

**BAHAMAS SWIMMING FEDERATION  
NATIONAL CHAMPIONSHIPS  
LONG COURSE RECORDS**

**BOYS 9 & 10**

**June 26 2016**

<b>EVENT</b>	<b>RECORD</b>	<b>NAME</b>	<b>CITY</b>	<b>DATE</b>
50 FREE	28.28	Marvin Johnson'06/BMA	Nassau	June 26, 2016
100 FREE	1:03.40	Nigel Forbes'05/FAC	Nassau	June 25, 2016
200 FREE	2:17.61	Nigel Forbes'05/FAC	Nassau	June 24, 2016
400 FREE	4:56.37	Nigel Forbes'05/FAC	Nassau	June 26, 2016
50 BACK	35.46	Marvin Johnson'06/BMA	Nassau	June 25, 2016
100 BACK	1:20.11	Dionisio Carey'99/BSC	Nassau	June 27, 2008
50 BREAST	36.75	Nigel Forbes'05/FAC	Nassau	June 24, 2016
100 BREAST	1:22.37	Izaak Bastain'01/BSC	Nassau	June 16, 2012
50 FLY	31.10	Nigel Forbes'05/FAC	Nassau	June 28, 2015
100 FLY	1:09.52	Nigel Forbes'05/FAC	Nassau	June 25, 2016
200 I.M.	2:38.54	Nigel Forbes'05/FAC	Nassau	June 23, 2016
<b>RELAYS</b>				
200 FREE	2:14.83	Peter Morley, Mark Thompson, Joshua Murray, Luke Thompson/SWIFT	Nassau	June 14, 2012
400 FREE	5:07.43	Peter Morley, Joshua Murray, Mark Thompson; Luke Thompson/SWIFT	Nassau	June 16, 2012
200 MEDLEY	2:26.31	Christopher Neil; Izaak Bastian, Samuel Gibson; Shamar St Rose/BSC	Nassau	June 17, 2012