

**BAHAMAS SWIMMING FEDERATION  
NATIONAL CHAMPIONSHIPS  
LONG COURSE RECORDS**

GIRLS 11 & 12

June 26, 2016

EVENT	RECORD	NAME	CITY	DATE
50 FREE	28.82	Simone Sturupp'98/SWIFT	Nassau	June 20, 2011
100 FREE	1:02.75	Taryn Smith'96/YMCA	Nassau	June 26, 2009
200 FREE	2:19.28	Arianna Vanderpool-Wallace'90/TPAC	Nassau	July 11, 2003
400 FREE	4:50.13	Arianna Vanderpool-Wallace'90/TPAC	Nassau	July 11, 2003
800 FREE	10:08.69	McKayla Lightbourn'92/SWIFT	Nassau	June 30, 2005
50 BACK	33.31	Katelyn Cabral'03/SWIFT	Nassau	June 25, 2016
100 BACK	1:13.19	Virginia Stamp'01/BSC	Nassau	June 20, 2014
200 BACK	2:39.54	Virginia Stamp'01/BSC	Nassau	June 21, 2014
50 BREAST	36.97	Jamilah Hepburna'06/ORCA	Nassau	June 25, 2016
100 BREAST	1:21.88	Albury Higgs'99/SWIFT	Nassau	June 16, 2012
200 BREAST	2:54.85	Alana Dillette'87/FAC	Nassau	June 25, 2000
50 FLY	30.75	Jana Johnson'01/Alpha	Nassau	June 25, 2009
100 FLY	1:11.40	Katelyn Cabral'03/Swift	Nassau	June 25, 2015
200 FLY	2:45.61	Bria Deveaux'94/BSC	Nassau	May 31, 2007
200 I.M.	2:39.79	Laura Morley'96/SWIFT	Nassau	June 24, 2009
400 I.M.	5:44.01	McKayla Lightbourn'92/SWIFT	Nassau	July 2, 2005
<b>RELAYS</b>				
200 FREE	1:59.47	Victoria Russell; Arielle Adderley Lauren Albury; Celia Campbell/SWIFT	Nassau	June 20, 2013
400 FREE	4:33.65	Madison Mortimer, Jamilah Hepburn Ebonie Taylor ; HaileyJohnsonORCA	Nassau	June 24, 2016
200 MEDLEY	2:15.15	Celia Campbell, Victoria Russell Teshe Rolle, Arielle Adderley/SWIFT	Nassau	June 25, 2013
400 MEDLEY	5:06.97	Katelyn Cabral; Cecily Bowe Anya MacPhail; Jazmine Trotman/Swift	Nassau	June 26, 2015