

UANA SWIMMING CUP

January 19-21, 2018



Coral Springs Aquatic Complex
12441 Royal Palm Blvd
Coral Springs, FL



Be a part of the fun, excitement, and camaraderie as the Central American & Caribbean (CCCAN) & the South American Swimming Confederations (CONSANAT) celebrate our athletes!

**Unity, Development, Progress
See, Feel, Experience**

See you in Coral Springs in January 2018!

THE UNION AMERICANA DE NATACION (UANA)
presents
THE UANA SWIMMING CUP
CORAL SPRINGS, FLORIDA - USA

The Union Americana de Natacion (UANA) extends a cordial invitation to the invited member Federations of UANA to participate in THE UANA SWIMMING CUP to be held in Coral Springs, Florida, USA from January 19-21, 2018. **This meet is an approved Qualifier for the FINA YOUTH OLYMPIC GAMES, BUENOS AIRES 2018; CENTRAL AMERICAN GAMES, BARRANQUILLA 2018; PAN AMERICAN GAMES 2019, LIMA.**

1. POOL SPECIFICATIONS

- a) 8 LANE X 50 M COURSE WITH 50 M WARM DOWN POOL. Water depth at the start end is 1.5m and 2.4m in the middle of the pool.
- b) Starting blocks: Spectrum
- c) Starting block top wedges: Myrtha
- d) Backstroke starting ledges: Colorado
- e) Timing system: Daktronics
- f) Scoreboard: Daktronics
- g) Meet Management software: Hytek
- h) The competition course has been certified in accordance with USA Swimming 104.2.2C(4). The copy of such certification is on file with USA Swimming.

2. INVITED FEDERATIONS

Zone 1 - CCCAN		Zone 2 - CONSANAT	
ANTIGUA & BARBUDA	GUATEMALA	ARGENTINA	
ARUBA	HAITI	BOLIVIA	
BAHAMAS	HONDURAS	BRAZIL	
BARBADOS	US VIRGIN ISLANDS	COLOMBIA	
BERMUDA	JAMAICA	CHILE	
BRITISH VIRGIN ISLANDS	MEXICO	ECUADOR	
CAYMAN ISLANDS	NICARAGUA	GUYANA	
COSTA RICA	PANAMA	PERU	
CUBA	PUERTO RICO	PARAGUAY	
CURACAO	ST. KITTS & NEVIS	SURINAM	
DOMINICA	ST. LUCIA	URUGUAY	
DOMINICAN REPUBLIC	TURKS & CAICOS	VENEZUELA	
EL SALVADOR	SAINT VINCENT & THE GRENADINES		
GRENADA	TRINIDAD & TOBAGO		

3. SCHEDULE

Wednesday, January 17: Arrival of Teams

Thursday, January 18: Arrival of Teams

Team Training Available: 1500-1800

Technical Meeting: 1700

Opening Ceremony and Dinner: 1800

Friday, January 19: Day 1 Competition

Warm-ups: 0830-1000

Start of Competition: 1020

Dinner and Athlete Social: 1830

Saturday, January 20: Day 2 Competition

Warm-ups: 0830-1000

Start of Competition: 1020

Sunday, January 21: Day 3 Competition

Warm-ups: 0830-1000

Start of Competition: 1020

Closing Remarks & Presentation of High Point Trophies

Departure of Teams

4. RULES

The competition will be conducted in accordance with FINA Rules 2017- 2021 in force at the start of the competition. Doping Control will be conducted during the UANA Swimming Cup.

Age Groups

Competitors shall compete in the following age groups:

11-12 Female and male—athletes born in the years 2005 and 2006 are eligible to compete

13-14 Female and male—athletes born in the years 2003 & 2004 are eligible to compete

15-17 Female and male—athletes born in the years 2000, 2001, 2002 are eligible to compete

The swimmers' age group shall be determined by the age of the swimmer as of midnight December 31, 2017.

Registration & Entries

- Each National Federation (NF) will be limited to a maximum of 6 male and 6 female swimmers per age group, for a maximum of 36 swimmers total.
- There is no limit to the number of events per swimmer.
- There is no limit to the number of entries per NF per event; however, only two competitors per NF may score in each event.
- No substitutions or alternates will be accepted after the final entries have been submitted, except in relays.
- All relay participants must have been entered in the meet.

- No competitor will be allowed to participate in an age group outside of his/her age group.
- In the relays, each NF must enter 4 competitors. The order of swimmers in each relay must be submitted to the Clerk of Course one hour before the start of each day's proceedings.
- All events are timed finals.
- The pool will be open 90 minutes before each session for warm up.
- The warm up routine will be an open lane format with sprinting taking place in lanes 2 and 7, 30 minutes before the end of the warm up period. Pace laps will take place in lanes 1 & 8.
- Swimmers must report to the Clerk of Course and must be in the swimmers' waiting area at least 3 heats before the heat or event in which he/she is entered.

Eligibility

- All participating Federations must be in good standing with FINA and all other affiliated members.
- All competitors must be either citizens of the Country they represent whether by birth or naturalisation, provided that a naturalised citizen shall have lived in that Country for at least one year prior to the entry deadline for the UANA Swimming Cup.
- Non-citizens may be entered provided the competitor has been resident in the Country for one year prior to the entry deadline and must not have swum for another Country during that period. Competitors who are non-citizens are required to present 'proof of residency' documents, which could be proof of club membership, proof of attendance at school, or any other organisation.
- All competitors must be registered with, or a member of, the swimming Federation of the Country they represent.

Distance Seeding

The 400 Meter Freestyle and 400 Meter Individual Medley events will be seeded with the fastest eight swimmers in each age group seeded together by age group, followed by all remaining swimmers seeded fastest to slowest with all age groups combined for the purposes of swimming the event. Results will be separated and scored by age group.

Timed Trials

Timed trials will be offered at the end of each session in the events not listed in the meet programme. Timed trial entries must be submitted each day one hour before the start of each session to the Meet Referee. Due to time constraints timed trials will only be offered to swimmers in the 15-17 age group or athletes born in the years 2000, 2001 & 2002. An athlete may only participate in one timed trial per day. Athletes will be required to provide their own lap counter assistant.

Liability

- In granting this approval it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- UANA, the members of the Technical Committee, the meet officials, volunteers and members of the local organizing committee, the facility, and the host organization shall accept no responsibility for liability or injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while traveling to and from or while participating in this event.
- All participants and guests must adhere to the facility rules and coaches must supervise their swimmers at all times.
- Waiver and Release Forms will be made available to each National Federation on or before October 1, 2017. A parent or legal guardian must sign the form if a swimmer is under the age of majority in

his/her country. Signed forms must be scanned and emailed to UANA on or before December 15, 2017. The original signed document for each athlete must be presented to UANA at or prior to the Team Leaders meeting on January 18th.

Image Authorization

All participants agree to be filmed and photographed by official photographers under the conditions authorized by UANA, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in this UANA competition.

Athlete Protection

- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.
- Deck changes are prohibited.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

5. ENTRIES

Preliminary Entries

Preliminary entries, or intention to participate, must be submitted to UANA by **October 15, 2017**, using either the online form, located at <https://goo.gl/forms/BRVNRluiVAPaWarl3>, or the attached form. Preliminary entries must indicate the number of swimmers, male and female, for each age group.

Final Entries

Final entries must be submitted to UANA by **December 15, 2017** using Hytek software. The UANA TSC will issue a Hytek “meet events” file immediately after receiving the preliminary entries. The psych sheet will be posted on the UANA website on December 31, 2017.

Both preliminary and final entries must be submitted to the email address: uanaswentries@gmail.com

Entry Fees

There are no registration or entry fees.

6. AWARDS

Scoring shall be as follows:

First Place	-	9 points
Second Place	-	7 points
Third Place	-	6 points
Fourth Place	-	5 points
Fifth Place	-	4 points
Sixth Place	-	3 points
Seventh Place	-	2 points
Eighth Place	-	1 point

Point values will be doubled for relays.

Medals

Medals will be awarded to the top three (3) swimmers in each event. There will be no formal medal presentation ceremony. Medals will be available for pickup shortly after the conclusion of the event or at the end of the day's proceedings. A commemorative backdrop will be made available where swimmers may have photographs taken with their awards.

High Point Awards

A high point award will be presented to the champion in each age group (female & male) based on the number of points scored in their individual events. Presentation will take place at the end of the meet.

A high point trophy—**THE UANA SWIMMING CUP**—will be presented to the overall winning team at the conclusion of the meet.

Certificate of Participation

Each competitor shall receive a certificate in recognition of their participation.

7. TECHNICAL OFFICIALS

- Qualified individuals may apply to UANA to act as technical officials in swimming.
- An application form must be completed by the Technical Official and sent to the email addresses listed on the application form.
- All technical officials are expected to cover their own travel and accommodation expenses.
- Refreshment will be served to technical officials during the competition.

8. TECHNICAL MEETING

A Technical meeting will be held at the Coral Springs Complex, Florida on Thursday, January 18th, 2018 at 1700 to consider the following:

- 1) Scratches
- 2) General discussion on competition
- 3) Answer queries

9. PROTESTS

All protests to a Referee's decision must be submitted to the Referee in writing within 30 minutes after the announcement of the results of the event. The protest must be signed by the Delegation's Representative and accompanied by US\$100.00. If the protest is upheld, the fee will be returned to the Delegation's leader.

10. JURY OF APPEAL

The Jury of Appeal, comprising three disinterested persons, will adjudicate all appeals against a Referee's rejection of a protest.

11. MEDICAL ASSISTANCE

For basic medical needs, CareSpot Urgent Care is located at 1205 N. University Drive, Coral Springs, Florida 33071, which is approximately 3.2 miles, or 8 minutes, from the competition pool. The medical clinic can be reached at +1 (954) 780-8134. Hospital/Emergency facilities are available at Coral Springs Medical Center, located at 3000 Coral Hills Drive, Coral Springs, Florida 33065, which is approximately 3.0 miles, or 9 minutes, from the competition pool. The hospital can be reached at +1 (954) 354-3108. Additionally, the lifeguard staff at the Coral Springs Aquatic Center will be available for limited on-site medical assistance.

12. ACCOMMODATIONS AND MEALS—UANA PACKAGE

All National Federations affiliated to UANA are invited to receive significant benefits by registering to participate in the UANA Package.

For those National Federations that register to participate in the UANA Package, athletes, coaches, support staff, international technical officials, and National Federation leaders will receive the following benefits:

- One free hotel room for each National Federation that registers at least 1 room of four swimmers
- Shuttle transportation from the airport to the hotel and return to the airport
- Bus or mini bus transportation from the official hotel to and from the Coral Springs Aquatic Complex
- Breakfast at the official hotel, lunch at the pool, and dinner at either the hotel or a local restaurant
- Hotel price offered for either US\$75.00 or US\$100.00 per person per night at one of the official hotels, based on the occupancy of four swimmers in the hotel room.
- This package is valid from dinner on January 18 through breakfast on January 22.

Important Registration Dates for the UANA Package:

- Preliminary deadline to register is October 15, 2017; after this date any federation **that has not confirmed their intent to register** for the UANA package will no longer be able to receive the benefits of the package. This may be submitted at: <https://goo.gl/forms/BRVNRluiVAPaWarl3>
- Final reservation for the UANA package is November 15, 2017, after this date any federation **that has registered, but has not confirmed their number** of hotel rooms will not be able to receive the benefits of the package. This may be submitted at: <https://goo.gl/forms/jainBFuAKN2SvrYy1>
- Final Payment must be received by December 10, 2017; after this date any federation that **has not submitted their payment will no longer be able to receive** the benefits of the package.

La Quinta Inn & Suites Hotel

1. US\$ 75.00 per person per nights for quadruple occupancy room.
2. US\$ 100.00 per person per nights for triple occupancy room.
3. US\$ 150.00 per person per nights for double occupancy room.
4. US\$ 300.00 per person per nights for single occupancy room

Marriott Courtyard Hotel

1. US\$ 100.00 per person per nights for quadruple occupancy room.
2. US\$ 135.00 per person per nights for triple occupancy room.
3. US\$ 200.00 per person per nights for double occupancy room.
4. US\$ 400.00 per person per nights for single occupancy room

Each participating National Federation is invited to include in its official delegation the following (not to exceed) number of Team Support Staff, at the same cost for the athletes and coaches:

1. Delegations with ten (10) competitors or less – Three (3) Team Support
2. Delegations with more than ten (10) competitors but less than twenty-five (25) – Four (4) Team Support
3. Delegations with more than twenty-five (25) competitors – Five (5) Team Support

FOR MORE INFORMATION ABOUT THE "UANA PACKAGE" CONTACT THE LOGISTICS TEAM—
uanaswlogistics@gmail.com

National Federations are permitted to make their own arrangements for transportation to and from the airport, make their own hotel bookings, and coordinate their own meals if they do not wish to purchase the package provided by UANA.

13. VISA—TRAVELING TO THE UNITED STATES

If you require a travel visa to enter the United States, please begin the process as soon as possible!

To determine if you require a visa to travel to the United States, please review the instructions below or visit the U.S. Department of State's Visa Wizard at <https://travel.state.gov/content/visas/en/general/visa-wizard.html>

Information on the UANA SWIMMING CUP may be found on the UANA website
www.uana-aquatics.com



Order of Events UANA SWIMMING CUP

Female events precede male events.

Friday, January 19

Warm-ups: 830-1000, Competition: 1020

Event #	Age Group	Event
1-2	11-12	400 Meter Freestyle
3-4	13-14	400 Meter Freestyle
5-6	15-17	400 Meter Freestyle
7-8	11-12	200 Meter Individual Medley
9-10	13-14	200 Meter Individual Medley
11-12	15-17	200 Meter Individual Medley
13-14	11-12	50 Meter Freestyle
15-16	13-14	50 Meter Freestyle
17-18	15-17	50 Meter Freestyle
10 Minute Break		
19-20	11-12	4 X 50 Meter Medley Relay
21-22	13-14	4 X 50 Meter Medley Relay
23-24	15-17	4 X 50 Meter Medley Relay

Saturday, January 20

Warm-ups: 830-1000, Competition: 1020

Event #	Age Group	Event
25-26	13-14	400 Meter Individual Medley
27-28	15-17	400 Meter Individual Medley
29-30	11-12	100 Meter Butterfly
31-32	13-14	100 Meter Butterfly
33-34	15-17	100 Meter Butterfly
35-36	11-12	200 Meter Freestyle
37-38	13-14	200 Meter Freestyle
39-40	15-17	200 Meter Freestyle
41-42	11-12	50 Meter Breaststroke
43-44	13-14	50 Meter Breaststroke
45-46	15-17	50 Meter Breaststroke
47-48	11-12	100 Meter Backstroke
49-50	13-14	100 Meter Backstroke
51-52	15-17	100 Meter Backstroke
10 Minute Break		
53-54	11-12	4 X 50 Meter Freestyle Relay
55-56	13-14	4 X 100 Meter Freestyle Relay
57-58	15-17	4 X 100 Meter Freestyle Relay

Sunday, January 21
Warm-ups: 830-1000, Competition: 1020

Event #	Age Group	Event
59-60	11-12	50 Meter Backstroke
61-62	13-14	50 Meter Backstroke
63-64	15-17	50 Meter Backstroke
65-66	11-12	100 Meter Freestyle
67-68	13-14	100 Meter Freestyle
69-70	15-17	100 Meter Freestyle
71-72	11-12	100 Meter Breaststroke
73-74	13-14	100 Meter Breaststroke
75-76	15-17	100 Meter Breaststroke
77-78	11-12	50 Meter Butterfly
79-80	13-14	50 Meter Butterfly
81-82	15-17	50 Meter Butterfly
10 Minute Break		
83	11-12	4 X 50 Meter Mixed Freestyle Relay
84	13-14	4 X 50 Meter Mixed Freestyle Relay
85	15-17	4 X 50 Meter Mixed Freestyle Relay

**UANA SWIMMING CUP
CORAL SPRINGS, FLORIDA
PRELIMINARY ENTRY FORM**

Complete Online at <https://goo.gl/forms/BRVNRluiVAPaWarl3> or send to uanaswentries@gmail.com
The preliminary entry form must be returned to **UANA** no later than **October 15, 2017**

Your Name: _____

Your Mobile/Cell Number (including country code): _____

Your Position Within National Federation: _____

National Federation: _____

Name of Team Coach (for all entries and technical matters): _____

Email Address of Team Coach (for all entries and technical matters): _____

Mobile/Cell Number of Team Coach (including country code): _____

Name of NF Contact for Logistics (hotels, flights, transportation & meals): _____

Email Address of Logistics Contact: _____

Mobile/Cell Number of Logistics Contact (including county code): _____

As of October 15, 2017, our delegation is estimated to comprise the following numbers:

Category	11-12	13-14	15-17	Technical officials	Team officials	Coaches	Total
Female							
Male							
Total							

If Your NF intends to participate in the UANA Package:

Intended Arrival and Departure Dates of Team: _____

Preferred Hotel: _____

Estimated Number of Hotel Rooms Needed: _____

**UANA SWIMMING CUP
CORAL SPRINGS, FLORIDA
HOTEL BOOKING**

Complete Online at <https://goo.gl/forms/jainBFuAKN2SvrYy1> or send to uanaswlogistics@gmail.com
The hotel booking form must be returned to **UANA** no later than **November 15, 2017** if your Federation would like to participate in the UANA Package.

Your Name: _____

Your Mobile/Cell Number (including country code): _____

Your Position Within National Federation: _____

National Federation: _____

Name of Team Coach (for all entries and technical matters): _____

Email Address of Team Coach (for all entries and technical matters): _____

Mobile/Cell Number of Team Coach (including country code): _____

Name of NF Contact for Logistics (hotels, flights, transportation & meals): _____

Email Address of Logistics Contact: _____

Mobile/Cell Number of Logistics Contact (including county code): _____

Our delegation will comprise the following numbers:

Category	11-12	13-14	15-17	Technical officials	Team officials	Coaches	Total
Female							
Male							
Total							

Arrival and Departure Airport: _____

Arrival and Departure Dates of Team: _____

Hotel: _____

Rooms Required January 18: _____

Rooms Required January 19: _____

Rooms Required January 20: _____

Rooms Required January 21: _____

Payment is due December 10, 2017!

**UANA SWIMMING CUP
CORAL SPRINGS, FLORIDA
APPLICATION FORM FOR TECHNICAL OFFICIALS**

Name: _____ Signature: _____

Address: _____

Country: _____

The Position I Can Fill Is: _____

I have served as a technical official during the past 4 years (list meets/events at which last officiated):

A) National: _____

B) International: _____

My Present Position as a Technical Official Is:

A) National: _____ B) UANA List #: _____ C) FINA List #: _____

This Form must be signed by the President or Secretary of the National Federation.

Name _____ Title _____

Date _____

- NOTES: (1) TEAM OFFICIALS MAY NOT ACT AS TECHNICAL OFFICIALS
(2) THIS FORM MUST BE RETURNED BY EMAIL TO UANA as follows:

Sonia O'Neal: sonpat@caribsurf.com
Jay Thomas: jayfthomas@gmail.com
Raul Araya: araya.raul@yahoo.com.ar

Please submit no later than December 15th, 2017

Please observe deadline dates as stated in the Summons for accommodation and transportation.