Top Times

Times since: 13-Jun-15 Times until: 26-May-16

Number of Top Times: 5 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
5	2:51.29 L	F	Aliyah Lafrenier	14	6/25/2015	2015 Bahamas National Championship
Female 13-14 50 Breast						
1	38.44 L	CISC P	Katherine Slatter	13	3/22/2016	XXXI Carifta Swimming Championships
2	38.96 L	P	Cecily Bowe	13	6/25/2015	2015 Bahamas National Championship
3	39.49 L	P	Anya MacPhail	13	3/22/2016	XXXI Carifta Swimming Championships
4	39.55 L	F	Aliyah Lafrenier	14	6/25/2015	2015 Bahamas National Championship
5	39.87 L	F	Jewel Pinder	13	6/25/2015	2015 Bahamas National Championship
Female 13-14 100 Breast						
1	1:23.70 L	F	Katherine Slatter	13	6/25/2015	2015 Bahamas National Championship
2	1:25.95 L	F	Cecily Bowe	13	6/25/2015	2015 Bahamas National Championship
3	1:26.85 L	F	Aliyah Lafrenier	14	6/25/2015	2015 Bahamas National Championship
4	1:27.53 L	P	Anya MacPhail	13	3/22/2016	XXXI Carifta Swimming Championships
5	1:29.84 L	F	Jewel Pinder	13	11/6/2015	BSC Family Guardian Invitational
Female 13-14 200 Breast						
1	3:02.28 L	P	Katherine Slatter	13	3/22/2016	XXXI Carifta Swimming Championships
2	3:04.49 L	P	Anya MacPhail	13	3/22/2016	XXXI Carifta Swimming Championships
3	3:07.39 L	F	Cecily Bowe	13	6/25/2015	2015 Bahamas National Championship
4	3:18.75 L	F	Jewel Pinder	13	1/29/2016	BSC Leno Corporate Services Invitational
5	3:32.33 L	F	Sharon Albury	13	6/25/2015	2015 Bahamas National Championship
Female 13-14 50 Fly						
1	30.13 L	CISC F	Jana Johnson	14	6/25/2015	2015 Bahamas National Championship
2	31.38 L	F	Jolise Newbold	13	4/22/2016	FGC MACM INV.
3	31.59 L	F	Amber Pinder	14	6/25/2015	2015 Bahamas National Championship
4	32.09 L	F	Virginia Stamp	14	11/26/2015	XXXIII Invitacional Internacional Naco
5	32.91 L	F	Tenniya Martin	14	10/30/2015	SWIFT GB CARQUEST Invitational
Female 13-14 100 Fly						
1	1:10.60 L	F	Jana Johnson	14	6/25/2015	2015 Bahamas National Championship
2	1:13.70 L	F	Jolise Newbold	13	6/25/2015	2015 Bahamas National Championship
3	1:15.32 L	P	Jewel Pinder	13	6/25/2015	2015 Bahamas National Championship
4	1:15.44 L	F	Virginia Stamp	14	6/25/2015	2015 Bahamas National Championship
5	1:16.22 L	F	Anya MacPhail	13	4/15/2016	Team Orca Post Carifta Invitational 201
Female 13-14 200 Fly						
1	2:55.68 L	F	Jewel Pinder	13	1/29/2016	BSC Leno Corporate Services Invitational
2	3:00.97 L	F	Katherine Slatter	13	6/25/2015	2015 Bahamas National Championship
3	3:03.97 L	F	Anya MacPhail	13	6/25/2015	2015 Bahamas National Championship
4	3:13.99 L	F	Jolise Newbold	13	4/15/2016	Team Orca Post Carifta Invitational 201
5	3:16.74 L	F	Dylan Roberts	13	6/25/2015	2015 Bahamas National Championship
Female 13-14 200 IM						
1	2:40.21 L	P	Anya MacPhail	13	3/22/2016	XXXI Carifta Swimming Championships
2	2:41.08 L	P	Virginia Stamp	14	3/22/2016	XXXI Carifta Swimming Championships
3	2:42.81 L	F	Tenniya Martin	14	6/25/2015	2015 Bahamas National Championship
4	2:46.29 L	F	Jewel Pinder	13	6/25/2015	2015 Bahamas National Championship
5	2:47.87 L	F	Aliyah Lafrenier	14	6/25/2015	2015 Bahamas National Championship
Female 13-14 400 IM						
1	5:34.24 L	F	Anya MacPhail	13	3/22/2016	XXXI Carifta Swimming Championships
2	5:47.06 L	F	Tenniya Martin	14	6/25/2015	2015 Bahamas National Championship
3	5:51.28 L	F	Jewel Pinder	13	6/25/2015	2015 Bahamas National Championship
4	6:04.47 L	F	Katherine Slatter	13	1/29/2016	BSC Leno Corporate Services Invitational
5	6:07.66 L	F	Jolise Newbold	13	3/11/2016	BSC Atlantic Medical Invitational

BAHAMAS SWIMMING

Individual Top Times

Times since: 13-Jun-15 Times until: 26-May-16
Number of Top Times: 5 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
Female 15-17 50 Free						
1	27.88 L	CISC	F	Maya Thompson	17	6/25/2015 2015 Bahamas National Championship
2	28.24 L	CISC	P	Andreas Weech	17	3/22/2016 XXXI Carifta Swimming Championships
3	28.35 L	CISC	F	Lilly Higgs	15	7/16/2015 North Carolina AG Championships
4	28.44 L	CISC	F	Victoria Russell	15	1/1/2016 ASA SWR Summer Championships
5	28.48 L	CISC	F	Arleighta Hall	15	6/25/2015 2015 Bahamas National Championship
Female 15-17 100 Free						
1	59.84 L L	CISC	F	Lilly Higgs	15	3/22/2016 XXXI Carifta Swimming Championships
2	1:01.26 L L	CISC	F	Maya Thompson	17	6/25/2015 2015 Bahamas National Championship
3	1:01.40 L	CISC	F	Andreas Weech	17	6/25/2015 2015 Bahamas National Championship
4	1:03.62 L		F	Simone Sturrup	17	6/25/2015 2015 Bahamas National Championship
5	1:03.63 L L		F	Arleighta Hall	15	6/25/2015 2015 Bahamas National Championship
Female 15-17 200 Free						
1	2:08.54 L	CISC	F	Lilly Higgs	15	3/22/2016 XXXI Carifta Swimming Championships
2	2:09.40 L	CISC	F	Margaret Higgs	16	3/22/2016 XXXI Carifta Swimming Championships
3	2:18.04 L		F	Maya Thompson	17	6/25/2015 2015 Bahamas National Championship
4	2:18.86 L		F	Andreas Weech	17	6/25/2015 2015 Bahamas National Championship
5	2:18.91 L		F	Brianna Nesbitt	15	6/25/2015 2015 Bahamas National Championship
Female 15-17 400 Free						
1	4:34.89 L	CISC	F	Lilly Higgs	15	3/22/2016 XXXI Carifta Swimming Championships
2	4:53.68 L		F	Brianna Nesbitt	15	3/22/2016 XXXI Carifta Swimming Championships
3	5:05.17 L		F	Zoe McCarroll	15	6/25/2015 2015 Bahamas National Championship
4	5:05.89 L		F	Keitra Lloyd	16	6/25/2015 2015 Bahamas National Championship
5	5:06.50 L		F	Maya Thompson	17	6/25/2015 2015 Bahamas National Championship
Female 15-17 800 Free						
1	9:30.81 L	CISC	F	Lilly Higgs	15	3/22/2016 XXXI Carifta Swimming Championships
2	10:01.92 L		F	Brianna Nesbitt	15	3/22/2016 XXXI Carifta Swimming Championships
3	10:29.86 L		F	Jasmine Gibson	16	6/25/2015 2015 Bahamas National Championship
4	10:37.95 L		F	Sian Longley	15	6/25/2015 2015 Bahamas National Championship
5	10:41.33 L		F	Zoe McCarroll	15	6/25/2015 2015 Bahamas National Championship
Female 15-17 5000 Free						
1	1:14:28.00 L		F	Jasmine Gibson	16	10/10/2015 Abaco Open Water Swim
2	1:14:34.00 L		F	Lauren Albury	15	10/10/2015 Abaco Open Water Swim
3	1:15:10.00 L		F	Keitra Lloyd	16	10/10/2015 Abaco Open Water Swim
4	1:21:46.00 L		F	Rosalie Pyfrom	16	10/10/2015 Abaco Open Water Swim
5	1:25:16.00 L		F	Kate Sims	15	10/10/2015 Abaco Open Water Swim
Female 15-17 50 Back						
1	32.48 L		F	Celia Campbell	15	6/25/2015 2015 Bahamas National Championship
2	32.58 L		P	Simone Sturrup	17	3/22/2016 XXXI Carifta Swimming Championships
3	33.50 L		F	Andreas Weech	17	6/25/2015 2015 Bahamas National Championship
4	33.54 L		F	Lilly Higgs	15	6/25/2015 2015 Bahamas National Championship
5	33.60 L		F	Zoe McCarroll	15	2/19/2016 BSF Last Chance Meet 2016
Female 15-17 100 Back						
1	1:09.02 L	CISC	F	Margaret Higgs	16	3/22/2016 XXXI Carifta Swimming Championships
2	1:10.43 L		F	Celia Campbell	15	6/25/2015 2015 Bahamas National Championship
3	1:13.73 L		F	Zoe McCarroll	15	6/25/2015 2015 Bahamas National Championship
4	1:16.15 L		F	Andreas Weech	17	6/25/2015 2015 Bahamas National Championship
5	1:17.26 L		F	Keitra Lloyd	16	6/25/2015 2015 Bahamas National Championship
Female 15-17 200 Back						
1	2:29.33 L		F	Margaret Higgs	16	3/22/2016 XXXI Carifta Swimming Championships

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	Time		P/F/S	Name	Age/Yr		
2	2:29.51 L		F	Lilly Higgs	15	3/22/2016	XXXI Carifta Swimming Championships
3	2:35.04 L		F	Celia Campbell	15	6/25/2015	2015 Bahamas National Championships
4	2:37.88 L		F	Zoe McCarroll	15	2/19/2016	BSF Last Chance Meet 2016
5	2:51.41 L		F	Keitra Lloyd	16	6/25/2015	2015 Bahamas National Championships
Female 15-17 50 Breast							
1	33.19 L	CISC	F	Lilly Higgs	15	8/25/2015	5th FINA World Junior Championships
2	33.75 L	CISC	F	Margaret Higgs	16	8/25/2015	5th FINA World Junior Championships
3	34.29 L	CISC	F	Victoria Russell	15	1/1/2016	ASA SWR Summer Championships
4	36.90 L		F	Sian Longley	15	6/25/2015	2015 Bahamas National Championships
5	38.12 L		F	Brianna Nesbitt	15	6/25/2015	2015 Bahamas National Championships
Female 15-17 100 Breast							
1	1:12.07 L	CISC	F	Margaret Higgs	16	3/4/2016	2016 Southern Premier L
2	1:12.12 L	CISC	F	Lilly Higgs	15	3/22/2016	XXXI Carifta Swimming Championships
3	1:18.09 L	CISC	F	Victoria Russell	15	6/25/2015	2015 Bahamas National Championships
4	1:20.37 L		F	Sian Longley	15	6/25/2015	2015 Bahamas National Championships
5	1:22.57 L		F	Brianna Nesbitt	15	6/25/2015	2015 Bahamas National Championships
Female 15-17 200 Breast							
1	2:35.33 L	CISC	F	Margaret Higgs	16	3/22/2016	XXXI Carifta Swimming Championships
2	2:37.93 L	CISC	F	Lilly Higgs	15	3/4/2016	2016 Southern Premier L
3	2:54.32 L		F	Victoria Russell	15	6/25/2015	2015 Bahamas National Championships
4	2:55.02 L		F	Sian Longley	15	6/25/2015	2015 Bahamas National Championships
5	2:59.93 L		F	Zoe McCarroll	15	6/25/2015	2015 Bahamas National Championships
Female 15-17 50 Fly							
1	29.54 L	CISC	F	Victoria Russell	15	1/1/2016	ASA SWR Summer Championships
2	30.33 L	CISC	P	Simone Sturup	17	3/22/2016	XXXI Carifta Swimming Championships
3	30.38 L	CISC	P	Andreas Weech	17	3/22/2016	XXXI Carifta Swimming Championships
4	30.74 L		F	Jasmine Gibson	16	6/25/2015	2015 Bahamas National Championships
5	31.55 L		F	Maya Thompson	17	6/25/2015	2015 Bahamas National Championships
Female 15-17 100 Fly							
1	1:05.73 L	CISC	F	Margaret Higgs	16	3/22/2016	XXXI Carifta Swimming Championships
2	1:08.54 L		F	Andreas Weech	17	6/25/2015	2015 Bahamas National Championships
3	1:09.30 L		F	Jasmine Gibson	16	6/25/2015	2015 Bahamas National Championships
4	1:10.39 L		F	Simone Sturup	17	6/25/2015	2015 Bahamas National Championships
5	1:11.91 L		F	Sian Longley	15	6/25/2015	2015 Bahamas National Championships
Female 15-17 200 Fly							
1	2:25.87 L	CISC	F	Margaret Higgs	16	3/22/2016	XXXI Carifta Swimming Championships
2	2:49.63 L		F	Keitra Lloyd	16	2/19/2016	BSF Last Chance Meet 2016
3	2:51.21 L		F	Jasmine Gibson	16	6/25/2015	2015 Bahamas National Championships
4	3:10.03 L		F	Sian Longley	15	6/25/2015	2015 Bahamas National Championships
5	3:16.74 L		F	Teshe Rolle	15	6/25/2015	2015 Bahamas National Championships
Female 15-17 200 IM							
1	2:22.38 L	CISC	F	Lilly Higgs	15	3/4/2016	2016 Southern Premier L
2	2:23.22 L	CISC	F	Margaret Higgs	16	8/25/2015	5th FINA World Junior Championships
3	2:39.96 L		F	Zoe McCarroll	15	6/25/2015	2015 Bahamas National Championships
4	2:40.68 L		F	Maya Thompson	17	6/25/2015	2015 Bahamas National Championships
5	2:44.36 L		F	Sian Longley	15	6/25/2015	2015 Bahamas National Championships
Female 15-17 400 IM							
1	5:02.43 L	CISC	F	Margaret Higgs	16	7/9/2015	2015 LC Speedo Sectionals
2	5:11.22 L	CISC	F	Lilly Higgs	15	3/4/2016	2016 Southern Premier L
3	5:51.43 L		F	Zoe McCarroll	15	6/25/2015	2015 Bahamas National Championships
4	5:58.50 L		F	Sian Longley	15	6/25/2015	2015 Bahamas National Championships

BAHAMAS SWIMMING

Individual Top Times

Times since: 13-Jun-15 Times until: 26-May-16

Number of Top Times: 5 Show Long Course Only

	Time		P/F/S	Name	Age/Yr		
5	6:15.73 L		F	Brianna Nesbitt	15	6/25/2015	2015 Bahamas National Championship
Female 18 & Over 50 Free							
1	24.31 L	CISC	P	Arianna Vanderpool-Wallace	25	7/14/2015	Pan Am Games
2	26.28 L	CISC	F	Ariel Weech	24	7/14/2015	Pan Am Games
3	31.76 L		P	Jennifer Cooke	22	6/25/2015	2015 Bahamas National Championship
4	56.02 L L		F	Joanna Evans	18	6/25/2015	2015 Bahamas National Championship
5	1:02.16 L L		F	Miriam Crispo	22	6/25/2015	2015 Bahamas National Championship
Female 18 & Over 100 Free							
1	54.00 L	CISC	P	Arianna Vanderpool-Wallace	25	7/14/2015	Pan Am Games
2	57.79 L	CISC	F	Ariel Weech	24	7/14/2015	Pan Am Games
3	58.06 L	CISC	F	Bria Deveaux	21	7/15/2015	2015 MV Region VIII Summer Sectionals
4	1:02.11 L	CISC	F	Laura Morley	19	6/25/2015	2015 Bahamas National Championship
5	1:12.52 L		P	Jennifer Cooke	22	6/25/2015	2015 Bahamas National Championship
Female 18 & Over 200 Free							
1	2:02.51 L	CISC	F	Joanna Evans	18	4/14/2016	2015-16 Arena Pro Swim Series
2	2:07.99 L	CISC	F	Bria Deveaux	21	6/25/2015	2015 Bahamas National Championship
3	2:15.04 L		F	Laura Morley	19	6/25/2015	2015 Bahamas National Championship
4	2:49.52 L		F	Jennifer Cooke	22	6/25/2015	2015 Bahamas National Championship
Female 18 & Over 400 Free							
1	4:12.47 L	CISC	F	Joanna Evans	18	4/14/2016	2015-16 Arena Pro Swim Series
Female 18 & Over 800 Free							
1	8:37.18 L	CISC	F	Joanna Evans	18	7/14/2015	Pan Am Games
Female 18 & Over 5000 Free							
1	1:43:03.00 L		F	Jennifer Cooke	22	10/10/2015	Abaco Open Water Swim
Female 18 & Over 50 Back							
1	30.77 L	CISC	F	Ariel Weech	24	8/2/2015	16th FINA World Championships
2	39.83 L		P	Jennifer Cooke	22	6/25/2015	2015 Bahamas National Championship
Female 18 & Over 100 Back							
1	1:10.70 L		F	Ariel Weech	24	6/25/2015	2015 Bahamas National Championship
2	1:10.91 L		F	Bria Deveaux	21	6/25/2015	2015 Bahamas National Championship
3	1:14.20 L		F	Joanna Evans	18	6/25/2015	2015 Bahamas National Championship
Female 18 & Over 200 Back							
1	2:39.38 L		F	Joanna Evans	18	6/25/2015	2015 Bahamas National Championship
2	2:44.32 L		F	Ariel Weech	24	6/25/2015	2015 Bahamas National Championship
Female 18 & Over 50 Breast							
1	34.41 L	CISC	F	Laura Morley	19	5/15/2016	2016 Arena Pro Swim Series
2	35.72 L		F	Ariel Weech	24	6/25/2015	2015 Bahamas National Championship
3	37.89 L		F	Joanna Evans	18	6/25/2015	2015 Bahamas National Championship
4	44.48 L		P	Jennifer Cooke	22	6/25/2015	2015 Bahamas National Championship
Female 18 & Over 100 Breast							
1	1:11.83 L	CISC	F	Laura Morley	19	3/31/2016	2016 Speedo Sectionals at Spire
2	1:24.02 L		F	Joanna Evans	18	6/25/2015	2015 Bahamas National Championship
Female 18 & Over 200 Breast							
1	2:35.03 L	CISC	F	Laura Morley	19	3/31/2016	2016 Speedo Sectionals at Spire
2	2:56.55 L		F	Joanna Evans	18	6/25/2015	2015 Bahamas National Championship
Female 18 & Over 50 Fly							
1	25.81 L		F	Arianna Vanderpool-Wallace	25	8/2/2015	16th FINA World Championships
2	28.33 L		F	Ariel Weech	24	6/25/2015	2015 Bahamas National Championship
3	29.01 L		F	Bria Deveaux	21	6/25/2015	2015 Bahamas National Championship

BAHAMAS SWIMMING

Individual Top Times

Times since: 13-Jun-15 Times until: 26-May-16

Number of Top Times: 5 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
4	32.10 L	F	Miriam Crispo	22	6/25/2015	2015 Bahamas National Championship
5	36.62 L	P	Jennifer Cooke	22	6/25/2015	2015 Bahamas National Championship
Female 18 & Over 100 Fly						
1	59.33 L	CISC P	Arianna Vanderpool-Wallace	25	7/14/2015	Pan Am Games
Female 18 & Over 200 IM						
1	2:29.00 L	CISC F	Joanna Evans	18	6/25/2015	2015 Bahamas National Championship
2	2:33.01 L	F	Ariel Weech	24	6/25/2015	2015 Bahamas National Championship
3	2:38.07 L	F	Laura Morley	19	6/25/2015	2015 Bahamas National Championship
Female 18 & Over 400 IM						
1	5:28.33 L	F	Joanna Evans	18	6/25/2015	2015 Bahamas National Championship
Male 11-12 50 Free						
1	27.68 L	CISC F	Lamar Taylor	12	3/22/2016	XXXI Carifta Swimming Championship
2	27.78 L	CISC F	Taro Sears	12	3/22/2016	XXXI Carifta Swimming Championship
3	30.60 L	F	Jayden Curtis	12	4/22/2016	FGC MACM INV.
4	30.74 L	F	Remez Lockhart	12	1/29/2016	BSC Leno Corporate Services Invitational
5	30.76 L	F	Roman Pinder	12	2/19/2016	BSF Last Chance Meet 2016
Male 11-12 100 Free						
1	59.68 L	CISC F	Lamar Taylor	12	3/22/2016	XXXI Carifta Swimming Championship
2	1:02.30 L	CISC P	Taro Sears	12	3/22/2016	XXXI Carifta Swimming Championship
3	1:06.45 L	F	Roman Pinder	12	2/19/2016	BSF Last Chance Meet 2016
4	1:07.77 L	F	Rommel Ferguson	12	10/30/2015	SWIFT GB CARQUEST Invitational
5	1:10.61 L	F	Jayden Curtis	12	4/22/2016	FGC MACM INV.
Male 11-12 200 Free						
1	2:14.78 L	CISC F	Lamar Taylor	12	3/22/2016	XXXI Carifta Swimming Championship
2	2:20.40 L	CISC P	Taro Sears	12	3/22/2016	XXXI Carifta Swimming Championship
3	2:27.11 L	F	Roman Pinder	12	2/19/2016	BSF Last Chance Meet 2016
4	2:36.01 L	F	Rommel Ferguson	12	1/29/2016	BSC Leno Corporate Services Invitational
5	2:37.35 L	F	Gabriel Encinar	12	6/25/2015	2015 Bahamas National Championship
Male 11-12 400 Free						
1	4:54.56 L	CISC F	Lamar Taylor	12	3/22/2016	XXXI Carifta Swimming Championship
2	5:09.64 L	F	Rommel Ferguson	12	3/22/2016	XXXI Carifta Swimming Championship
3	5:11.48 L	F	Roman Pinder	12	1/29/2016	BSC Leno Corporate Services Invitational
4	5:32.73 L	F	Remez Lockhart	12	1/29/2016	BSC Leno Corporate Services Invitational
5	5:33.82 L	F	Taro Sears	12	6/25/2015	2015 Bahamas National Championship
Male 11-12 800 Free						
1	12:35.17 L	F	Jayden Curtis	12	3/4/2016	SWAT Spring Invitational
2	13:33.59 L	F	Tamir Russell	11	3/4/2016	SWAT Spring Invitational
Male 11-12 1500 Free						
1	19:56.23 L	CISC F	Lamar Taylor	12	2/19/2016	BSF Last Chance Meet 2016
2	25:40.23 L	F	Kailen Colebrook	12	1/29/2016	BSC Leno Corporate Services Invitational
Male 11-12 50 Back						
1	31.41 L	CISC F	Lamar Taylor	12	3/22/2016	XXXI Carifta Swimming Championship
2	35.05 L	P	Roman Pinder	12	3/22/2016	XXXI Carifta Swimming Championship
3	37.73 L	F	Taro Sears	12	1/15/2016	Gunite Pools Swift Heptathlon Meet
4	38.15 L	F	Jayden Curtis	12	4/22/2016	FGC MACM INV.
5	39.21 L	F	Brayden Dam	11	6/25/2015	2015 Bahamas National Championship
Male 11-12 100 Back						
1	1:11.62 L	CISC P	Lamar Taylor	12	3/22/2016	XXXI Carifta Swimming Championship
2	1:15.55 L	P	Roman Pinder	12	3/22/2016	XXXI Carifta Swimming Championship
3	1:22.53 L	F	Taro Sears	12	11/6/2015	BSC Family Guardian Invitational

BAHAMAS SWIMMING

Individual Top Times

Times since: 13-Jun-15 Times until: 26-May-16

Number of Top Times: 5 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
4	1:22.99 L L	F	Gabriel Encinar	12	6/25/2015	2015 Bahamas National Championship
5	1:24.79 L	F	Jayden Curtis	12	4/22/2016	FGC MACM INV.
Male 11-12 200 Back						
1	2:39.27 L CISC	F	Lamar Taylor	12	10/30/2015	SWIFT GB CARQUEST Invitational
2	2:54.05 L	F	Roman Pinder	12	1/29/2016	BSC Leno Corporate Services Invitational
3	3:04.94 L	F	Brayden Dam	11	2/19/2016	BSF Last Chance Meet 2016
4	3:05.49 L	F	Jake Thompson	11	3/11/2016	BSC Atlantic Medical Invitational
5	3:07.18 L	F	Jayden Curtis	12	3/11/2016	BSC Atlantic Medical Invitational
Male 11-12 50 Breast						
1	36.89 L CISC	F	Roman Pinder	12	3/22/2016	XXXI Carifta Swimming Championship
2	38.38 L	P	Rommel Ferguson	12	3/22/2016	XXXI Carifta Swimming Championship
3	38.97 L	F	Kierro Stubbs	12	4/15/2016	Team Orca Post Carifta Invitational 2016
4	39.68 L	F	Brayden Dam	11	2/19/2016	BSF Last Chance Meet 2016
5	40.95 L	F	Lamar Taylor	12	2/19/2016	BSF Last Chance Meet 2016
Male 11-12 100 Breast						
1	1:25.47 L	P	Brayden Dam	11	3/22/2016	XXXI Carifta Swimming Championship
2	1:27.02 L	P	Roman Pinder	12	3/22/2016	XXXI Carifta Swimming Championship
3	1:29.74 L	F	Rommel Ferguson	12	10/30/2015	SWIFT GB CARQUEST Invitational
4	1:34.68 L	F	Kierro Stubbs	12	4/15/2016	Team Orca Post Carifta Invitational 2016
5	1:34.81 L	F	Taro Sears	12	4/15/2016	Team Orca Post Carifta Invitational 2016
Male 11-12 200 Breast						
1	3:02.93 L	F	Brayden Dam	11	3/22/2016	XXXI Carifta Swimming Championship
2	3:07.26 L	P	Roman Pinder	12	3/22/2016	XXXI Carifta Swimming Championship
3	3:11.49 L	F	Rommel Ferguson	12	2/19/2016	BSF Last Chance Meet 2016
4	3:27.54 L	F	Erald Thompson III	11	4/15/2016	Team Orca Post Carifta Invitational 2016
5	3:29.28 L	F	Jake Thompson	11	4/15/2016	Team Orca Post Carifta Invitational 2016
Male 11-12 50 Fly						
1	29.36 L CISC	F	Lamar Taylor	12	3/22/2016	XXXI Carifta Swimming Championship
2	30.60 L CISC	P	Taro Sears	12	3/22/2016	XXXI Carifta Swimming Championship
3	32.39 L CISC	F	Rommel Ferguson	12	2/19/2016	BSF Last Chance Meet 2016
4	34.52 L	F	Brayden Dam	11	6/25/2015	2015 Bahamas National Championship
5	34.99 L	F	Roman Pinder	12	1/29/2016	BSC Leno Corporate Services Invitational
Male 11-12 100 Fly						
1	1:07.22 L CISC	F	Lamar Taylor	12	3/22/2016	XXXI Carifta Swimming Championship
2	1:13.29 L	P	Rommel Ferguson	12	3/22/2016	XXXI Carifta Swimming Championship
3	1:17.01 L	F	Taro Sears	12	1/29/2016	BSC Leno Corporate Services Invitational
4	1:19.74 L	F	Brayden Dam	11	2/13/2016	Sea Bees Pre-Valentine Invitational
5	1:22.59 L	P	Roman Pinder	12	6/25/2015	2015 Bahamas National Championship
Male 11-12 200 Fly						
1	2:45.54 L	P	Lamar Taylor	12	3/22/2016	XXXI Carifta Swimming Championship
2	2:58.32 L	P	Brayden Dam	11	3/22/2016	XXXI Carifta Swimming Championship
3	3:09.38 L	F	Rommel Ferguson	12	2/19/2016	BSF Last Chance Meet 2016
4	3:32.75 L	F	Taro Sears	12	10/30/2015	SWIFT GB CARQUEST Invitational
5	4:29.15 L	F	Tamir Russell	11	4/15/2016	Team Orca Post Carifta Invitational 2016
Male 11-12 200 IM						
1	2:36.78 L CISC	F	Lamar Taylor	12	10/30/2015	SWIFT GB CARQUEST Invitational
2	2:44.20 L	P	Roman Pinder	12	3/22/2016	XXXI Carifta Swimming Championship
3	2:45.50 L	P	Taro Sears	12	3/22/2016	XXXI Carifta Swimming Championship
4	2:54.88 L	F	Rommel Ferguson	12	10/30/2015	SWIFT GB CARQUEST Invitational
5	2:56.04 L	F	Brayden Dam	11	6/25/2015	2015 Bahamas National Championship

BAHAMAS SWIMMING

Individual Top Times

Times since: 13-Jun-15 Times until: 26-May-16

Number of Top Times: 5 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
Male 11-12 400 IM						
1	5:39.78 L	CISC F	Roman Pinder	12	3/22/2016	XXXI Carifta Swimming Championship
2	5:53.42 L	F	Brayden Dam	11	3/22/2016	XXXI Carifta Swimming Championship
3	x5:55.67 L	F	Lamar Taylor	12	6/25/2015	2015 Bahamas National Championship
4	6:31.85 L	F	Erald Thompson III	11	4/15/2016	Team Orca Post Carifta Invitational 201
5	6:43.72 L	F	Jayden Curtis	12	4/15/2016	Team Orca Post Carifta Invitational 201
Male 13-14 50 Free						
1	24.25 L	CISC F	Izaak Bastian	14	3/22/2016	XXXI Carifta Swimming Championship
2	25.57 L	CISC P	T'Lez Foulkes	14	3/22/2016	XXXI Carifta Swimming Championship
3	26.10 L	CISC F	Samuel Gibson	14	2/19/2016	BSF Last Chance Meet 2016
4	26.25 L	CISC F	Darren Laing	14	6/25/2015	2015 Bahamas National Championship
5	26.69 L	CISC F	Davante Carey	13	2/19/2016	BSF Last Chance Meet 2016
Male 13-14 100 Free						
1	56.82 L L	CISC F	Darren Laing	14	6/25/2015	2015 Bahamas National Championship
2	56.91 L	CISC F	Samuel Gibson	14	2/19/2016	BSF Last Chance Meet 2016
3	57.05 L	CISC F	T'Lez Foulkes	14	3/22/2016	XXXI Carifta Swimming Championship
4	58.64 L	CISC F	Davante Carey	13	3/11/2016	BSC Atlantic Medical Invitational
5	59.05 L	CISC F	Kevon Lockhart	13	3/11/2016	BSC Atlantic Medical Invitational
Male 13-14 200 Free						
1	2:05.43 L	CISC P	Samuel Gibson	14	3/22/2016	XXXI Carifta Swimming Championship
2	2:05.96 L	CISC P	Darren Laing	14	3/22/2016	XXXI Carifta Swimming Championship
3	2:11.35 L	F	Davante Carey	13	4/15/2016	Team Orca Post Carifta Invitational 201
4	2:11.98 L	F	Joshua Murray	14	2/19/2016	BSF Last Chance Meet 2016
5	2:12.79 L	F	Kevon Lockhart	13	2/13/2016	Sea Bees Pre-Valentine Invitational
Male 13-14 400 Free						
1	4:30.74 L	CISC F	Darren Laing	14	3/22/2016	XXXI Carifta Swimming Championship
2	4:33.10 L	CISC F	Samuel Gibson	14	3/22/2016	XXXI Carifta Swimming Championship
3	4:36.54 L	CISC F	Kevon Lockhart	13	2/19/2016	BSF Last Chance Meet 2016
4	4:36.67 L	CISC F	Joshua Murray	14	2/19/2016	BSF Last Chance Meet 2016
5	4:45.20 L	F	Luke-Kennedy Thompson	14	2/19/2016	BSF Last Chance Meet 2016
Male 13-14 1500 Free						
1	18:14.79 L	CISC F	Joshua Murray	14	2/19/2016	BSF Last Chance Meet 2016
2	18:16.32 L	F	Darren Laing	14	2/19/2016	BSF Last Chance Meet 2016
3	18:18.74 L	F	Luke-Kennedy Thompson	14	2/19/2016	BSF Last Chance Meet 2016
4	18:23.49 L	F	Kevon Lockhart	13	2/19/2016	BSF Last Chance Meet 2016
5	19:29.82 L	F	Trent Albury	13	2/19/2016	BSF Last Chance Meet 2016
Male 13-14 5000 Free						
1	1:10:23.00 L	F	Darren Laing	14	11/14/2015	Swift GB Powerade 5K Open Water
2	1:10:40.00 L	F	Joshua Murray	14	10/10/2015	Abaco Open Water Swim
3	1:11:20.00 L	F	Shimon Lopez	14	11/14/2015	Swift GB Powerade 5K Open Water
4	1:15:31.00 L	F	Trent Albury	13	10/10/2015	Abaco Open Water Swim
5	1:21:51.00 L	F	Keilan Rolle	14	8/15/2015	Basra Marathon
Male 13-14 50 Back						
1	28.60 L	CISC F	Davante Carey	13	3/22/2016	XXXI Carifta Swimming Championship
2	30.31 L	CISC P	Peter Morley	14	3/22/2016	XXXI Carifta Swimming Championship
3	31.17 L	F	Kevon Lockhart	13	6/25/2015	2015 Bahamas National Championship
4	31.83 L	F	Samuel Gibson	14	6/25/2015	2015 Bahamas National Championship
5	32.22 L	P	T'Lez Foulkes	14	6/25/2015	2015 Bahamas National Championship
Male 13-14 100 Back						
1	1:03.53 L	CISC F	Peter Morley	14	3/22/2016	XXXI Carifta Swimming Championship

BAHAMAS SWIMMING

Individual Top Times

Times since: 13-Jun-15 Times until: 26-May-16

Number of Top Times: 5 Show Long Course Only

	Time		P/F/S	Name	Age/Yr		
2	1:05.04	L	CISC	P	Davante Carey	13	3/22/2016 XXXI Carifta Swimming Championships
3	1:09.60	L		F	Kevon Lockhart	13	6/25/2015 2015 Bahamas National Championships
4	1:09.65	L		P	T'Lez Foulkes	14	6/25/2015 2015 Bahamas National Championships
5	1:09.94	L		F	Darren Laing	14	6/25/2015 2015 Bahamas National Championships
Male 13-14 200 Back							
1	2:17.33	L	CISC	P	Peter Morley	14	3/22/2016 XXXI Carifta Swimming Championships
2	2:28.94	L		F	Davante Carey	13	4/15/2016 Team Orca Post Carifta Invitational 2016
3	2:30.47	L		F	Kevon Lockhart	13	2/13/2016 Sea Bees Pre-Valentine Invitational
4	2:40.99	L		F	Shimon Lopez	14	6/25/2015 2015 Bahamas National Championships
5	2:42.24	L		F	Samuel Gibson	14	6/25/2015 2015 Bahamas National Championships
Male 13-14 50 Breast							
1	30.41	L	CISC	F	Izaak Bastian	14	3/22/2016 XXXI Carifta Swimming Championships
2	31.99	L	CISC	P	Davante Carey	13	3/22/2016 XXXI Carifta Swimming Championships
3	32.88	L	CISC	T	Andre Walcott	14	2/19/2016 BSF Last Chance Meet 2016
4	33.15	L	CISC	P	T'Lez Foulkes	14	6/25/2015 2015 Bahamas National Championships
5	33.93	L		F	Joshua Murray	14	11/27/2015 Team Orca Winter Invitational
Male 13-14 100 Breast							
1	1:07.76	L	CISC	F	Izaak Bastian	14	3/22/2016 XXXI Carifta Swimming Championships
2	1:11.65	L	CISC	P	T'Lez Foulkes	14	3/22/2016 XXXI Carifta Swimming Championships
3	1:11.94	L	CISC	F	Andre Walcott	14	1/29/2016 BSC Leno Corporate Services Invitational
4	1:14.42	L	CISC	F	Davante Carey	13	4/15/2016 Team Orca Post Carifta Invitational 2016
5	1:15.16	L		F	Joshua Murray	14	11/27/2015 Team Orca Winter Invitational
Male 13-14 200 Breast							
1	2:23.78	L	CISC	P	Izaak Bastian	14	3/22/2016 XXXI Carifta Swimming Championships
2	2:36.68	L	CISC	F	Andre Walcott	14	2/19/2016 BSF Last Chance Meet 2016
3	2:38.55	L	CISC	F	T'Lez Foulkes	14	3/22/2016 XXXI Carifta Swimming Championships
4	2:45.94	L		F	Joshua Murray	14	6/25/2015 2015 Bahamas National Championships
5	2:46.04	L		F	Davante Carey	13	4/15/2016 Team Orca Post Carifta Invitational 2016
Male 13-14 50 Fly							
1	26.24	L	CISC	F	Izaak Bastian	14	3/22/2016 XXXI Carifta Swimming Championships
2	27.41	L	CISC	F	Darren Laing	14	3/22/2016 XXXI Carifta Swimming Championships
3	27.73	L	CISC	F	T'Lez Foulkes	14	6/25/2015 2015 Bahamas National Championships
4	27.82	L	CISC	F	Samuel Gibson	14	6/25/2015 2015 Bahamas National Championships
5	28.18	L	CISC	F	Ian Pinder	13	2/19/2016 BSF Last Chance Meet 2016
Male 13-14 100 Fly							
1	1:00.52	L	CISC	F	Samuel Gibson	14	3/22/2016 XXXI Carifta Swimming Championships
2	1:01.01	L	CISC	F	Darren Laing	14	3/22/2016 XXXI Carifta Swimming Championships
3	1:02.59	L	CISC	F	Ian Pinder	13	2/19/2016 BSF Last Chance Meet 2016
4	1:02.82	L	CISC	F	Izaak Bastian	14	6/25/2015 2015 Bahamas National Championships
5	1:03.23	L	CISC	F	T'Lez Foulkes	14	6/25/2015 2015 Bahamas National Championships
Male 13-14 200 Fly							
1	2:18.83	L	CISC	F	Darren Laing	14	3/22/2016 XXXI Carifta Swimming Championships
2	2:24.43	L		F	Kevon Lockhart	13	2/19/2016 BSF Last Chance Meet 2016
3	2:26.13	L		F	Samuel Gibson	14	3/22/2016 XXXI Carifta Swimming Championships
4	2:26.49	L		F	Ian Pinder	13	2/19/2016 BSF Last Chance Meet 2016
5	2:35.23	L		F	Shimon Lopez	14	10/30/2015 SWIFT GB CARQUEST Invitational
Male 13-14 200 IM							
1	2:17.19	L	CISC	F	Izaak Bastian	14	3/22/2016 XXXI Carifta Swimming Championships
2	2:20.80	L	CISC	F	Peter Morley	14	3/22/2016 XXXI Carifta Swimming Championships
3	2:21.22	L	CISC	F	T'Lez Foulkes	14	6/25/2015 2015 Bahamas National Championships
4	2:25.12	L	CISC	F	Joshua Murray	14	11/27/2015 Team Orca Winter Invitational

BAHAMAS SWIMMING

Individual Top Times

Times since: 13-Jun-15 Times until: 26-May-16

Number of Top Times: 5 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
5	2:26.13 L	CISC F	Darren Laing	14	6/25/2015	2015 Bahamas National Championship
Male 13-14 400 IM						
1	5:08.72 L	CISC F	T'Lez Foulkes	14	3/22/2016	XXXI Carifta Swimming Championship
2	5:11.42 L	CISC F	Peter Morley	14	3/22/2016	XXXI Carifta Swimming Championship
3	5:16.00 L	F	Izaak Bastian	14	6/25/2015	2015 Bahamas National Championship
4	5:17.19 L	F	Kevon Lockhart	13	4/15/2016	Team Orca Post Carifta Invitational 2016
5	5:20.13 L	F	Joshua Murray	14	3/4/2016	SWAT Spring Invitational
Male 15-17 50 Free						
1	24.00 L	CISC F	Jared Fitzgerald	17	3/22/2016	XXXI Carifta Swimming Championship
2	24.08 L	L CISC P	Gershwin Greene	17	3/22/2016	XXXI Carifta Swimming Championship
3	24.11 L	CISC F	N'Nhyn Fernander	17	3/22/2016	XXXI Carifta Swimming Championship
4	25.46 L	CISC F	Miller Albury	16	5/13/2016	2016 All-Florida Senior Circuit meet.
5	26.26 L	F	Joshua Roberts	15	6/25/2015	2015 Bahamas National Championship
Male 15-17 100 Free						
1	52.29 L	CISC F	Jared Fitzgerald	17	3/22/2016	XXXI Carifta Swimming Championship
2	53.92 L	CISC F	N'Nhyn Fernander	17	1/15/2016	Arean Pro Swim Series
3	54.15 L	CISC F	Gershwin Greene	17	3/22/2016	XXXI Carifta Swimming Championship
4	55.65 L	CISC F	Miller Albury	16	5/13/2016	2016 All-Florida Senior Circuit meet.
5	57.29 L	P	Alec Sands	16	6/25/2015	2015 Bahamas National Championship
Male 15-17 200 Free						
1	1:59.98 L	CISC F	Jared Fitzgerald	17	3/22/2016	XXXI Carifta Swimming Championship
2	2:01.72 L	CISC F	Alec Sands	16	6/25/2015	2015 Bahamas National Championship
3	2:04.48 L	CISC F	Miller Albury	16	5/13/2016	2016 All-Florida Senior Circuit meet.
4	2:04.91 L	CISC P	Joshua Roberts	15	3/22/2016	XXXI Carifta Swimming Championship
5	2:09.95 L	F	Gershwin Greene	17	6/25/2015	2015 Bahamas National Championship
Male 15-17 400 Free						
1	4:20.19 L	CISC F	Joshua Roberts	15	2/18/2016	2016 Sunshine State Conference
2	4:31.10 L	F	Alec Sands	16	6/25/2015	2015 Bahamas National Championship
3	4:39.78 L	F	William Russell	15	6/25/2015	2015 Bahamas National Championship
4	4:44.89 L	F	Kristofer Smith	15	10/30/2015	SWIFT GB CARQUEST Invitational
5	4:46.47 L	F	Tenajh Gaitor	15	3/11/2016	BSC Atlantic Medical Invitational
Male 15-17 1500 Free						
1	17:18.69 L	CISC F	Alec Sands	16	6/25/2015	2015 Bahamas National Championship
2	17:44.49 L	F	Joshua Roberts	15	3/22/2016	XXXI Carifta Swimming Championship
3	18:43.74 L	F	William Russell	15	6/25/2015	2015 Bahamas National Championship
4	19:00.98 L	F	Kristofer Smith	15	6/25/2015	2015 Bahamas National Championship
5	19:27.02 L	F	Tenajh Gaitor	15	2/19/2016	BSF Last Chance Meet 2016
Male 15-17 5000 Free						
1	1:09:50.00 L	F	Kristofer Smith	15	10/10/2015	Abaco Open Water Swim
2	1:18:47.00 L	F	Alec Sands	16	10/4/2015	Swift Open Water 5K
3	1:28:21.00 L	F	Randy Paul	15	10/4/2015	Swift Open Water 5K
4	1:33:41.00 L	F	Tenajh Gaitor	15	10/4/2015	Swift Open Water 5K
Male 15-17 50 Back						
1	28.01 L	CISC P	N'Nhyn Fernander	17	3/22/2016	XXXI Carifta Swimming Championship
2	28.33 L	CISC P	Gershwin Greene	17	3/22/2016	XXXI Carifta Swimming Championship
3	29.31 L	F	Miller Albury	16	6/25/2015	2015 Bahamas National Championship
4	29.46 L	F	William Russell	15	6/25/2015	2015 Bahamas National Championship
5	30.59 L	F	Randy Paul	15	6/25/2015	2015 Bahamas National Championship
Male 15-17 100 Back						
1	1:02.39 L	CISC F	Miller Albury	16	6/25/2015	2015 Bahamas National Championship

BAHAMAS SWIMMING

Individual Top Times

Times since: 13-Jun-15 Times until: 26-May-16

Number of Top Times: 5 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
2	1:03.57 L	CISC F	William Russell	15	11/27/2015	Team Orca Winter Invitational
3	1:03.60 L	CISC F	N'Nhyn Fernander	17	6/25/2015	2015 Bahamas National Championship
4	1:07.11 L	F	Joshua Roberts	15	6/25/2015	2015 Bahamas National Championship
5	1:08.19 L	P	Clement Bowe	16	6/25/2015	2015 Bahamas National Championship
Male 15-17 200 Back						
1	2:12.07 L	CISC F	William Russell	15	2/18/2016	2016 Sunshine State Conference
2	2:18.89 L	F	Miller Albury	16	6/25/2015	2015 Bahamas National Championship
3	2:26.36 L	F	Joshua Roberts	15	6/25/2015	2015 Bahamas National Championship
4	2:31.05 L	F	Alec Sands	16	10/30/2015	SWIFT GB CARQUEST Invitational
5	2:35.63 L	F	Randy Paul	15	11/6/2015	BSC Family Guardian Invitational
Male 15-17 50 Breast						
1	29.57 L	CISC F	N'Nhyn Fernander	17	3/22/2016	XXXI Carifta Swimming Championships
2	31.06 L	CISC F	Alexander Encinar	17	3/22/2016	XXXI Carifta Swimming Championships
3	31.38 L	CISC F	Jared Fitzgerald	17	6/25/2015	2015 Bahamas National Championship
4	31.71 L	CISC F	Joshua Wong	16	6/25/2015	2015 Bahamas National Championship
5	32.94 L	F	Tryique Cox	17	2/19/2016	BSF Last Chance Meet 2016
Male 15-17 100 Breast						
1	1:07.15 L	CISC F	Alexander Encinar	17	3/22/2016	XXXI Carifta Swimming Championships
2	1:08.31 L	CISC F	N'Nhyn Fernander	17	3/22/2016	XXXI Carifta Swimming Championships
3	1:10.86 L	CISC F	Jared Fitzgerald	17	6/25/2015	2015 Bahamas National Championship
4	1:11.65 L	CISC F	Joshua Wong	16	6/25/2015	2015 Bahamas National Championship
5	1:13.32 L	F	William Russell	15	6/25/2015	2015 Bahamas National Championship
Male 15-17 200 Breast						
1	2:27.26 L	CISC F	Alexander Encinar	17	3/22/2016	XXXI Carifta Swimming Championships
2	2:30.63 L	CISC F	William Russell	15	3/22/2016	XXXI Carifta Swimming Championships
3	2:44.07 L	F	Joshua Wong	16	6/25/2015	2015 Bahamas National Championship
4	2:45.52 L	F	Jared Fitzgerald	17	6/25/2015	2015 Bahamas National Championship
5	2:47.02 L	F	Tryique Cox	17	2/19/2016	BSF Last Chance Meet 2016
Male 15-17 50 Fly						
1	25.03 L	CISC F	N'Nhyn Fernander	17	8/25/2015	5th FINA World Junior Championships
2	26.54 L	CISC P	Gershwin Greene	17	3/22/2016	XXXI Carifta Swimming Championships
3	27.81 L	F	Miller Albury	16	11/26/2015	XXXIII Invitational Internacional Naco
4	28.47 L	F	Randy Paul	15	1/29/2016	BSC Leno Corporate Services Invitational
5	28.71 L	P	Alexander Encinar	17	6/25/2015	2015 Bahamas National Championship
Male 15-17 100 Fly						
1	56.36 L	CISC F	N'Nhyn Fernander	17	3/22/2016	XXXI Carifta Swimming Championships
2	59.76 L	CISC P	Miller Albury	16	3/22/2016	XXXI Carifta Swimming Championships
3	1:02.80 L	F	Gershwin Greene	17	6/25/2015	2015 Bahamas National Championship
4	1:03.67 L	P	Alec Sands	16	6/25/2015	2015 Bahamas National Championship
5	1:04.22 L	P	Alexander Encinar	17	6/25/2015	2015 Bahamas National Championship
Male 15-17 200 Fly						
1	2:18.95 L	F	Alec Sands	16	6/25/2015	2015 Bahamas National Championship
2	2:53.51 L	F	Tenajh Gaitor	15	2/13/2016	Sea Bees Pre-Valentine Invitational
3	2:53.70 L	F	Paul Bevans	15	3/4/2016	SWAT Spring Invitational
4	3:07.02 L	F	Randy Paul	15	3/11/2016	BSC Atlantic Medical Invitational
Male 15-17 200 IM						
1	2:14.37 L	CISC F	William Russell	15	2/18/2016	2016 Sunshine State Conference
2	2:17.23 L	CISC F	Alec Sands	16	6/25/2015	2015 Bahamas National Championship
3	2:17.97 L	CISC F	N'Nhyn Fernander	17	6/25/2015	2015 Bahamas National Championship
4	2:22.03 L	F	Alexander Encinar	17	6/25/2015	2015 Bahamas National Championship
5	2:24.76 L	F	Joshua Roberts	15	6/25/2015	2015 Bahamas National Championship

BAHAMAS SWIMMING

Individual Top Times

Times since: 13-Jun-15 Times until: 26-May-16

Number of Top Times: 5 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
Male 15-17 400 IM						
1	4:53.84	L CISC	F William Russell	15	2/18/2016	2016 Sunshine State Conference
2	4:55.91	L CISC	F Alec Sands	16	6/25/2015	2015 Bahamas National Championship
3	4:59.59	L	F Joshua Roberts	15	3/22/2016	XXXI Carifta Swimming Championship
4	5:35.70	L	F Tenajh Gaitor	15	2/19/2016	BSF Last Chance Meet 2016
5	5:53.31	L	F Kristofer Smith	15	6/25/2015	2015 Bahamas National Championship
Male 18 & Over 50 Free						
1	22.76	L CISC	F Vereance Burrows	26	11/12/2015	Areana Pro Series Minneapolis
2	24.02	L CISC	F Armando Moss	23	6/25/2015	2015 Bahamas National Championship
3	24.19	L CISC	F Perez Moss	20	6/25/2015	2015 Bahamas National Championship
4	24.62	L CISC	F Kohen Kerr	19	6/25/2015	2015 Bahamas National Championship
5	24.68	L CISC	F Drew Bastian	18	2/18/2016	2016 Sunshine State Conference
Male 18 & Over 100 Free						
1	52.12	L L CISC	F Armando Moss	23	6/25/2015	2015 Bahamas National Championship
2	53.23	L CISC	F Kohen Kerr	19	6/25/2015	2015 Bahamas National Championship
3	53.45	L CISC	F Vereance Burrows	26	6/25/2015	2015 Bahamas National Championship
4	54.75	L L CISC	F Matthew Lowe	21	6/25/2015	2015 Bahamas National Championship
5	55.69	L CISC	F Evante Gibson	21	6/25/2015	2015 Bahamas National Championship
Male 18 & Over 200 Free						
1	1:57.48	L CISC	F Matthew Lowe	21	3/3/2016	Arena Pro Series
2	2:01.29	L CISC	F Kohen Kerr	19	6/25/2015	2015 Bahamas National Championship
3	2:10.09	L	F Meshach Roberts	18	6/25/2015	2015 Bahamas National Championship
4	2:11.30	L	F Keith Lloyd	19	6/25/2015	2015 Bahamas National Championship
5	2:17.07	L	F Joshua Rigby	18	10/30/2015	SWIFT GB CARQUEST Invitational
Male 18 & Over 400 Free						
1	4:05.16	L CISC	F Matthew Lowe	21	3/3/2016	Arena Pro Series
2	4:32.84	L	F Meshach Roberts	18	6/25/2015	2015 Bahamas National Championship
3	4:49.16	L	F Drew Bastian	18	6/25/2015	2015 Bahamas National Championship
4	4:49.24	L	F Kohen Kerr	19	6/25/2015	2015 Bahamas National Championship
5	4:50.58	L	F Dionisio Carey	18	6/25/2015	2015 Bahamas National Championship
Male 18 & Over 800 Free						
1	8:22.31	L CISC	F Matthew Lowe	21	2/19/2016	BSF Last Chance Meet 2016
Male 18 & Over 1500 Free						
1	16:21.87	L CISC	F Matthew Lowe	21	3/3/2016	Arena Pro Series
2	18:12.35	L	F Meshach Roberts	18	6/25/2015	2015 Bahamas National Championship
3	18:20.05	L	F Kohen Kerr	19	6/25/2015	2015 Bahamas National Championship
4	19:31.02	L	F Keith Lloyd	19	6/25/2015	2015 Bahamas National Championship
Male 18 & Over 5000 Free						
1	1:06:40.00	L	F Matthew Lowe	21	8/15/2015	Basra Marathon
2	1:16:24.00	L	F Joshua Rigby	18	11/14/2015	Swift GB Powerade 5K Open Water
3	1:36:07.00	L	F Dorian Roach	40	10/4/2015	Swift Open Water 5K
Male 18 & Over 50 Back						
1	28.26	L CISC	F Dionisio Carey	18	6/25/2015	2015 Bahamas National Championship
2	29.44	L	F Keith Lloyd	19	6/25/2015	2015 Bahamas National Championship
3*	30.01	L	F Christoph Johnson	18	6/25/2015	2015 Bahamas National Championship
3*	30.01	L	F Farion Cooper	18	6/25/2015	2015 Bahamas National Championship
5	30.77	L	F Meshach Roberts	18	6/25/2015	2015 Bahamas National Championship
Male 18 & Over 100 Back						
1	1:02.68	L CISC	F Dionisio Carey	18	6/25/2015	2015 Bahamas National Championship
2	1:02.86	L CISC	F Meshach Roberts	18	3/31/2016	2016 EZ Northern Region Speedo Sec

BAHAMAS SWIMMING

Individual Top Times

Times since: 13-Jun-15 Times until: 26-May-16

Number of Top Times: 5 Show Long Course Only

	Time		P/F/S	Name	Age/Yr		
3	1:04.14 L		P	Farion Cooper	18	6/25/2015	2015 Bahamas National Championship
4	1:05.36 L		F	Evante Gibson	21	6/25/2015	2015 Bahamas National Championship
5	1:06.07 L		P	Keith Lloyd	19	6/25/2015	2015 Bahamas National Championship
Male 18 & Over 200 Back							
1	2:16.46 L	CISC	F	Meshach Roberts	18	3/31/2016	2016 EZ Northern Region Speedo Sec
2	2:17.66 L		F	Matthew Lowe	21	6/25/2015	2015 Bahamas National Championship
3	2:23.86 L		F	Dionisio Carey	18	6/25/2015	2015 Bahamas National Championship
4	2:31.88 L		F	Farion Cooper	18	6/25/2015	2015 Bahamas National Championship
5	2:34.55 L		F	Christoph Johnson	18	6/25/2015	2015 Bahamas National Championship
Male 18 & Over 50 Breast							
1	28.39 L	CISC	F	Dustin Tynes	19	3/27/2016	2016 GT Men's LC Collegiate Invitatio
2	30.54 L	CISC	F	Utoy Wong	18	6/25/2015	2015 Bahamas National Championship
3	31.90 L		P	Drew Bastian	18	6/25/2015	2015 Bahamas National Championship
4	33.16 L		P	Laron Morley	21	6/25/2015	2015 Bahamas National Championship
5	33.17 L		P	Dionisio Carey	18	6/25/2015	2015 Bahamas National Championship
Male 18 & Over 100 Breast							
1	1:01.56 L	CISC	F	Dustin Tynes	19	3/27/2016	2016 GT Men's LC Collegiate Invitatio
2	1:05.08 L	CISC	F	Drew Bastian	18	2/18/2016	2016 Sunshine State Conference
3	1:10.78 L		P	Utoy Wong	18	6/25/2015	2015 Bahamas National Championship
4	1:14.61 L		P	Farion Cooper	18	6/25/2015	2015 Bahamas National Championship
Male 18 & Over 200 Breast							
1	2:18.13 L	CISC	P	Dustin Tynes	19	7/14/2015	Pan Am Games
2	2:28.01 L	CISC	F	Drew Bastian	18	2/18/2016	2016 Sunshine State Conference
3	2:46.91 L		F	Jeremy Knowles	34	5/14/2016	2016 All American Swim LC Spring Cla
4	2:47.32 L		F	Utoy Wong	18	6/25/2015	2015 Bahamas National Championship
5	2:53.56 L		F	Meshach Roberts	18	6/25/2015	2015 Bahamas National Championship
Male 18 & Over 50 Fly							
1	24.19 L	CISC	F	Vereance Burrows	26	8/2/2015	16th FINA World Championships
2	25.62 L	CISC	F	Armando Moss	23	6/25/2015	2015 Bahamas National Championship
3	25.75 L	CISC	F	Evante Gibson	21	6/25/2015	2015 Bahamas National Championship
4	26.47 L	CISC	F	Keith Lloyd	19	12/12/2015	Delta State Christmas Invitational
5	26.88 L	CISC	F	Perez Moss	20	6/25/2015	2015 Bahamas National Championship
Male 18 & Over 100 Fly							
1	56.81 L	CISC	F	Armando Moss	23	6/25/2015	2015 Bahamas National Championship
2	56.90 L	CISC	F	Vereance Burrows	26	6/25/2015	2015 Bahamas National Championship
3	58.89 L	CISC	F	Evante Gibson	21	7/9/2015	2015 LC Speedo Sectionals
4	1:00.42 L		P	Keith Lloyd	19	6/25/2015	2015 Bahamas National Championship
5	1:01.14 L		F	Kohen Kerr	19	6/25/2015	2015 Bahamas National Championship
Male 18 & Over 200 Fly							
1	2:06.85 L	CISC	F	Matthew Lowe	21	3/3/2016	Arena Pro Series
2	2:19.04 L		F	Kohen Kerr	19	6/25/2015	2015 Bahamas National Championship
3	2:28.18 L		F	Keith Lloyd	19	6/25/2015	2015 Bahamas National Championship
4	2:29.83 L		F	Jeremy Knowles	34	5/14/2016	2016 All American Swim LC Spring Cla
5	2:49.40 L		F	Meshach Roberts	18	6/25/2015	2015 Bahamas National Championship
Male 18 & Over 200 IM							
1	2:19.52 L		F	Drew Bastian	18	6/25/2015	2015 Bahamas National Championship
2	2:25.77 L		F	Dionisio Carey	18	6/25/2015	2015 Bahamas National Championship
3	2:26.75 L		F	Farion Cooper	18	6/25/2015	2015 Bahamas National Championship
4	2:26.91 L		F	Meshach Roberts	18	6/25/2015	2015 Bahamas National Championship
5	2:31.27 L S		T	Jeremy Knowles	34	5/14/2016	2016 All American Swim LC Spring Cla

BAHAMAS SWIMMING

Individual Top Times

Times since: 13-Jun-15 Times until: 26-May-16
Number of Top Times: 5 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
Male 18 & Over 400 IM						
1	5:10.61 L	F	Jeremy Knowles	34	5/14/2016	2016 All American Swim LC Spring Cla
2	5:16.17 L	F	Kohen Kerr	19	6/25/2015	2015 Bahamas National Championship
3	5:17.89 L	F	Drew Bastian	18	6/25/2015	2015 Bahamas National Championship
4	5:22.12 L	F	Meshach Roberts	18	6/25/2015	2015 Bahamas National Championship
5	5:49.87 L	F	Utoy Wong	18	6/25/2015	2015 Bahamas National Championship