

**BAHAMAS SWIMMING FEDERATION
NATIONAL CHAMPIONSHIPS
LONG COURSE RECORDS**

GIRLS 11 & 12

June 26, 2017

| EVENT | RECORD | NAME | CITY | DATE |
|---------------|---------------|---------------------------------------------------------------------------|-------------|---------------|
| 50 FREE | 28.82 | Simone Sturup'98/SWIFT | Nassau | June 20, 2011 |
| 100 FREE | 1:02.75 | Taryn Smith'96/YMCA | Nassau | June 26, 2009 |
| 200 FREE | 2:16.57 | Salene Gibson'06/AAC | Nassau | June 24, 2017 |
| 400 FREE | 4:50.13 | Arianna Vanderpool-Wallace'90/TPAC | Nassau | July 11, 2003 |
| 800 FREE | 10:08.69 | McKayla Lightbourn'92/SWIFT | Nassau | June 30, 2005 |
| 50 BACK | 33.31 | Katelyn Cabral'03/SWIFT | Nassau | June 25, 2016 |
| 100 BACK | 1:13.19 | Virginia Stamp'01/BSC | Nassau | June 20, 2014 |
| 200 BACK | 2:39.54 | Virginia Stamp'01/BSC | Nassau | June 21, 2014 |
| 50 BREAST | 36.72 | Zayle-Elizabeth Thompson'04/AAC | Nassau | June 25, 2017 |
| 100 BREAST | 1:21.60 | Zayle-Elizabeth Thompson'04/AAC | Nassau | June 24, 2017 |
| 200 BREAST | 2:54.85 | Alana Dillette'87/FAC | Nassau | June 25, 2000 |
| 50 FLY | 30.75 | Jana Johnson'01/Alpha | Nassau | June 25, 2009 |
| 100 FLY | 1:11.40 | Katelyn Cabral'03/Swift | Nassau | June 25, 2015 |
| 200 FLY | 2:45.61 | Bria Deveaux'94/BSC | Nassau | May 31, 2007 |
| 200 I.M. | 2:36.32 | Zayle-Elizabeth Thompson'04/AAC | Nassau | June 23, 2017 |
| 400 I.M. | 5:44.01 | McKayla Lightbourn'92/SWIFT | Nassau | July 2, 2005 |
| RELAYS | | | | |
| 200 FREE | 1:59.47 | Victoria Russell; Arielle Adderley Lauren Albury; Celia Campbell/SWIFT | Nassau | June 20, 2013 |
| 400 FREE | 4:33.65 | Madison Mortimer, Jamilah Hepburn Ebonie Taylor ; HaileyJohnsonORCA | Nassau | June 24, 2016 |
| 200 MEDLEY | 2:15.15 | Celia Campbell, Victoria Russell Teshe Rolle, Arielle Adderley/SWIFT | Nassau | June 25, 2013 |
| 400 MEDLEY | 5:06.97 | Katelyn Cabral; Cecily Bowe Any MacPhail; Jazmine Trotman/Swift | Nassau | June 26, 2015 |