

**BAHAMAS SWIMMING FEDERATION
NATIONAL CHAMPIONSHIPS
LONG COURSE RECORDS**

BOYS 15 & OVER

June 26, 2017

| EVENT | RECORD | NAME | CITY | DATE |
|---------------|----------|---------------------------------------|--------|---------------|
| 50 FREE | 23.01 | Vereance Burrows'89/FAC | Nassau | June 26, 2016 |
| 100 FREE | 51.29 | Jeremy Knowles'81/SWIFT | Nassau | June 28, 2008 |
| 200 FREE | 1:53.05 | Jeremy Knowles'81/SWIFT | Nassau | June 27, 2008 |
| 400 FREE | 3:59.01 | Jeremy Knowles'81/UN | Nassau | July 11, 2003 |
| 1500 FREE | 16.08.19 | Matthew Lowe'94/BSC | Nassau | June 20, 2013 |
| 50 BACK | 27.72 | Dionisio Carey'97/BSC | Nassau | June 24, 2017 |
| 100 BACK | 59.01 | Christopher Vythoulkas'84/DSC | Nassau | June 23, 2000 |
| 200 BACK | 2:10.57 | Jeremy Knowles'81/UN | Nassau | June 27, 2004 |
| 50 BREAST | 28.79 | Dustin Tynes'96/SWIFT | Nassau | June 24, 2016 |
| 100 BREAST | 1:03.03 | Dustin Tynes'96/SWIFT | Nassau | June 25, 2016 |
| 200 BREAST | 2:23.00 | Dustin Tynes'96/SWIFT | Nassau | June 23, 2016 |
| 50 FLY | 24.38 | Vereance Burrows'89/UN | Nassau | June 25, 2016 |
| 100 FLY | 54.00 | Jeremy Knowles'81/SWIFT | Nassau | June 27, 2008 |
| 200 FLY | 1:59.40 | Jeremy Knowles'81/SWIFT | Nassau | July 3, 2005 |
| 200 I.M. | 2:02.79 | Jeremy Knowles'81/SWIFT | Nassau | June 26, 2008 |
| 400 I.M. | 4:28.04 | Jeremy Knowles'81/UN | Nassau | July 10, 2003 |
| RELAYS | | | | |
| 200 FREE | 1:34.33 | N'Nhyn Fernander; Izaak Bastian | Nassau | June 22, 2017 |
| | | Gershwin Greene, Kohen Kerr/BSC | | |
| 400 FREE | 3:31.54 | Perez Moss, Miller Albury | Nassau | June 23, 2016 |
| | | Jared Fitzgerald, Armando Moss/AAC | | |
| 200 MEDLEY | 1:46.72 | Keith Lloyd; Izaak Bastian | Nassau | June 22, 2017 |
| | | N'Nhyn Fernander, Gershwin Greene/BSC | | |
| 400 MEDLEY | 3:58.27 | Keith Lloyd; Izaak Bastian | Nassau | June 25, 2017 |
| | | N'Nhyn Fernander; Gershwin Greene/BSC | | |