

BAHAMAS SWIMMING

Individual Meet Results

2016 Tar Heel States Invitational 29-Jul-16 to 31-Jul-16 LC Meters

Location: Koury Natatorium,

Time	F/P/S	Name		Age	Place	Points	Improv
Event # 1B Female 200 Free 15 & Over							
2:41.55L	P	Megan Reid	FAC	17	26	---	9.66
2:45.60L	P	Jeelah Delancy	FAC	15	28	---	3.13
Event # 2A Male 200 Free 14 & Under							
2:14.52L	F	Lamar Taylor	FAC	13	10	---	3.59
2:18.99L	P	Lamar Taylor	FAC	13	10	---	8.06
2:26.10L	P	Vjaughn Ingraham	FAC	14	25	---	2.37
2:27.87L	P	Brahm Najman	FAC	14	27	---	5.75
2:31.93L	P	Rommel Ferguson	FAC	13	33	---	-4.08
Event # 2B Male 200 Free 15 & Over							
2:20.31L	P	Ethan Moxey	FAC	15	38	---	8.73
Event # 3A Female 100 Breast 14 & Under							
1:26.54L	P	Sabine Ellison	NCAC-NC	13	4	---	4.22
1:22.90L	DQ	F Sabine Ellison	NCAC-NC	13	---	---	---
Event # 3B Female 100 Breast 15 & Over							
1:32.99L	P	Jeelah Delancy	FAC	15	24	---	1.68
1:41.00L	P	Megan Reid	FAC	17	37	---	5.07
Event # 4A Male 100 Breast 14 & Under							
1:20.46L	F	Brahm Najman	FAC	14	6	---	-3.23
1:23.69L	P	Brahm Najman	FAC	14	7	---	---
1:26.80L	P	Rommel Ferguson	FAC	13	10	---	5.48
1:27.46L	F	Rommel Ferguson	FAC	13	16	---	6.14
1:30.06L	P	Vjaughn Ingraham	FAC	14	18	---	3.97
Event # 4B Male 100 Breast 15 & Over							
1:23.01L	P	Ethan Moxey	FAC	15	28	---	2.61
Event # 5B Female 100 Fly 15 & Over							
1:19.04L	P	Megan Reid	FAC	17	19	---	9.16
1:29.68L	P	Jeelah Delancy	FAC	15	26	---	---
Event # 6A Male 100 Fly 14 & Under							
1:05.94L	F	Brahm Najman	FAC	14	5	---	-0.71
1:08.12L	P	Brahm Najman	FAC	14	5	---	1.47
1:09.52L	F	Lamar Taylor	FAC	13	8	---	4.93
1:10.78L	P	Lamar Taylor	FAC	13	8	---	6.19
1:13.83L	F	Rommel Ferguson	FAC	13	14	---	5.36
1:15.46L	P	Rommel Ferguson	FAC	13	16	---	6.99
1:27.06L	P	Vjaughn Ingraham	FAC	14	28	---	---

BAHAMAS SWIMMING**Individual Meet Results****2016 Tar Heel States Invitational 29-Jul-16 to 31-Jul-16 LC Meters**

Time	F/P/S	Name		Age	Place	Points	Improv
Event # 6B Male 100 Fly 15 & Over							
1:16.06L	P	Ethan Moxey	FAC	15	46	---	4.54
Event # 7 Female 400 IM Open							
5:38.35L	F	Sabine Ellison	NCAC-NC	13	9	---	---
Event # 10 Male 200 Medley Relay 13-14 - Lead-Off Legs (50 Back)							
37.89L	F	Lamar Taylor	FAC	13	---	---	6.78
Event # 14A Male 200 Fly 14 & Under							
2:32.74L	F	Brahm Najman	FAC	14	4	---	-7.62
2:42.85L	P	Brahm Najman	FAC	14	7	---	2.49
2:54.64L	F	Rommel Ferguson	FAC	13	10	---	8.53
3:02.92L	P	Rommel Ferguson	FAC	13	10	---	16.81
Event # 15A Female 50 Free 14 & Under							
30.15L	F	Sabine Ellison	NCAC-NC	13	10	---	---
31.09L	P	Sabine Ellison	NCAC-NC	13	16	---	---
Event # 15B Female 50 Free 15 & Over							
29.22L	F	Je Leah Delancy	FAC	15	5	---	-0.97
29.77L	P	Je Leah Delancy	FAC	15	7	---	-0.42
30.43L	P	Megan Reid	FAC	17	15	---	0.65
31.12L	F	Megan Reid	FAC	17	16	---	1.34
Event # 16A Male 50 Free 14 & Under							
27.36L	F	Lamar Taylor	FAC	13	3	---	0.84
27.90L	F	Vjaughn Ingraham	FAC	14	9	---	0.10
27.91L	P	Lamar Taylor	FAC	13	3	---	1.39
28.76L	P	Vjaughn Ingraham	FAC	14	11	---	0.96
Event # 16B Male 50 Free 15 & Over							
27.73L	P	Ethan Moxey	FAC	15	31	---	0.37
Event # 17A Female 200 Breast 14 & Under							
2:54.37L	F	Sabine Ellison	NCAC-NC	13	2	---	-1.54
3:03.41L	P	Sabine Ellison	NCAC-NC	13	3	---	7.50
Event # 17B Female 200 Breast 15 & Over							
3:25.63L	P	Je Leah Delancy	FAC	15	26	---	---

BAHAMAS SWIMMING**Individual Meet Results****2016 Tar Heel States Invitational 29-Jul-16 to 31-Jul-16 LC Meters**

Time	F/P/S	Name		Age	Place	Points	Improv
Event # 18A Male 200 Breast 14 & Under							
3:03.53L	F	Brahm Najman	FAC	14	9	---	-11.91
3:08.40L	P	Brahm Najman	FAC	14	10	---	-7.04
3:14.66L	F	Rommel Ferguson	FAC	13	12	---	13.07
3:17.13L	P	Rommel Ferguson	FAC	13	14	---	15.54
Event # 18B Male 200 Breast 15 & Over							
3:00.27L	P	Ethan Moxey	FAC	15	24	---	-4.91
Event # 19B Female 100 Back 15 & Over							
1:29.04L	P	Je Leah Delancy	FAC	15	39	---	4.50
1:29.36L	P	Megan Reid	FAC	17	40	---	---
Event # 20A Male 100 Back 14 & Under							
1:08.59L	F	Lamar Taylor	FAC	13	4	---	0.61
1:11.60L	P	Lamar Taylor	FAC	13	6	---	3.62
1:15.86L	P	Vjaughn Ingraham	FAC	14	15	---	0.22
1:16.09L	F	Vjaughn Ingraham	FAC	14	15	---	0.45
1:18.77L	P	Brahm Najman	FAC	14	25	---	5.08
Event # 20B Male 100 Back 15 & Over							
1:19.54L	P	Ethan Moxey	FAC	15	36	---	3.43
Event # 21 Female 400 Free Open							
5:57.00L	F	Megan Reid	FAC	17	56	---	---
Event # 22 Male 400 Free Open							
5:06.08L	F	Lamar Taylor	FAC	13	40	---	19.32
5:29.40L	F	Rommel Ferguson	FAC	13	60	---	19.76
Event # 23A Female 100 Free 14 & Under							
1:10.62L	P	Sabine Ellison	NCAC-NC	13	30	---	---
Event # 23B Female 100 Free 15 & Over							
1:10.21L	P	Je Leah Delancy	FAC	15	25	---	0.14
1:10.37L	P	Megan Reid	FAC	17	26	---	3.87
Event # 24A Male 100 Free 14 & Under							
1:00.60L	P	Lamar Taylor	FAC	13	7	---	2.61
1:01.31L	F	Lamar Taylor	FAC	13	8	---	3.32
1:02.62L	F	Vjaughn Ingraham	FAC	14	13	---	-0.32
1:02.72L	P	Vjaughn Ingraham	FAC	14	15	---	-0.22
1:06.67L	P	Rommel Ferguson	FAC	13	25	---	-1.10

BAHAMAS SWIMMING

Individual Meet Results

2016 Tar Heel States Invitational 29-Jul-16 to 31-Jul-16 LC Meters

Time	F/P/S	Name		Age	Place	Points	Improv
Event # 24B Male 100 Free 15 & Over							
1:00.70L	P	Ethan Moxey	FAC	15	30	---	-1.18
Event # 26A Male 200 Back 14 & Under							
2:43.36L	P	Brahm Najman	FAC	14	23	---	-1.73
2:48.00L	DQ	Vjaughn Ingraham	FAC	14	---	---	---
2:42.78L	DQ	Lamar Taylor	FAC	13	---	---	---
Event # 27A Female 200 IM 14 & Under							
2:36.97L	F	Sabine Ellison	NCAC-NC	13	2	---	2.65
2:45.60L	P	Sabine Ellison	NCAC-NC	13	7	---	11.28
Event # 27B Female 200 IM 15 & Over							
3:02.43L	P	Je Leah Delancy	FAC	15	31	---	-0.21
3:10.85L	P	Megan Reid	FAC	17	33	---	7.28
Event # 28A Male 200 IM 14 & Under							
2:33.92L	F	Lamar Taylor	FAC	13	10	---	0.95
2:36.32L	P	Lamar Taylor	FAC	13	11	---	3.35
2:37.49L	F	Brahm Najman	FAC	14	14	---	-0.85
2:39.96L	P	Brahm Najman	FAC	14	15	---	1.62
2:46.32L	P	Vjaughn Ingraham	FAC	14	22	---	-4.37
2:55.89L	P	Rommel Ferguson	FAC	13	31	---	5.70
Event # 28B Male 200 IM 15 & Over							
2:41.48L	P	Ethan Moxey	FAC	15	42	---	3.79
Event # 30 Male 200 Free Relay 13-14 - Lead-Off Legs (50 Free)							
28.18L	F	Lamar Taylor	FAC	13	---	---	1.66
Event #101A Female 100 Free 10 & Under							
1:16.93L	F	Dalisha Fernander	FAC	10	3	---	0.36
1:20.79L	F	Darrienne Fernander	FAC	10	7	---	-4.23
1:27.13L	F	Seannia Norville-Smith	FAC	10	14	---	-5.42
1:47.99L	F	Seannae Norville-Smith	FAC	7	46	---	-20.40
Event #101B Female 100 Free 11-12							
1:17.40L	F	Arriel Quant	FAC	12	38	---	-3.81
Event #102A Male 100 Free 10 & Under							
1:37.50L	F	Tristen Hepburn	FAC	8	36	---	1.87
1:39.05L	F	Ricardo Quant	FAC	8	37	---	-2.99
Event #102B Male 100 Free 11-12							
1:02.30L	F	Nigel Forbes	FAC	11	2	---	-1.10

BAHAMAS SWIMMING**Individual Meet Results****2016 Tar Heel States Invitational 29-Jul-16 to 31-Jul-16 LC Meters**

Time	F/P/S	Name		Age	Place	Points	Improv
Event #103A Female 100 Breast 10 & Under							
1:48.81L	F	Dalisha Fernander	FAC	10	10	---	2.16
1:58.84L	F	Darrienne Fernander	FAC	10	25	---	5.26
2:00.34L	F	Seannia Norville-Smith	FAC	10	29	---	-4.68
2:28.82L	F	Seannae Norville-Smith	FAC	7	51	---	---
Event #103B Female 100 Breast 11-12							
1:37.52L	F	Arriel Quant	FAC	12	18	---	8.84
Event #104A Male 100 Breast 10 & Under							
1:56.23L	F	Tristen Hepburn	FAC	8	15	---	---
2:01.90L	F	Ricardo Quant	FAC	8	23	---	---
Event #104B Male 100 Breast 11-12							
1:22.33L	F	Nigel Forbes	FAC	11	2	---	-1.26
Event #105A Female 50 Fly 10 & Under							
41.51L	F	Dalisha Fernander	FAC	10	7	---	3.71
42.44L	F	Darrienne Fernander	FAC	10	10	---	1.07
48.31L	F	Seannia Norville-Smith	FAC	10	21	---	2.47
1:07.35L	F	Seannae Norville-Smith	FAC	7	50	---	-5.65
Event #105B Female 50 Fly 11-12							
41.37L	F	Arriel Quant	FAC	12	33	---	3.60
Event #106A Male 50 Fly 10 & Under							
50.74L	F	Ricardo Quant	FAC	8	21	---	-5.53
54.44L	F	Tristen Hepburn	FAC	8	31	---	5.32
Event #106B Male 50 Fly 11-12							
30.54L	F	Nigel Forbes	FAC	11	1	---	-0.42
Event #107A Female 200 IM 10 & Under							
3:19.11L	F	Dalisha Fernander	FAC	10	7	---	14.53
3:36.34L	F	Darrienne Fernander	FAC	10	14	---	2.70
3:56.60L	F	Seannia Norville-Smith	FAC	10	21	---	-3.67
4:55.18L	F	Seannae Norville-Smith	FAC	7	31	---	-34.51
Event #107B Female 200 IM 11-12							
3:45.81L	F	Arriel Quant	FAC	12	50	---	22.72
Event #108A Male 200 IM 10 & Under							
3:51.89L	F	Tristen Hepburn	FAC	8	19	---	5.31
4:10.34L	F	Ricardo Quant	FAC	8	21	---	18.32

BAHAMAS SWIMMING**Individual Meet Results****2016 Tar Heel States Invitational 29-Jul-16 to 31-Jul-16 LC Meters**

Time	F/P/S	Name		Age	Place	Points	Improv
Event #108B Male 200 IM 11-12							
2:39.06L	F	Nigel Forbes	FAC	11	1	---	0.52
Event #113A Female 100 Fly 10 & Under							
1:37.74L	F	Darrienne Fernander	FAC	10	4	---	3.54
1:57.67L	F	Seannia Norville-Smith	FAC	10	15	---	-4.21
1:28.00L	DQ	Dalisha Fernander	FAC	10	---	---	---
2:39.66L	DQ	Seannae Norville-Smith	FAC	7	---	---	---
Event #114A Male 100 Fly 10 & Under							
2:04.08L	F	Tristen Hepburn	FAC	8	21	---	---
2:17.27L	F	Ricardo Quant	FAC	8	24	---	---
Event #114B Male 100 Fly 11-12							
1:08.90L	F	Nigel Forbes	FAC	11	1	---	-0.62
Event #115A Female 50 Back 10 & Under							
43.06L	F	Dalisha Fernander	FAC	10	9	---	2.42
45.94L	F	Seannia Norville-Smith	FAC	10	21	---	-5.68
55.61L	F	Darrienne Fernander	FAC	10	60	---	6.85
59.12L	F	Seannae Norville-Smith	FAC	7	69	---	4.03
Event #115B Female 50 Back 11-12							
48.41L	F	Arriel Quant	FAC	12	71	---	2.25
Event #116A Male 50 Back 10 & Under							
47.52L	F	Tristen Hepburn	FAC	8	31	---	0.55
56.53L	F	Ricardo Quant	FAC	8	51	---	3.24
Event #116B Male 50 Back 11-12							
34.87L	F	Nigel Forbes	FAC	11	2	---	-1.34
Event #117A Female 200 Free 10 & Under							
2:47.44L	F	Dalisha Fernander	FAC	10	1	---	1.28
2:57.55L	F	Darrienne Fernander	FAC	10	7	---	-4.58
3:26.94L	F	Seannia Norville-Smith	FAC	10	29	---	3.90
4:04.21L	F	Seannae Norville-Smith	FAC	7	52	---	7.17
Event #117B Female 200 Free 11-12							
3:05.22L	F	Arriel Quant	FAC	12	56	---	15.85
Event #118A Male 200 Free 10 & Under							
3:25.17L	F	Tristen Hepburn	FAC	8	37	---	6.14
3:36.56L	F	Ricardo Quant	FAC	8	45	---	6.44

BAHAMAS SWIMMING**Individual Meet Results****2016 Tar Heel States Invitational 29-Jul-16 to 31-Jul-16 LC Meters**

Time	F/P/S	Name		Age	Place	Points	Improv
Event #118B Male 200 Free 11-12							
2:19.58L	F	Nigel Forbes	FAC	11	2	---	1.97
Event #119A Female 50 Breast 10 & Under							
47.75L	F	Dalisha Fernander	FAC	10	9	---	0.10
53.43L	F	Darrienne Fernander	FAC	10	26	---	3.44
56.92L	F	Seannia Norville-Smith	FAC	10	38	---	0.78
1:07.26L	F	Seannae Norville-Smith	FAC	7	60	---	-2.10
Event #119B Female 50 Breast 11-12							
41.54L	F	Arriel Quant	FAC	12	5	---	1.72
Event #120A Male 50 Breast 10 & Under							
50.72L	F	Tristen Hepburn	FAC	8	10	---	0.63
58.03L	F	Ricardo Quant	FAC	8	34	---	4.18
Event #120B Male 50 Breast 11-12							
37.28L	F	Nigel Forbes	FAC	11	1	---	0.53
Event #121A Female 50 Free 10 & Under							
33.51L	F	Dalisha Fernander	FAC	10	2	---	0.53
36.73L	F	Darrienne Fernander	FAC	10	7	---	-1.63
37.40L	F	Seannia Norville-Smith	FAC	10	12	---	-5.07
48.93L	F	Seannae Norville-Smith	FAC	7	47	---	-3.33
Event #121B Female 50 Free 11-12							
33.80L	F	Arriel Quant	FAC	12	29	---	-0.53
Event #122A Male 50 Free 10 & Under							
39.50L	F	Tristen Hepburn	FAC	8	26	---	-2.35
42.90L	F	Ricardo Quant	FAC	8	40	---	-0.35
Event #122B Male 50 Free 11-12							
28.39L	F	Nigel Forbes	FAC	11	1	---	0.01
Event #123A Female 100 Back 10 & Under							
1:46.67L	F	Seannia Norville-Smith	FAC	10	23	---	-6.69
2:25.01L	DQ	Seannae Norville-Smith	FAC	7	---	---	---
Event #124A Male 100 Back 10 & Under							
1:48.52L	F	Tristen Hepburn	FAC	8	35	---	---
2:03.44L	F	Ricardo Quant	FAC	8	47	---	---

BAHAMAS SWIMMING

Individual Meet Results

2016 Tar Heel States Invitational 29-Jul-16 to 31-Jul-16 LC Meters

Time	F/P/S	Name		Age	Place	Points	Improv
Event #125 Female 400 Free 12 & Under							
5:57.17L	F	Dalisha Fernander	FAC	10	34	---	-25.66
6:04.42L	F	Arriel Quant	FAC	12	41	---	-21.60
6:06.83L	F	Darrienne Fernander	FAC	10	43	---	-23.52
Event #126 Male 400 Free 12 & Under							
4:51.93L	F	Nigel Forbes	FAC	11	2	---	-4.44
Event #127 Female 200 Free Relay10 & Under - Lead-Off Legs (50 Free)							
36.68L	F	Darrienne Fernander	FAC	10	---	---	-1.68